

ALL
EMPLOYEES
ARE ELIGIBLE



FREE COUNSELING SERVICES AVAILABLE

SCHEDULE UNLIMITED APPOINTMENTS
WITH OUR DEDICATED THERAPIST



**[CLICK HERE](#) TO SCHEDULE AN APPOINTMENT
OR CALL 1-888-588-8995, EXT. 204**

WHAT SERVICES ARE OFFERED?

EMPLOYEE CONSULTATIONS (I.E. WORKPLACE TRAUMA, ORGANIZATIONAL CHANGES, COPING STRATEGIES, AND MORE)

TRAINING AND GROUP SESSIONS (SKILL TRAINING SESSIONS, SUPPORT GROUPS, LUNCH & AMP; LEARNS, AND MORE)

CRITICAL EVENT SUPPORT (SUPPORT FOR EMPLOYEES IN CRITICAL/TRAUMATIC SITUATIONS)

FREQUENTLY ASKED QUESTIONS

HOW MANY APPOINTMENTS DO I GET WITH THE DEDICATED THERAPIST?
THERE IS NO LIMIT TO THE NUMBER OF APPOINTMENTS YOU CAN SCHEDULE WITH THE THERAPIST.

CAN I SCHEDULE AN APPOINTMENT FOR MY FAMILY MEMBERS?
NOT AT THIS TIME.

WILL THE THERAPIST MANAGE MY MEDICATIONS?
NOT AT THIS TIME.

**FOR ADDITIONAL QUESTIONS, CALL OR EMAIL SARAH MIKOS
PHONE: 623-932-7078 | EMAIL: SMIKOS@AGUAFRIA.ORG**

