

ONALASKA ELEMENTARY SCHOOL MENU

FEBRUARY 2024

Choice 3: Uncrustable PB&J (32) with Yogurt (8) or Cheese Stick (1) / Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>Choice 1: Chicken Patty (13) on WG Bun (31) G/F sub = G/F Chicken Tenders (12) /G/F Bread Slice (15)</p> <p>Choice 2: WG French Bread Pizza (29) Carrot Coins(7) Apple Slices (8)/ Garden Bar</p> <p>Breakfast: Mini Bagels with Cream Cheese (41) , fruit, juice, milk</p>	<p>Choice 1: Cheeseburger OK (2) / Bun (31) G/F sub = G/F Bread slice (15)</p> <p>Choice 2: WG Mini Corn Dogs (30) Baked Beans(14.5) Orange Slices (11)/Blueberries (5)/Garden Bar</p> <p>Breakfast: French Toast (38), 2 sausage links (1 ea.), fruit, juice, milk</p>	<p>Choice 1: Chicken (1) Alfredo (4) with Breadstick (27) G/F Sub = Rice Noodles (44) with Diced Chicken (0) and Cheese (1) G/F Bread Slice (15)</p> <p>Choice 2: WG Pizza Slice (24) Steamed Broccoli (5) Mixed Fruit cup (16)/ Garden Bar</p> <p>Breakfast: Uncrustable PB & J (32) , Yogurt (8), fruit, juice, milk</p>	<p>Choice 1: WG Chicken Nuggets (11) G/F sub = G/F Chicken Tenders (12)</p> <p>Choice 2: Meatballs (4) Mashed Potatoes (20) and Gravy (6)G/F sub = No Gravy Pears (14)// WG Dinner Roll (18) Sub =G/F Bread Slice (15) Garden Bar</p> <p>Breakfast: Breakfast Pizza (25) , fruit, juice, milk</p>	<p>Choice 1: WG Muffin (19-20), G/F sub = G/F Bread Slice (15) Cheese Omelet (1),Choice 2: WG Pancake on a Stick (19)/ syrup(31) Tater Tots (16-18) / Mandarin Oranges (14) Garden Bar</p> <p>Breakfast: Breakfast Sandwich on a WG Biscuit (29), fruit, juice, milk</p>
10	11	12	13	14
<p>Choice 1: Orange Chicken(sauce= 20) Chicken (13) /WG Ramen (17)</p> <p>Choice 2: WG Pizza Slice (24) G/F Sub =Com Tortilla Shell (30)/ Marinara (9.6) /cheese (1) Stir Fry Veggies (6)/ Peaches (12) Garden Bar</p> <p>Breakfast: WG Cheese Quesadilla (25) & Salsa, fruit, juice, milk</p>	<p>Choice 1: Chicken Nuggets (11) G/F sub = G/F Chicken Tenders (12)</p> <p>Choice 2:WG Crispy Fish Sticks (23) WG Mac-N- Cheese (32) Sub =G/F pasta (43) with cheese (1) /Green Peas(5)Pineapple (19) /Blueberries(5) & Garden Bar</p> <p>Breakfast: Breakfast Sandwich on a WG Biscuit (29), fruit, juice, milk</p>	<p>Choice 1: Spaghetti (20) with plain sauce (11) Cheese (1) G/F Sub = Rice Noodles (44) and G/F Bread Slice (15) WG Garlic Breadstick (27)</p> <p>Choice 2 :WG Cheese Ravioli (64)/Marinara(6) Green Beans(7), Garden Bar/ Banana</p> <p>Breakfast: Breakfast Pizza (25) , fruit, juice, milk</p>	<p>Choice 1 : Walking Taco Meat = OK (4) / Tostitos Chips Corn Chips(19)</p> <p>Choice 2:Chicken Strips(11) G/F sub = G/F Chicken Tenders (12) / Dinner Roll(18) sub = G/F Bread slice (15) Whole Kernel Corn (9) Applesauce(24)/Blueberries (5)Garden Bar</p> <p>Breakfast: Uncrustable PB & J (32) , Yogurt (8), fruit, juice, milk</p>	<p>Choice 1: Breakfast Pizza (25)</p> <p>Choice 2: Meatball (Meatballs = OK)Sub on a WG Hoagie G/F sub = G/F Bread slice (15) Sweet Potato Fries (22) /Sliced Apples (8) Garden Bar</p> <p>Breakfast: WG Chicken(8) Breakfast Biscuit (27) with Honey (11) fruit, juice, milk</p>
17	18	19	20	21
<p>No School</p>	<p style="text-align: center;"><u>Farm to School Harvest of the Month</u></p> <p>Choice 1: Bakalar Hot Dog Hot Dog = OK (3) on a WG Bun G/F sub = G/F Bread slice (15)</p> <p>Choice 2: WG Pizza Slice (24)</p> <p style="text-align: center;"><u>WI Farm to School Chili Vegetarian chili (13.5)</u></p> <p>Mixed Fruit cup (16) / Garden Bar</p> <p>Breakfast: WG Cheese Quesadilla & Salsa, Tater Tots fruit, juice, milk</p>	<p>Choice 1: Chicken Patty (13) on WG Bun (31) sub = G/F Chicken Tenders (12) /G/F Bread Slice (15)</p> <p>Choice 2: WG Crispy Fish Sticks (23) WG Mac-N- Cheese (32) Sub =G/F pasta (43) with cheese (1) /Carrot Coins (7) Mandarin Oranges (14)/ Garden Bar</p> <p>Breakfast: Breakfast Pizza, fruit, juice, milk</p>	<p>Choice 1: Orange Chicken(sauce= 20) Chicken (13) /WG Ramen (17)</p> <p>Choice 2: WG Pizza Slice (24) G/F Sub =Com Tortilla Shell (30)/ Marinara (9.6) /cheese (1) Steamed Broccoli (5) / Peaches (12) /Garden Bar</p> <p>Breakfast: WG Mini Bagels (41) / Cream Cheese, fruit, juice, milk</p>	<p>Choice 1: Breakfast Pizza (25)</p> <p>Choice 2: Pancake on Stick(19)/syrup(31) G/F sub= Cheese Omelet/(1) 2 sausage links (1 ea.) G/F Bread Slice (15) Tater Tots (16-18) / Strawberry Cup (21) Garden Bar</p> <p>Breakfast: Sausage 1 ea.), WG Muffin (19-20), Tater Tots (16-18), fruit, juice, milk</p>
24	25	26	27	28
<p>Choice 1: Cheeseburger OK (2) / Bun (31) G/F sub = G/F Bread slice (15)</p> <p>Choice 2: WG Mini Corn Dogs (35) Baked Beans (14.5) Orange Slices (11)/Blueberries (5)/ Garden Bar</p> <p>Breakfast: French Toast (38), 2 sausage links (1 ea.), fruit, juice, milk</p>	<p>Choice 1: Spaghetti (20) with plain sauce (11) Cheese (1) G/F Sub = Rice Noodles (44) and G/F Bread Slice (15) WG Garlic Breadstick (27)</p> <p>Choice 2: WG Breakfast Pizza (25) Green Beans (7)/Garden Bar/ Banana (27)</p> <p>Breakfast: WG Cheese Quesadilla (25) & Salsa, fruit, juice, milk</p>	<p>Choice 1: WG Muffin (19-20), G/F sub = G/F Bread Slice (15) Cheese Omelet (1),</p> <p>Choice 2: Pancake on Stick(19)/syrup(31) Tater Tots (16-18) / Mandarin Oranges (14) Garden Bar</p> <p>Breakfast: Breakfast Pizza (25), fruit, juice, milk</p>	<p>Choice 1: Chicken (1) Alfredo (4) with Breadstick (27) G/F Sub = Rice Noodles (44) with Diced Chicken (0) and Cheese (1) G/F Bread Slice (15)</p> <p>Choice 2: WG Pizza Slice (24) Steamed Broccoli (5) Mixed Fruit cup (16)/ Garden Bar</p> <p>Breakfast: Uncrustable PB & J (32) , Yogurt (8), fruit, juice, milk</p>	<p>Choice 1 : Walking Taco Meat = OK (4) / Tostitos Chips Corn Chips(19)</p> <p>Choice 2:Chicken Strips(11) G/F sub = G/F Chicken Tenders (12) / Dinner Roll(18) G/F sub = G/F Bread slice (15) Whole Kernel Corn (9) Peaches (12) / Garden Bar</p> <p>Breakfast: WG Chicken(8) Breakfast Biscuit (27) with Honey (11) fruit, juice, milk</p>
Fresh Garden Bar and milk choices available daily	Choice 3: Uncrustable PB&J with Cheese stick or Yogurt Offered Daily	<u>USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</u>	Menu is subject to change without notice	<u>Breakfast Carb Counts: Fruit =12-19 Juice = 13-19Milk = 11-20</u>

Allergy Notice: Menu items may contain tree nuts, peanuts/nut products, wheat, fish, eggs, soy, and various legumes. Students with allergies should contact the School Nurse or School Nutrition Director prior to eating any foods served in the cafeteria

