

SPRING Home Learning



Monday- Reading Day

- sit side-by-side and read a book together
- visit the library to check out a book
- have a picnic outdoors and read a book together
- reread a familiar story
- read a story using different voices for the characters
- when you are out and about, point out signs and environmental print like STOP for stop signs, Wal-Mart, Kroger, etc.

Read everyday, but make it even more fun on this day!



Tuesday- Writing Day

- build hand strength by writing in shaving cream & playing with playdough
- draw a picture of something you did today
- put paint in a zip top bag and use your finger to write letters
- make a card for a family member
- draw a picture together and tell a story about the picture
- use chalk to draw pictures on the sidewalk

Write and draw everyday!



Wednesday- Movement Day

- move your body like different animals
- go on a scavenger hunt in your house or outside
- set up an obstacle course in the yard
- play ball together—roll, throw, and catch
- play freeze dance by dancing when you hear the music and freezing when the music turns off
- practice hopping on one foot, stop and try hopping on the other foot

Work-out your whole body, build those small and large muscles!



Thursday- Math Day

- sort, count, and make patterns with socks
- write numbers with chalk on the sidewalk
- go on a shape hunt and talk about shapes you find
- count how many steps you take
- practice counting objects like cereal or pillows
- use your body to make a pattern: clap, pat your knees, clap, pat your knees, clap, etc.

Ask "How Many?" all day long to encourage counting!



Friday- Sensory/Science Day

- create a sensory bin out of household items
- work in the yard and plant flowers or dig in the dirt
- take a walk and talk about what you see, smell, hear, and feel
- fill a container with water then add small toys and talk about what sinks/floats
- pour water into clear cups and then add food coloring, talk about what happens

Use your five senses: see, hear, taste, touch, and smell!



Saturday and Sunday- Social/Emotional Learning Days

- build a tall structure with plastic cups, encourage perseverance even if it falls
- do a spring clean-up and encourage your child to donate items they no longer need or want, teaching empathy for others
- go to the park and make new friends
- plan and make a meal together
- play a family board game and practice taking turns
- work on a puzzle together and encourage your child to keep trying and turning the pieces if they don't fit

Spend time together laughing and talking!