

ONALASKA HIGH SCHOOL MENU

FEBRUARY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Line 1: WG Popcorn Chicken/WG Dinner Roll Line 2: Meatball Sub(4) / Mozzarella (1)/ WG Hoagie (31) Line 3: Potato Pierogis(31) and Bratwurst (4) on a WG Bun (27) All Lines: Carrot Coins (7), Apple Slices (8), Garden Bar Breakfast: Mini Bagels with Cream Cheese, fruit, juice, milk	Line 1: Orange Chicken (19) Brown Rice (36) Line 2: 2- WG Uncrustable PB&J (32) and Sun Chips Line 3: Orange Chicken (19)/ Ramen Noodles (29) All Lines: Broccoli Spears (5), Blueberries (5)/Pears, Garden Bar Breakfast: French Toast, 2 sausage links, fruit, juice, milk	Line 1: WG Pizza Variety(24) Line 2: BBQ Pulled Pork Sundae (Pork, 5), Beans (14.5), Mashed (20) /Fritos (16) Line 3: Chicken fajitas (1) /Grilled Peppers /WG Shell (13) All Lines: Baked Beans (14.5), Cole Slaw (11), Mixed Fruit Cup (16), Garden Bar Breakfast: Uncrustable PB & J, Yogurt , fruit, juice, milk	Line 1: Chicken (11) Ranch Wrap (13) Line 2: California Cheeseburger (2) / Bun (31) Line 3: BBQ Pork Sandwich (5)/Bun(31) All Lines: Tater Tots (16-18), Mandarin Oranges (14), Garden Bar Breakfast: Breakfast Pizza, fruit, juice, milk	Line 1: WG Pasta Bowl (44) red sauce (11) alfredo sauce (4) with Chicken (0) , WG Garlic Knot Breadstick (27) Line 2: Spicy Chicken Sandwich(22)/Bun (31) Line 3: Same as Line 1 All Lines: Orange Slices(11), Slushy Cup (45), Garden Bar Breakfast: Breakfast Sandwich on a WG Biscuit, fruit, juice, milk
10	11	12	13	14
Line 1: WG Spaghetti(20 pasta,) Sauce (11) with Cheese (1) Garlic Knot(27) Line 2: Chicken Panini (5.5) Ciabatta(20) Line 3: WG Soft Shell (13) Taco (4) All Lines: Broccoli (5) ,Blueberries (5)/Garden bar Breakfast: WG Cheese Quesadilla & Salsa, fruit, juice, milk	Line 1: WG Chicken(11) and Waffles (63) Line 2: California Cheeseburger(2)or Mushroom Swiss(1) on a WG Bun(31) Line 3: Same as Line 1 All Lines: Applesauce (24), Carrot Coins (7), Garden Bar Breakfast: Breakfast Sandwich on a WG Biscuit, fruit, juice, milk	Line 1: WG Chicken Strips (11) Line 2: Meatballs (4) Line 3: WG Chicken Strips (11) All Lines: Mashed Potatoes (20) and Gravy (5), WG Dinner Roll (18), Green Beans (7), Slushy Cup (45), Garden Bar Breakfast: Breakfast Pizza, fruit, juice. milk	Line 1: BBQ Pork Sandwich (5)/Bun(31) Line 2: Crispy Fish Sandwich (13) / Bun (31) Line 3: Chicken Strips (11)/ Dinner Roll (18) All Lines: Mac -N – Cheese (30), Cole Slaw (11), Mixed Fruit Cup (16), Garden Bar Breakfast: Uncrustable PB & J, Yogurt Cup, fruit, juice, milk	Line 1: WG Cheese Ravioli (64)/ Marinara(6) Line 2: Dill Chicken Filet (19)/ WG Bun (31) Line 3: Pizza Variety (24) All Lines: Whole Kernel Corn (9), Apple Slices (8), Garden Bar Breakfast: WG Chicken Breakfast Biscuit with Honey, fruit, juice, milk
17	18	19	20	21
No School	<u>Farm to School Harvest of the Month</u> <u>WI Farm to School Chili Day</u> Line 1: Bakalar Hot Dog(3)on a WG Bun(27) Line 2: WG Grilled Cheese Sandwich (27) Line 3: Spicy Chicken Sandwich(22)/Bun (31) All Lines: <u>WI Farm to School Chili (13.5)</u> , Blueberries(5) and Pears (14), Garden Bar Breakfast: WG Cheese Quesadilla & Salsa, Tater Tots fruit, juice, milk	Line 1: Chicken Dumplings(23)/Stir Fry Veggies (6) Line 2: 2- Uncrustable PB&J's (32 ea.)/Sun Chips(18) Line 3: Dill Chicken Filet (19)/ WG Bun (31) All Lines: Banana (27), Sweet Potato Fries (22), Garden Bar Breakfast: Breakfast Pizza, fruit, juice, milk	Line 1: Pizza Variety (24) Line 2: Walking Taco (4) with Tostitos (19) Line 3: Chicken Patty (17) on a WG Bun (31) All Lines: Whole Kernel Corn (9), Mixed Fruit Cup (16), Garden Bar Breakfast: WG Mini Bagels / Cream Cheese, fruit, juice, milk	Line 1: French Toast (38) and Sausage (1 ea.) Line 2: WG Spaghetti(20 pasta,) Sauce (11) with Cheese (1) Garlic Knot(27) Line 3: BBQ Pulled Pork Sundae (Pork, 5), Beans (14.5), Mashed (20) /Fritos (16) All Lines: Tater Tots (16-18), Garden Bar Breakfast: Sausage, WG Muffin, Tater Tots, fruit, juice, milk
24	25	26	27	28
Line 1: Orange Chicken (19)/ Ramen (29) Line 2: Teriyaki(sauce = 10)Meatballs(4) / Ramen (29) Line 3: Orange Chicken(19) Brown Rice (36) All Lines: Steamed Broccoli (5), Garden Bar Breakfast: French Toast, 2 sausage links, fruit, juice, milk	Line 1: WG Chicken(11) and Waffles (63) Line 2: California Cheeseburger(2)or Mushroom Swiss(1) on a WG Bun(31) Line 3: Same as Line 1 All Lines: Orange Slices (11)/ Blueberries (5), Green Beans (7), Garden Bar Breakfast: WG Cheese Quesadilla & Salsa, Tater Tots, fruit, juice, milk	Line 1: WG Pizza Variety (24) Line 2: Chicken (11) Ranch Wrap (13) Line 3 : Meatball sub (4) mozz (1) WG Hoagie (31) All Lines: Slushy Cup (45) , Carrot Coins (7), Garden Bar Breakfast: Breakfast Pizza, fruit, juice, milk	Line 1 WG Pasta Bowl (44) red sauce (11) alfredo sauce (4) with Chicken (0) , WG Garlic Knot Breadstick (27) Line 2: Line 2: Spicy Chicken Sandwich (22) on a Bun (31) Line 3: Same as Line 1 All Lines: Mixed Fruit Cup (16), Green Peas (5), Garden Bar Breakfast: Uncrustable PB & J, Yogurt , fruit, juice, milk	Line 1: Crispy Fish Sandwich(13 /Bun(31) Line 2: WG Grilled Cheese(27) Soup (25.5) Line 3: Dill Chicken Filet (19)/ WG Bun (31) All Lines: Oven Fries (16-18), Apple Slices (8), Garden Bar Breakfast: WG Chicken Breakfast Biscuit with Honey, fruit, juice, milk
<u>USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</u>			Menu is subject to change without notice	Fresh Garden Bar and milk choices available

Allergy Notice: Menu items may contain tree nuts, peanuts/nut products, wheat, fish, eggs, soy, and various legumes. Students with allergies should contact the School Nurse or School Nutrition Director prior to eating any foods served in the cafeteria

