



Spencer Public School

Nutrition and Lunch Menus

February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Quick Bread <u>Juice/Fresh Fruit</u> Hot Dogs Sun Chip Baked Beans Pears Fresh Fruit ALT Mac-N-Cheese Bowl	4 French Toast <u>Juice/Fresh Fruit</u> Turkey n Gravy Mashed Potatoes Green Beans Strawberries ALT Salisbury Steak	5 Breakfast Pizza <u>Juice/Fresh Fruit</u> Popcorn Chicken Sun Chip Broccoli Peaches Fresh Fruit ALT Baked Potato Bar	6 Pancake on Stick <u>Juice/Fresh Fruit</u> Breakfast for Lunch French Toast/Syrup Sausage Hash Brown Cinnamon Applesauce	7 Cake Donut Cheese Stick <u>Juice/Fruit</u> Quesadilla Sour Cream & Salsa Spanish Rice Carrots Pears ALT Meatball Sub
10 Cereal/Frudels <u>Juice/Fresh Fruit</u> Chicken Tenders Rice Pilaf Peas Peaches Fresh Fruit ALT Deli Wrap	11 Pancakes <u>Juice/Fresh Fruit</u> Pizza Cheese Broccoli Pears Fresh Fruit	12 Breakfast Scrambler Biscuit <u>Juice/Fresh Fruit</u> Nachos Salsa & Sour Cream Applesauce Corn Fresh Fruit	13 Breakfast Pizza <u>Juice/Fresh Fruit</u> Hot Ham and Cheese With Soup Strawberries Fresh Fruit ALT BBQ Pork Sandwich	14 Cinnamon Roll Yogurt <u>Juice/Fresh Fruit</u> Garlic French Bread w/Sauce Mixed Veggies Peaches Cookie ALT Lasagna Roll up
17 Waffle <u>Juice / Fresh Fruit</u> Chicken Nugget Mashed Potatoes Peaches Carrots ALT Pretzel Dog	18 Cereal/Donut Rings <u>Juice/Fresh Fruit</u> Cheeseburger Curly Fries Baked Beans Applesauce Fresh Fruit	19 Breakfast Pizza <u>Juice/Fresh Fruit</u> Spaghetti Bread Stick Steamed Green Beans Mandarin Oranges Fresh Fruit ALT Alfredo Sauce	20 Breakfast Bites <u>Juice/Fresh Fruit</u> Mini Corn Dogs Buttered Noodles Mixed Veggies Pears Fresh Fruit ALT Cuban	21 Long John Cheese Stix <u>Juice/Fresh Fruit</u> Grilled Cheese Tomato or Chicken Noodle Soup Crackers Strawberries Fresh Fruit ALT BBQ Rib Patty
24 Cereal/Donut Hole <u>Juice/Fresh Fruit</u> Chicken Patty Cheese Broccoli Applesauce Fresh Fruit ALT Chicken Stir Fry	25 Breakfast Pizza <u>Juice/Fresh Fruit</u> Tacos Soft Shell/Chips Corn Peaches Fresh Fruit ALT Chicken Fajita	26 ELEM Jumpstart MS/HS Breakfast Sandwich <u>Juice/Fresh Fruit</u> Pizza Peas Strawberries Fresh Fruit	27 French Toast <u>Juice/Fresh Fruit</u> Sub, Sun Chips Roasted Veggies Pears Fresh Fruit ALT Hot Beef	28 No School

Menu is subject to change without notice. Fresh fruit and veggie bar served daily. Milk is served daily, 1% Skim & Chocolate. Reminder that you are able to fill out the free and reduced application yearly. This is an equal opportunity provider. Breakfast is FREE to all students.