



# Cartwheel

## Mental Health Webinar for Families

**FEBRUARY 5 @ 7 PM**

Join our Mental Health Partner for a webinar on:  
**Recognizing and Treating  
Disordered Eating in Youth**

**Can't make it?  
Register anyway  
to get the Replay!**



[bit.ly/3XA632w](https://bit.ly/3XA632w)

**SCAN**





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## Mental Health Webinar for Families

### MARCH 4 @ 7 PM

Join our Mental Health Partner for a webinar on:  
Motivating Kids to Do the  
“No Fun, Boring, and Tough” Stuff

Can't make it?  
Register anyway  
to get the Replay!



[tinyurl.com/b6nva3w3](https://tinyurl.com/b6nva3w3)

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## Mental Health Webinar for Families

APRIL 9 @ 12 PM

Join our Mental Health Partner for a webinar on:

What is Nonsuicidal Self-Injury (NSSI)?

How caregivers can help youth who engage in NSSI

Can't make it?  
Register anyway  
to get the Replay!

[tinyurl.com/49d27u69](https://tinyurl.com/49d27u69)

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## Mental Health Webinar for Families

### May 6 @ 7 PM

Join our Mental Health Partner for a webinar on:  
**How Trauma Affects Youth & Family Mental Health  
and How to Support Yourself and Your Kids**

Can't make it?  
Register anyway  
to get the Replay!

[tinyurl.com/yc7wpmap](https://tinyurl.com/yc7wpmap)

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## Mental Health Webinar for Families

### June 5 @ 7 PM

Join our Mental Health Partner for a webinar on:  
**Supporting LGBTQ+ Youth Mental Health:  
Strategies for Parents & Caregivers**

Can't make it?  
Register anyway  
to get the Replay!

[tinyurl.com/yc7wpmap](https://tinyurl.com/yc7wpmap)

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