



NYS Apples  
NYS Carrots

# February


## 2025 7-12



# Lunch

## West Valley



Monday	Tuesday	Wednesday	Thursday	Friday
3 Hamburger or Cheeseburger Turkey Sandwich	4 Taco In A Bag Chicken Salad Wrap	5 Assorted Pizza Ham Sandwich	6 Meatball Boat W/Breadstick Buffalo Chicken Wrap	7 Philly Cheese Steak Sub Turkey Sandwich
Mixed Vegetables 1/2c Fresh Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	BBQ Baked Beans 1/2c Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Carrot Sticks 1/2c NYS Potatoes w/ Onion 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
10 General Tso Or Sweet&Sour Popcorn Chicken Over Rice Ham Sandwich	11 Nacho Grande Egg Salad Wrap	12 Baked Chicken W/ Fries Ham Sandwich	13 Taco W/Seasoned Rice Turkey Sandwich	14 <b>Happy Valentine's Day!!</b> Chicken Nuggets and Seasoned Pasta <b>**Be Mine Sidekick**</b>
Peas 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Baked Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Beans 1/2c Fresh Celery Sticks 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Mixed Vegetables 1/2c NYS Carrots 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
17 Presidents Day 	18  <b>Mid Winter Break</b>			21 
24 Noodles W/Sauce Meat Ball Side Chicken Salad Sandwich	25 Taco W/ Seasoned Rice Ham Sandwich	26 Mozzarella Sticks W/Sauce Turkey Sandwich	27 Chicken Wing Pizza Buffalo Chicken Wrap	28 Popcorn Chicken W/Tator Tots Egg Salad Wrap
Steamed Carrots 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Baked Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Peas 1/2c Fresh Baby Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Zucchini Squash 1/2c NYS Beets 1/2c 1/2c Fresh or Prepared Fruit Milk-8oz	1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz

**NYS LOCAL FOODS**  
 \*Upstate Farms  
 Milk, Yogurt, Sour Cream  
 Eden Valley Growers  
 Assorted Varieties of Apples  
 Eden Valley Growers  
 Assorted Fruits & Vegetables  
 used in Meal Program  
 highlighted in green

**The Following Entrees Served Daily:**

- 6" Subs and Wraps (2M2G)  
Pre Made
- Salads Pre Made  
(Includes Flatbread) 2M2G
- Peanut Butter & Jelly  
Sandwich (2M2G)
- Fruit & Yogurt Parfait  
w/Flatbread(2M2G)
- Pizza



**Offered daily with all School Lunches:**

Fresh or Prepared Fruit  
 (Must take 1/2 cup of Fruit or Vegetable – may take up to 1 cup)

NYS State 8oz 1% or Skim  
 White Milk  
 Fat Free Chocolate Milk



Student \$0.00

If your son/daughter has a particular food allergy, please contact the food service office @ (716)771-8685