



flaglerschools
Striving to be the Nation's Premier Learning Organization

**JOB DESCRIPTION
SUPPLEMENT CODES**

JOB DESCRIPTION SUPPLEMENT

I. MACHINES, TOOLS, EQUIPMENT:

Machines, tools, equipment, electronic devices, vehicles, etc., used in this position.

Oral/Written Communication Equipment, Telephone, Intercom, Walkie-Talkie, Security/Alarm Systems, Automobile, Computer

II. PHYSICAL REQUIREMENTS: Describes physical conditions of this position.

- X A. Light Work: Exerting up to 20 pounds of force occasionally an/or up to 10 pounds of force frequently. If the use of arm and/or leg controls requires exertion of forces greater than that for sedentary work and the worker sits most of the time, the job is rated as Light Work.

III. PHYSICAL ACTIVITY: Physical activities of this position. Percent of a typical day involved in each applicable activity is noted.

Percentage

- 50 A. Sitting: Resting with the body supported by the buttocks or thighs.
- 20 B. Standing: Assuming an upright position on the feet, particularly for sustained periods of time.
- 30 C. Walking: Moving about on foot to accomplish tasks, particularly for long distances.
- 3 D. Climbing: Ascending and descending ladders, stairs, scaffolding, ramps, poles, etc., using feet and legs and/or hands and arms
- 5 E. Bending: Lowering the body forward from the waist.
- 3 F. Stooping: Bending body downward and forward by bending spine at the waist through the use of the lower extremities and back muscles.
- 10 G. Reaching: Extending hand(s) and arm(s) in any direction.
- 3 H. Pushing: Using upper extremities to press against something with steady force in order to thrust forward, downward or outward exerting up to 20 pounds of force.
- 3 I. Pulling: Using upper extremities to drag, haul or tug objects in a sustained motion exerting up to 10 pounds of force.
- 5 J. Lifting: Raising objects from a lower to a higher position or moving objects horizontally from position-to-position through the use of the upper extremities and back muscles exerting up to 10 pounds of force.
- 35 K. Finger Dexterity: Picking, pinching, typing or otherwise working primarily with fingers rather than with the whole hand or arm.
- 7 L. Grasping: Applying pressure to an object with the fingers and palm.

JOB DESCRIPTION SUPPLEMENT (Continued)

- 70 M. Talking: Expressing or exchanging ideas by means of the spoken word. Those activities in which detailed or important spoken instructions must be conveyed accurately, loudly or quickly.
- 95 N. Hearing Acuity: The ability to perceive speech and other environmental sounds at normal loudness levels.
- 95 O. Visual Acuity: The power to see at a level which allows reading of numbers and text, operation of equipment, inspection of machines, etc.

Note: Will total more than 100 percent as several activities may be performed at one time.

IV. WORKING CONDITIONS: Conditions the worker will be subject to in this position.

- X A. Indoors and Outdoors: The worker is subject to both environmental conditions. Activities occur inside and outside.
- X B. Noise: The worker is subject to noise. There is sufficient noise to cause the worker to shout in order to be heard above the ambient noise level.

JOB DESCRIPTION SUPPLEMENT

I. MACHINES, TOOLS, EQUIPMENT:

Machines, tools, equipment, electronic devices, vehicles, etc., used in this position.

Telephone, Intercom, Walkie-Talkie, Mainframe or Personal Computer, Automobile, Security/Alarm Systems, Oral and Written Communication Equipment

II. PHYSICAL REQUIREMENTS: Describes physical conditions of this position.

- X B. Light Work: Exerting up to 20 pounds of force occasionally and/or up to 10 pounds of force frequently. If the use of arm and/or leg controls requires exertion of forces greater than that for sedentary work and the worker sits most of the time, the job is rated as Light Work.

III. PHYSICAL ACTIVITY: Physical activities of this position. Percent of a typical day involved in each applicable activity is noted.

Percentage

- 50 A. Sitting: Resting with the body supported by the buttocks or thighs.
- 10 B. Standing: Assuming an upright position on the feet, particularly for sustained periods of time.
- 40 C. Walking: Moving about on foot to accomplish tasks, particularly for long distances.
- 3 D. Climbing: Ascending and descending ladders, stairs, scaffolding, ramps, poles, etc., using feet and legs and/or hands and arms
- 5 E. Bending: Lowering the body forward from the waist.
- 8 F. Stooping: Bending body downward and forward by bending spine at the waist through the use of the lower extremities and back muscles.
- 2 G. Twisting: Moving body from the waist using a turning motion.
- 3 H. Reaching: Extending hand(s) and arm(s) in any direction.
- 5 I. Pushing: Using upper extremities to press against something with steady force in order to thrust forward, downward or outward exerting up to 20 pounds of force.
- 5 J. Pulling: Using upper extremities to drag, haul or tug objects in a sustained motion exerting up to 10 pounds of force.
- 5 K. Lifting: Raising objects from a lower to a higher position or moving objects horizontally from position-to-position through the use of the upper extremities and back muscles exerting up to 10 pounds of force.

JOB DESCRIPTION SUPPLEMENT (Continued)

- 35 L. Finger Dexterity: Picking, pinching, typing or otherwise working primarily with fingers rather than with the whole hand or arm.
- 7 M. Grasping: Applying pressure to an object with the fingers and palm.
- 70 N. Talking: Expressing or exchanging ideas by means of the spoken word. Those activities in which detailed or important spoken instructions must be conveyed accurately, loudly or quickly.
- 95 O. Hearing Acuity: The ability to perceive speech and other environmental sounds at normal loudness levels.
- 95 P. Visual Acuity: The power to see at a level which allows reading of numbers and text, operation of equipment, inspection of machines, etc.

Note: Will total more than 100 percent as several activities may be performed at one time.

IV. WORKING CONDITIONS: Conditions the worker will be subject to in this position.

- X A. Indoors and Outdoors: The worker is subject to both environmental conditions. Activities occur inside and outside.
- X B. Other: The worker is subject to dealing with physically aggressive students.

JOB DESCRIPTION SUPPLEMENT

I. MACHINES, TOOLS, EQUIPMENT:

Machines, tools, equipment, electronic devices, vehicles, etc., used in this position.

Telephone, Intercom, Walkie-Talkie, Computer, Automobile, Security/Alarm Systems, Oral and Written Communication Equipment

II. PHYSICAL REQUIREMENTS: Describes physical conditions of this position.

- X A. Light Work: Exerting up to 20 pounds of force occasionally and/or up to 10 pounds of force frequently. If the use of arm and/or leg controls requires exertion of forces greater than that for sedentary work and the worker sits most of the time, the job is rated as Light Work.

III. PHYSICAL ACTIVITY: Physical activities of this position. Percentage of a typical day involved in each applicable activity is noted.

Percentage

- 50 A. Sitting: Resting with the body supported by the buttocks or thighs.
- 10 B. Standing: Assuming an upright position on the feet, particularly for sustained periods of time.
- 40 C. Walking: Moving about on foot to accomplish tasks, particularly for long distances.
- 3 D. Climbing: Ascending and descending ladders, stairs, scaffolding, ramps, poles, etc., using feet and legs and/or hands and arms
- 2 E. Stooping: Bending body downward and forward by bending spine at the waist through the use of the lower extremities and back muscles.
- 3 F. Twisting: Moving body from the waist using a turning motion.
- 3 G. Reaching: Extending hand(s) and arm(s) in any direction.
- 1 H. Pushing: Using upper extremities to press against something with steady force in order to thrust forward, downward or outward exerting up to 20 pounds of force.
- 3 I. Pulling: Using upper extremities to drag, haul or tug objects in a sustained motion exerting up to 10 pounds of force.
- 5 J. Lifting: Raising objects from a lower to a higher position or moving objects horizontally from position-to-position through the use of the upper extremities and back muscles exerting up to 10 pounds of force.
- 30 K. Finger Dexterity: Picking, pinching, typing or otherwise working primarily with fingers rather than with the whole hand or arm.

JOB DESCRIPTION SUPPLEMENT (Continued)

- 5 L. Grasping: Applying pressure to an object with the fingers and palm.
- 70 M. Talking: Expressing or exchanging ideas by means of the spoken word. Those activities in which detailed or important spoken instructions must be conveyed accurately, loudly or quickly.
- 95 N. Hearing Acuity: The ability to perceive speech and other environmental sounds at normal loudness levels.
- 95 O. Visual Acuity: The power to see at a level which allows reading of numbers and text, operation of equipment, inspection of machines, etc.

Note: Will total more than 100 percent as several activities may be performed at one time.

IV. WORKING CONDITIONS: Conditions the worker will be subject to in this position.

- X A. Indoors: The worker is subject to inside environmental conditions. There is protection from weather conditions, but not necessarily from temperature changes.

JOB DESCRIPTION SUPPLEMENT

I. MACHINES, TOOLS, EQUIPMENT:

Machines, tools, equipment, electronic devices, vehicles, etc., used in this position.
Telephone, Computer, (Personal Computer and Mainframe), Automobile, Copier

II. PHYSICAL REQUIREMENTS: Describes physical conditions of this position.

- X A. Light Work: Exerting up to 20 pounds of force occasionally and/or up to 10 pounds of force frequently. If the use of arm and/or leg controls requires exertion of forces greater than that for sedentary work and the worker sits most of the time, the job is rated as Light Work.

III. PHYSICAL ACTIVITY: Physical activities of this position. Percent of a typical day involved in each applicable activity is noted.

Percentage

- 70 A. Sitting: Resting with the body supported by the buttocks or thighs.
- 10 B. Standing: Assuming an upright position on the feet, particularly for sustained periods of time.
- 10 C. Walking: Moving about on foot to accomplish tasks, particularly for long distances.
- 5 D. Bending: Lowering the body forward from the waist.
- 5 E. Reaching: Extending hand(s) and arm(s) in any direction.
- 5 F. Lifting: Raising objects from a lower to a higher position or moving objects horizontally from position-to-position through the use of the upper extremities and back muscles exerting up to 10 pounds of force.
- 80 G. Finger Dexterity: Picking, pinching, typing or otherwise working primarily with fingers rather than with the whole hand or arm.
- 70 H. Grasping: Applying pressure to an object with the fingers and palm.
- 90 I. Talking: Expressing or exchanging ideas by means of the spoken word. Those activities in which detailed or important spoken instructions must be conveyed accurately, loudly or quickly.
- 90 J. Hearing Acuity: The ability to perceive speech and other environmental sounds at normal loudness levels.
- 90 K. Visual Acuity: The power to see at a level which allows reading of numbers and text, operation of equipment, inspection of machines, etc.

Note: Will total more than 100 percent as several activities may be performed at one time.

JOB DESCRIPTION SUPPLEMENT (Continued)

IV. WORKING CONDITIONS: Conditions the worker will be subject to in this position.

- X A. Indoors and Outdoors: The worker is subject to both environmental conditions. Activities occur inside and outside.

JOB DESCRIPTION SUPPLEMENT

I. MACHINES, TOOLS, EQUIPMENT:

Machines, tools, equipment, electronic devices, vehicles, etc., used in this position.

Telephone, Intercom, Walkie-Talkie, Mainframe or Personal Computer, Automobile, Security/Alarm Systems, Oral and Written Communication Equipment

II. PHYSICAL REQUIREMENTS: Describes physical conditions of this position.

- X A. Medium Work: Exerting up to 50 pounds of force occasionally, and/or up to 20 pounds of force frequently and/or up to 10 pounds of force as needed.

III. PHYSICAL ACTIVITY: Physical activities of this position. Percent of a typical day involved in each applicable activity is noted.

Percentage

- 40 A. Sitting: Resting with the body supported by the buttocks or thighs.
- 10 B. Standing: Assuming an upright position on the feet, particularly for sustained periods of time.
- 50 C. Walking: Moving about on foot to accomplish tasks, particularly for long distances.
- 3 D. Climbing: Ascending and descending ladders, stairs, scaffolding, ramps, poles, etc., using feet and legs and/or hands and arms
- 5 E. Bending: Lowering the body forward from the waist.
- 8 F. Stooping: Bending body downward and forward by bending spine at the waist through the use of the lower extremities and back muscles.
- 2 G. Twisting: Moving body from the waist using a turning motion.
- 3 H. Reaching: Extending hand(s) and arm(s) in any direction.
- 5 I. Pushing: Using upper extremities to press against something with steady force in order to thrust forward, downward or outward exerting up to 20 pounds of force.
- 5 J. Pulling: Using upper extremities to drag, haul or tug objects in a sustained motion exerting up to 10 pounds of force.
- 5 K. Lifting: Raising objects from a lower to a higher position or moving objects horizontally from position-to-position through the use of the upper extremities and back muscles exerting up to 10 pounds of force.
- 30 L. Finger Dexterity: Picking, pinching, typing or otherwise working primarily with fingers rather than with the whole hand or arm.

JOB DESCRIPTION SUPPLEMENT (Continued)

- 7 M. Grasping: Applying pressure to an object with the fingers and palm.
- 70 N. Talking: Expressing or exchanging ideas by means of the spoken word. Those activities in which detailed or important spoken instructions must be conveyed accurately, loudly or quickly.
- 95 O. Hearing Acuity: The ability to perceive speech and other environmental sounds at normal loudness levels.
- 95 P. Visual Acuity: The power to see at a level which allows reading of numbers and text, operation of equipment, inspection of machines, etc.

Note: Will total more than 100 percent as several activities may be performed at one time.

IV. WORKING CONDITIONS: Conditions the worker will be subject to in this position.

- X A. Indoors and Outdoors: The worker is subject to both environmental conditions. Activities occur inside and outside.
- X M. Other: The worker is subject to dealing with physically aggressive persons.

JOB DESCRIPTION SUPPLEMENT

I. MACHINES, TOOLS, EQUIPMENT:

Machines, tools, equipment, electronic devices, vehicles, etc., used in this position.
Telephone, Computer, Copier, Automobile, Oral/Written Communications Equipment

II. PHYSICAL REQUIREMENTS: Describes physical conditions of this position.

- X A. Light Work: Exerting up to 20 pounds of force occasionally and/or up to 10 pounds of force frequently. If the use of arm and/or leg controls requires exertion of forces greater than that for sedentary work and the worker sits most of the time, the job is rated as Light Work.

III. PHYSICAL ACTIVITY: Physical activities of this position. Percent of a typical day involved in each applicable activity is noted.

Percentage

- 80 A. Sitting: Resting with the body supported by the buttocks or thighs.
- 10 B. Standing: Assuming an upright position on the feet, particularly for sustained periods of time.
- 5 C. Walking: Moving about on foot to accomplish tasks, particularly for long distances.
- 2 D. Bending: Lowering the body forward from the waist.
- 5 E. Reaching: Extending hand(s) and arm(s) in any direction.
- 5 F. Lifting: Raising objects from a lower to a higher position or moving objects horizontally from position-to-position through the use of the upper extremities and back muscles exerting up to 10 pounds of force.
- 85 G. Finger Dexterity: Picking, pinching, typing or otherwise working primarily with fingers rather than with the whole hand or arm.
- 60 H. Grasping: Applying pressure to an object with the fingers and palm.
- 75 I. Talking: Expressing or exchanging ideas by means of the spoken word. Those activities in which detailed or important spoken instructions must be conveyed accurately, loudly or quickly.
- 90 J. Hearing Acuity: The ability to perceive speech and other environmental sounds at normal loudness levels.
- 90 K. Visual Acuity: The power to see at a level which allows reading of numbers and text, operation of equipment, inspection of machines, etc.

Note: Will total more than 100 percent as several activities may be performed at one time.

JOB DESCRIPTION SUPPLEMENT (Continued)

IV. WORKING CONDITIONS: Conditions the worker will be subject to in this position.

- X A. Indoors: The worker is subject to inside environmental conditions. There is protection from weather conditions but not necessarily from temperature changes.

JOB DESCRIPTION SUPPLEMENT

I. MACHINES, TOOLS, EQUIPMENT:

Machines, tools, equipment, electronic devices, vehicles, etc., used in this position.
Computer Terminal or Personal Computer, Telephone

II. PHYSICAL REQUIREMENTS: Describes physical conditions of this position.

- X A. Light Work: Exerting up to 20 pounds of force occasionally and/or up to 10 pounds of force frequently. If the use of arm and/or leg controls requires exertion of forces greater than that for sedentary work and the worker sits most of the time, the job is rated as Light Work.

III. PHYSICAL ACTIVITY: Physical activities of this position. Percent of a typical day involved in each applicable activity is noted.

Percentage

- 80 A. Sitting: Resting with the body supported by the buttocks or thighs.
- 5 B. Standing: Assuming an upright position on the feet, particularly for sustained periods of time.
- 5 C. Walking: Moving about on foot to accomplish tasks, particularly for long distances.
- 5 D. Bending: Lowering the body forward from the waist.
- 5 E. Reaching: Extending hand(s) and arm(s) in any direction.
- 80 F. Finger Dexterity: Picking, pinching, typing or otherwise working primarily with fingers rather than with the whole hand or arm.
- 5 G. Grasping: Applying pressure to an object with the fingers and palm.
- 80 H. Repetitive Motions: Substantial and continuous movements of the wrists, hands and/or fingers.
- 40 I. Talking: Expressing or exchanging ideas by means of the spoken word. Those activities in which detailed or important spoken instructions must be conveyed accurately, loudly or quickly.
- 20 J. Hearing Acuity: The ability to perceive speech and other environmental sounds at normal loudness levels.
- 80 K. Visual Acuity: The power to see at a level which allows reading of numbers and text, operation of equipment, inspection of machines, etc.

Note: Will total more than 100 percent as several activities may be performed at one time.

JOB DESCRIPTION SUPPLEMENT (Continued)

IV. WORKING CONDITIONS: Conditions the worker will be subject to in this position.

- X B. Indoors: The worker is subject to inside environmental conditions. There is protection from weather conditions but not necessarily from temperature changes.

JOB DESCRIPTION SUPPLEMENT

I. MACHINES, TOOLS, EQUIPMENT:

Machines, tools, equipment, electronic devices, vehicles, etc., used in this position.

Telephone, Oral/Written Communication Equipment, Vehicles, Mechanical Equipment

II. PHYSICAL REQUIREMENTS: Describes physical conditions of this position.

- X C. Heavy Work: Exerting up to 100 pounds of force occasionally and/or up to 50 pounds of force frequently, and/or up to 10 pounds of force constantly to move objects.

III. PHYSICAL ACTIVITY: Physical activities of this position. Percent of a typical day involved in each applicable activity is noted.

Percentage

- 30 A. Sitting: Resting with the body supported by the buttocks or thighs.
- 40 B. Standing: Assuming an upright position on the feet, particularly for sustained periods of time.
- 30 C. Walking: Moving about on foot to accomplish tasks, particularly for long distances.
- 3 D. Climbing: Ascending and descending ladders, stairs, scaffolding, ramps, poles, etc., using feet and legs and/or hands and arms
- 100 E. Balancing: Maintaining body equilibrium to prevent falling when walking, standing or crouching on narrow, slippery or moving surfaces.
- 70 F. Bending: Lowering the body forward from the waist.
- 60 G. Stooping: Bending body downward and forward by bending spine at the waist through the use of the lower extremities and back muscles.
- 60 H. Kneeling: Bending legs at knee to come to a rest on knee or knees.
- 60 I. Crouching: Bending the body downward and forward by bending leg and spine.
- 40 J. Crawling: Moving about on hands and knees or hands and feet.
- 60 K. Twisting: Moving body from the waist using a turning motion.
- 90 L. Reaching: Extending hand(s) and arm(s) in any direction.
- 30 M. Pushing: Using upper extremities to press against something with steady force in order to thrust forward, downward or outward exerting up to 20 pounds of force.
- 30 N. Pulling: Using upper extremities to drag, haul or tug objects in a sustained motion exerting up to 10 pounds of force.

JOB DESCRIPTION SUPPLEMENT (Continued)

- 30 O. Lifting: Raising objects from a lower to a higher position or moving objects horizontally from position-to-position through the use of the upper extremities and back muscles exerting up to 10 pounds of force.
- 60 P. Finger Dexterity: Picking, pinching, typing or otherwise working primarily with fingers rather than with the whole hand or arm.
- 30 Q. Grasping: Applying pressure to an object with the fingers and palm.
- 30 R. Feeling: Perceiving attributes of objects, such as size, shape, temperature or texture by touching with skin, particularly that of fingertips.
- 70 S. Repetitive Motions: Substantial and continuous movements of the wrists, hands and/or fingers.
- 70 T. Talking: Expressing or exchanging ideas by means of the spoken word. Those activities in which detailed or important spoken instructions must be conveyed accurately, loudly or quickly.
- 95 U. Hearing Acuity: The ability to perceive speech and other environmental sounds at normal loudness levels.
- 95 V. Visual Acuity: The power to see at a level which allows reading of numbers and text, operation of equipment, inspection of machines, etc.

Note: Will total more than 100 percent as several activities may be performed at one time.

- IV. WORKING CONDITIONS:** Conditions the worker will be subject to in this position.
- X A. Indoors and Outdoors: The worker is subject to inside both environmental conditions. Activities occur inside and outside.

JOB DESCRIPTION SUPPLEMENT

I. MACHINES, TOOLS, EQUIPMENT:

Machines, tools, equipment, electronic devices, vehicles, etc., used in this position.

Telephone, Computer, Motor Vehicle, Specialized Equipment

II. PHYSICAL REQUIREMENTS: Describes physical conditions of this position.

- X A. Medium Work: Exerting up to 50 pounds of force occasionally and/or up to 20 pounds of force frequently, and/or up to 10 pounds of force constantly to move objects.

III. PHYSICAL ACTIVITY: Physical activities of this position. Percent of a typical day involved in each applicable activity is noted.

Percentage

- 25 A. Sitting: Resting with the body supported by the buttocks or thighs.
- 75 B. Standing: Assuming an upright position on the feet, particularly for sustained periods of time.
- 75 C. Walking: Moving about on foot to accomplish tasks, particularly for long distances.
- 10 D. Climbing: Ascending and descending ladders, stairs, scaffolding, ramps, poles, etc., using feet and legs and/or hands and arms
- 10 E. Balancing: Maintaining body equilibrium to prevent falling when walking, standing or crouching on narrow, slippery or moving surfaces.
- 25 F. Bending: Lowering the body forward from the waist.
- 25 G. Stooping: Bending body downward and forward by bending spine at the waist through the use of the lower extremities and back muscles.
- 5 H. Kneeling: Bending legs at knee to come to a rest on knee or knees.
- 5 I. Crouching: Bending the body downward and forward by bending leg and spine.
- 25 J. Twisting: Moving body from the waist using a turning motion.
- 60 K. Reaching: Extending hand(s) and arm(s) in any direction.
- 50 L. Pushing: Using upper extremities to press against something with steady force in order to thrust forward, downward or outward exerting up to 20 pounds of force.
- 50 M. Pulling: Using upper extremities to drag, haul or tug objects in a sustained motion exerting up to 10 pounds of force.

JOB DESCRIPTION SUPPLEMENT (Continued)

- 25 N. Lifting: Raising objects from a lower to a higher position or moving objects horizontally from position-to-position through the use of the upper extremities and back muscles exerting up to 10 pounds of force.
- 50 O. Finger Dexterity: Picking, pinching, typing or otherwise working primarily with fingers rather than with the whole hand or arm.
- 50 P. Grasping: Applying pressure to an object with the fingers and palm.
- 20 Q. Feeling: Perceiving attributes of objects, such as size, shape, temperature or texture by touching with skin, particularly that of fingertips.
- 5 R. Repetitive Motions: Substantial and continuous movements of the wrists, hands and/or fingers.
- 85 S. Talking: Expressing or exchanging ideas by means of the spoken word. Those activities in which detailed or important spoken instructions must be conveyed accurately, loudly or quickly.
- 85 T. Hearing Acuity: The ability to perceive speech and other environmental sounds at normal loudness levels.
- 95 U. Visual Acuity: The power to see at a level which allows reading of numbers and text, operation of equipment, inspection of machines, etc.

Note: Will total more than 100 percent as several activities may be performed at one time.

- IV. WORKING CONDITIONS:** Conditions the worker will be subject to in this position.
- X A. Indoors and Outdoors: The worker is subject to both environmental conditions. Activities occur inside and outside.
 - X B. Hazards: The worker is subject to hazards. This includes a variety of physical conditions, such as proximity to moving mechanical parts, electrical current, working on scaffolding and high places, and exposure to high heat or chemicals.

JOB DESCRIPTION SUPPLEMENT

I. MACHINES, TOOLS, EQUIPMENT:

Machines, tools, equipment, electronic devices, vehicles, etc., used in this position.
Telephone, Intercom, Walkie-Talkie, Security / Alarm Systems, Computer, Copy Machine.

II. PHYSICAL REQUIREMENTS: Describes physical conditions of this position.

- X B. Light Work: Exerting up to 20 pounds of force occasionally and/or up to 10 pounds of force as frequently as needed to move objects. If the use of arm and/or leg controls requires exertion of forces greater than that for sedentary work and the worker sits most of the time, the job is rated as Light Work.

III. PHYSICAL ACTIVITY: Physical activities of this position. Percent of a typical day involved in each applicable activity is noted.

Percentage

- 20 A. Sitting: Resting with the body supported by the buttocks or thighs.
- 30 B. Standing: Assuming an upright position on the feet, particularly for sustained periods of time.
- 50 C. Walking: Moving about on foot to accomplish tasks, particularly for long distances.
- 3 D. Climbing: Ascending and descending ladders, stairs, scaffolding, ramps, poles, etc., using feet and legs and/or hands and arms
- 5 E. Bending: Lowering the body forward from the waist.
- 8 F. Stooping: Bending body downward and forward by bending spine at the waist through the use of the lower extremities and back muscles.
- 10 G. Reaching: Extending hand(s) and arm(s) in any direction.
- 5 H. Pushing: Using upper extremities to press against something with steady force in order to thrust forward, downward or outward exerting up to 20 pounds of force.
- 5 I. Pulling: Using upper extremities to drag, haul or tug objects in a sustained motion exerting up to 10 pounds of force.
- 5 J. Lifting: Raising objects from a lower to a higher position or moving objects horizontally from position-to-position through the use of the upper extremities and back muscles exerting up to 10 pounds of force.

JOB DESCRIPTION SUPPLEMENT (Continued)

- 35 K. Finger Dexterity: Picking, pinching, typing or otherwise working primarily with fingers rather than with the whole hand or arm.
- 7 L. Grasping: Applying pressure to an object with the fingers and palm.
- 70 M. Talking: Expressing or exchanging ideas by means of the spoken word. Those activities in which detailed or important spoken instructions must be conveyed accurately, loudly or quickly.
- 95 N. Hearing Acuity: The ability to perceive speech and other environmental sounds at normal loudness levels.
- 95 O. Visual Acuity: The power to see at a level which allows reading of numbers and text, operation of equipment, inspection of machines, etc.

Note: Will total more than 100 percent as several activities may be performed at one time.

IV. WORKING CONDITIONS: Conditions the worker will be subject to in this position.

- X A. Indoors and Outdoors: The worker is subject to both environmental conditions. Activities may occur inside and outside.

JOB DESCRIPTION SUPPLEMENT

I. MACHINES, TOOLS, EQUIPMENT:

Machines, tools, equipment, electronic devices, vehicles, etc., used in this position.
Telephone, Motor Vehicle, Specialized Equipment

II. PHYSICAL REQUIREMENTS: Describes physical conditions of this position.

- X A. Medium Work: Exerting up to 50 pounds of force occasionally, and/or up to 20 pounds of force frequently and/or up to 10 pounds of force as needed.

III. PHYSICAL ACTIVITY: Physical activities of this position. Percent of a typical day involved in each applicable activity is noted.**Percentage**

- 5 A. Sitting: Resting with the body supported by the buttocks or thighs.
- 70 B. Standing: Assuming an upright position on the feet, particularly for sustained periods of time.
- 25 C. Walking: Moving about on foot to accomplish tasks, particularly for long distances.
- 10 D. Climbing: Ascending and descending ladders, stairs, scaffolding, ramps, poles, etc., using feet and legs and/or hands and arms
- 10 E. Balancing: Maintaining body equilibrium to prevent falling when walking, standing or crouching on narrow, slippery or moving surfaces.
- 25 F. Bending: Lowering the body forward from the waist.
- 25 G. Stooping: Bending body downward and forward by bending spine at the waist through the use of the lower extremities and back muscles.
- 5 H. Kneeling: Bending legs at knee to come to a rest on knee or knees.
- 5 I. Crouching: Bending the body downward and forward by bending legs and spine.
- 25 J. Twisting: Moving body from the waist using a turning motion.
- 60 K. Reaching: Extending hand(s) and arm(s) in any direction.
- 50 L. Pushing: Using upper extremities to press against something with steady force in order to thrust forward, downward or outward exerting up to 20 pounds of force.
- 50 M. Pulling: Using upper extremities to drag, haul or tug objects in a sustained motion exerting up to 10 pounds of force.

JOB DESCRIPTION SUPPLEMENT (Continued)

- 25 N. Lifting: Raising objects from a lower to a higher position or moving objects horizontally from position-to-position through the use of the upper extremities and back muscles exerting up to 10 pounds of force.
- 50 O. Finger Dexterity: Picking, pinching, typing or otherwise working primarily with fingers rather than with the whole hand or arm.
- 50 P. Grasping: Applying pressure to an object with the fingers and palm.
- 20 Q. Feeling: Perceiving attributes of objects, such as size, shape, temperature or texture by touching with skin, particularly that of fingertips.
- 5 R. Repetitive Motions: Substantial and continuous movements of the wrists, hands and/or fingers.
- 50 S. Talking: Expressing or exchanging ideas by means of the spoken word. Those activities in which detailed or important spoken instructions must be conveyed accurately, loudly or quickly.
- 85 T. Hearing Acuity: The ability to perceive speech and other environmental sounds at normal loudness levels.
- 95 U. Visual Acuity: The power to see at a level which allows reading of numbers and text, operation of equipment, inspection of machines, etc.

Note: Will total more than 100 percent as several activities may be performed at one time.

IV. WORKING CONDITIONS: Conditions the worker will be subject to in this position.

- X A. Indoors and Outdoors: The worker is subject to both environmental conditions. Activities occur inside and outside.
- X M. Other: The worker is subject to hazards. This includes a variety of physical conditions, such as proximity to moving mechanical parts / vehicles, and exposure to high heat or chemicals.