



NYS Apples
NYS

February


2025 3-4 Year Old



Breakfast

West Valley




Monday	Tuesday	Wednesday	Thursday	Friday
3 1 Pancake or 1 Waffle W/Syrup	4 Half of a Bagel W/Cream Cheese	5 4oz Yogurt	6 1 oz Cereal Bowl	7 2oz Muffin
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
10 1 Pancake or waffle W/Syrup	11 Half of a Bagel W/Cream Cheese	12 4oz Yogurt	13 1 oz Cereal Bowl	14 2ox Muffin
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
17  PRESIDENT'S DAY	18 NO SCHOOL WINTER BREAK	19 NO SCHOOL WINTER BREAK	20 NO SCHOOL WINTER BREAK	21 NO SCHOOL WINTER BREAK
24 1 Pancake or Waffle W/Syrup	25 Half of a Bagel W/Cream Cheese	26 4 oz Yogurt	27 1oz Cereal Bowl	28 2oz Muffin
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz

NYS LOCAL FOODS
 *Upstate Farms
 Milk, Yogurt, Sour Cream
 Eden Valley Growers
 Assorted Varieties of Apples
 Eden Valley Growers
 Assorted Fruits & Vegetables
 used in Meal Program
 highlighted in green

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)



Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of
 Fresh or Prepared Fruit
 100% juice -1/2 cup
 may take up to 1 cup

*NY State Non-Fat or 1% White Milk
 8oz

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
 MySchoolBucks.com

If your student has a particular food allergy,
 please contact the food service office @
 (716)771-8685

Student \$0.00