Regional School District #18
Medical Requirements for All Students 2025-2026 School Year

Preschool students:
Pre-school students must use the **State of Connecticut Department of Education's Early Childhood Health Assessment Record,** which is available for download from
https://www.ct.gov/oec/lib/oec/licensing/childcare/cdc_childhlthassessrcd.pdf

Kindergarteners, students entering grades 7 or 10 and new registrants entering K, grades 7 or 10 from another state or from within Connecticut:
Connecticut State Law and the Regional School District #18 Board of Education require that a **State of Connecticut Department of Education's Health Assessment Record** (HAR-3) be filed with the student's health office prior to his/ her first day of attendance. **This form must be filled out completely including all *asterisked items.** The assessment must be completed by a licensed physician (MD or DO), a licensed physician's assistant if the PA works under the supervision of an MD or DO, or advanced practice registered nurse if the APRN holds a CT license. The parent section on the front side of the State of Connecticut Health Assessment Record must be completed to provide the school district with additional relevant information and authorize release of information. Military bases in all states and foreign countries fall into this category. This form is available for download from
https://portal.ct.gov/-/media/SDE/School-Nursing/Forms/HAR3_2018.pdf?la=en
Students entering other grades must provide a previous physical examination that is in keeping with the mandatory physical examination schedule for students in District 18: K, Grade 6, and Grade 9.

Students transferring into our school district from outside of the United States:
Students are required to have had a physical assessment conducted by a licensed **United States** physician (MD or DO), a licensed physician's assistant if the PA works under the supervision of a licensed **US** MD or DO, or an advanced practice registered nurse if the APRN holds a CT license within one calendar year prior to admission to school. In addition to all of the mandatory health assessment requirements that are present on the State of Connecticut Department of Education Health Assessment Record, tuberculosis testing shall also be included for those who are from countries that are considered at high risk for the disease, as currently determined by the Centers for Disease Control. The parent section on the front side of the State of Connecticut Health Assessment Record must be completed to provide the school district with additional relevant information and authorize release of information.

Mandated immunizations under Connecticut State Law:

DTaP/Tdap/Td (diphtheria, pertussis, tetanus) – **Pre-school**: 4 doses of DTaP
Kindergarten: At least 4 doses DTap. Last dose must be given on or after 4th birthday.
Grades 1-6: At least 4 doses of DTaP/Td. Last dose must be given on or after 4th birthday. Students who start the series at age 7 or older only need a total of 3 doses.
Grades 7-12: 1 dose of Tdap for students who have completed their primary DTaP series. Students who start the series at age 7 or older only need a total of 3 doses of tetanus-diphtheria containing vaccine, one of which must be Tdap.

Polio – Pre-school: 3 doses. **Grades K-12**: At least 3 doses with last dose on or after 4th birthday. **MMR** – (measles, mumps, rubella) **– Pre-school**: 1 dose given on or after the 1st birthday.
Grades K-12: 2 doses separated by at least 28 days; 1st dose on or after 1st birthday.

Hepatitis A – Pre-school-Grades K-12: 2 doses given 6 calendar months apart; 1st dose on or after 1st birthday.

Hepatitis B – Pre-school-Grades K-12: 3 doses, last one given on or after 24 weeks of age

Varicella (chicken pox) – **Pre-school**: 1 dose on or after 1st birthday or verification of disease in writing by MD. **Grades K-12:** 2 doses separated by at least 3 months – 1st dose on or after 1st birthday; or verification of disease. 28 days between doses is acceptable if the doses have already been administered.

Hib (haemophilus influenza b) –**Pre-school:** 1 dose on or after the 1st birthday
Kindergarten: 1 dose on or after 1st birthday for children less than 5 years old.

Meningococcal – Grades 7-12: 1 dose

Pneumococcal – Pre-School: 1 dose on or after 1st birthday**.**
Kindergarten: 1 dose on or after 1st birthday for children less than 5 years old.

Influenza – Pre-School: (children age 24-59 months) 1 dose given annually between August 1st and December 31st (2 doses separated by at least 28 days required for those receiving flu vaccine for the first time)

Students are required to have all mandated immunizations for school entry on 8/27/25.

Medical exemption:
A signed certificate from a physician must be presented, stating that immunizations are medically contraindicated because of

physical condition of the child or that said child is protected by natural immunity. The State form is available for download at https://portal.ct.gov/-/media/SDE/School-Nursing/Forms/medical_exemption_immunization.pdf

Annual physicals required for participation in interscholastic athletics in grades 6-12:
Students who wish to participate in interscholastic athletics must provide evidence of a physical examination within 13 months of joining the team for practice or competition. Students in grades 6 & 9 may use a **State of Connecticut Department of Education Health Assessment Record (HAR-3).** All others may use a **Regional School District #18 Sports Physical Examination Form** available for download at http://www.region18.org/uploaded/forms/Sports_Physical_Exam_Form.pdf