

THE HOKE FAMILY HUB

Elementary Curriculum & Instruction

***Connected * Informed *Empowered**



Celebrating the 100th Day of School!

Dear Parents and Guardians,

We are thrilled to announce that **February 4th** marks the **100th day** of school for Hoke County Schools! This milestone is a special opportunity to celebrate all that our students have accomplished so far this school year.

In honor of this exciting day, we encourage students to participate in fun activities that highlight the number 100. Each school may have unique ways of celebrating. Be on the lookout for additional details from your child's teacher or school about how you can join in the fun or support the day. Let's make this a memorable moment for our students!

Thank you for your continued support as we celebrate **100 days of learning, growth, and success.**

Upcoming Events

February 4th -PreK/Kindergarten
Registration Opens

February 4th - 100th Day of School

February 7th - Early Release Day

February 10th - Progress Reports

February 17th - Optional Workday

February 17th - Presidents' Day

PARENT TIPS #4

♥ February Parent Tip: Celebrate Kindness at Home ♥

February is the perfect month to focus on kindness and caring! Teaching children the importance of empathy and kind actions helps build positive relationships at school and at home.

Ways to Promote Kindness at Home:

- Encourage your child to write kind notes or draw pictures for family members or friends.
- Model kindness by thanking others, helping neighbors, or donating to a cause.
- Share daily acts of kindness as a family—talk about what you did and how it made someone feel.

Small acts of kindness can make a big difference! Let's work together to create a community filled with care and compassion. 🧑🏽❤️

MATH MATTERS

by Dustin Best

This February, let's sprinkle some mathematical magic into our Valentine's celebrations! Here are engaging math activities that capture the spirit of love and learning:

Heart-Themed Math Challenges

- Create heart-shaped math puzzles using conversation hearts
- Count and sort candy by color, practicing graphing and data collection
- Estimate how many candies are in a jar, then count to check accuracy

Everyday Math Moments

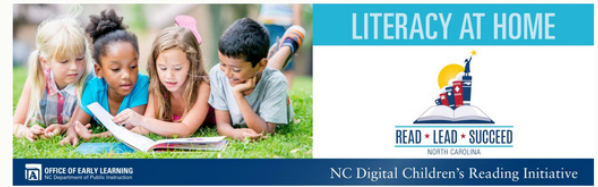
- Measure ingredients for Valentine's Day treats
- Calculate how many valentines are needed for classmates, so how many boxes would need to be purchased.
- Use heart stickers or drawings to practice addition and subtraction

Remember, math is about connection – just like Valentine's Day! Make learning playful, and watch mathematical love bloom.



READING CORNER

BY WANDA USSERY



In order to provide continuing support for North Carolina's youngest readers, The North Carolina Department of Public Instruction Office of Early Learning has developed and released "Literacy at Home." This digital resource provides literacy activities at each grade level, pre-kindergarten through fifth grade. Families and communities may access this resource for activities that specifically target the literacy skills of phonemic awareness, phonics, fluency, vocabulary, reading comprehension, and oral language. When children grow in each of these foundational areas they are well on their way to becoming proficient readers.

<https://bit.ly/literacyathome23>



SCIENCE SPOTLIGHT

by Amber Hutchins

🧯💧❤️ **February is Full of Learning Opportunities!** ❤️💧🧯

February isn't just about Valentine's Day – it's also a great time to teach your kids important life lessons about safety and health! Here are a few key science related topics to focus on this month:

🔥 **Fire Safety (National Burn Awareness Week – Feb 4-10)**

- Practice a home fire drill with your kids.
- Teach them how to "Stop, Drop, and Roll."
- Explore the science of fire – What makes it burn? How can we put it out?

**Fire Safety
Playlist!**



**Click on Sparky
to learn about
fire safety.**



🦷 **Dental Health (Children's Dental Health Month)**

- Do a fun experiment with eggs in different liquids (soda, juice, water) to show how certain drinks can affect our teeth.
- Talk about the importance of brushing and flossing.
- Visit a dentist or read books about how teeth grow and why we lose them!

**Click here for a
dental health
video**



❤️ **Heart Health (American Heart Month)**

- Get moving as a family! Go for a walk or dance together to learn how exercise keeps our hearts strong.
- Track Heart Rates! Teach your kids how to take their pulse and keep a log of their resting heart rate and heart rate after exercise. Discuss how their heart works harder during physical activity.
- Create a model of the heart using red and blue paper to explain how blood flows.
- Cook a heart-healthy meal with your kids and talk about nutrition.

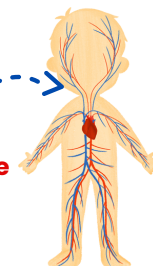


**Click here to
learn more
about the heart.**

**Is your blood every
blue? Click here to
find out!**



**Click here to
learn about the
circulatory
system.**



These activities are not only fun but will help keep your kids safe, healthy, and curious! Share your family's learning moments with us! 🔍✨

MULTI-TIERED SYSTEM OF SUPPORT FOR YOUR WHOLE CHILD

BY: LORETTA KIMBLE

A whole child system of support is a network of resources that help students meet their social, emotional, mental, physical, and academic needs. The goal is to create a safe and supportive learning environment that promotes long-term success for all students.

Components of a whole child system of support

- Cross-system collaboration: Schools, families, and other organizations work together to support students
- Individualized support: Students receive tailored support that addresses their unique needs
- Communication: There are clear lines of communication between all members of the support team
- Tiered support: Some students receive additional support to address their needs

Benefits of a whole child system of support

- Supports positive youth development
- Promotes equity
- Helps students feel safe, supported, and engaged
- Helps students develop critical skills for long-term success

Resources for whole child systems of support

- ASCD Whole Child Initiative: A program from the Association for Supervision and Curriculum Development
- Whole Child Policy Toolkit: A resource for state policymakers developed by the Whole Child Policy Roundtable
- Center for Whole-Child Education: A resource that provides guidance on creating and refining tiered systems of support



ENGAGING SEL ACTIVITIES TO DO AT HOME

BY SHEQUETA HARRIS

Emotional Wheel- Draw a circle and divide it into sections labeled with different emotions. Use colors to make it vibrant! Throughout the week, encourage your child to point to the section that matches how they are feeling.

Gratitude Jar- Keep a jar and some slips of paper in a central place. Each day, have family members write something they are thankful for and add it to the jar. At the end of the week, read them together to build a positive mindset.

Mindful Breathing Ball- Use a soft ball or balloon. Toss it back and forth, and every time someone catches it, they take a deep breath in and out. You can also say calming words like "peace" or "calm" to focus on relaxation.



PEEK AT PRE-K

BY ANNETTE FERNANDEZ



SESAME WORKSHOP

Storybook

Feelings, Feelings, Everywhere

Emotional Well-Being | Preschooler (3-5) | Kindergarten (5-6) | Big Kid (7+)

Everyone has different feelings, at different times, for different reasons—and all our feelings have a place.

Launch →

Share

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en Español



INDIAN EDUCATION TUTORING- LUMBEE TRIBE- PROJECT INDIGECHOICE



Requirements:

- MUST reside in Robeson Hoke, Scotland, or Cumberland County
- MUST have a 506# OR Tribal Enrollment #

Grades: K-12

Subjects: Math, Science OR Reading/English

IEA Parent Committee Meeting

YOU are Invited

February 10, 2025

6:00 PM

PD Room

**Upstairs Turlington
116 W. Prospect Ave.**

Click on the calendar to find a read aloud for each National Day in the month of February.



PARENT RESOURCES



RESOURCES FOR PARENTS

- HOKE COUNTY LITERACY RESOURCES [GOOGLE SITE \(CLICK HERE\)](#).
- [NCDPI PARENT CONTENT SUPPORT GUIDES \(GRADES K-12\)](#).
- [I-READY PARENT CENTER](#)
- [HOKE COUNTY SCHOOLS: CURRICULUM AND INSTRUCTION](#)