



Silsbee Independent School District

415 HWY 327 West | Silsbee, Tx 77656 | 409-980-7800

January 29, 2025

Dear Parents/Guardians,

We want to make you aware of a new policy that Silsbee ISD is required to implement now. According to the Texas Board of Nursing, school nurses must have an order from a physician, podiatrist, or dentist to administer any treatment [NPA 301.002(2)(C)].

As a result, Silsbee ISD can no longer accept parent requests alone for over-the-counter (OTC) medications. This includes items like cough drops, ibuprofen, and Midol. To administer these medications at school, we must now have a doctor's order in addition to a parent request.

This change is mandated by the Texas Board of Nursing, and we must follow this policy to remain in compliance.

To help with this process, there is a single form for parents to complete, which will remain valid for the entire school year. You can find this form on the *Health Services* page of the district website, or you can request one from your child's school nurse.

We appreciate your understanding as we work to ensure our district complies with state requirements while continuing to prioritize the health and safety of our students.

Sincerely,
Kirsten Martin, RN
Director of Health Services
Silsbee ISD