



Submission Date: \_\_\_\_\_

## ROSEVILLE JOINT UNION HIGH SCHOOL DISTRICT Physical Education Exemption Waiver (Athletics)

Physical Education is a requirement for graduation per the California Education Code 51222 and Roseville Joint Union High School District Board Policy 6142.7. Requests to modify this requirement through the waiver process are evaluated on a case-by-case basis. In addition, a student who qualifies for a physical education exemption will not be awarded 10 credits for the second year of physical education and must still successfully complete 260 credits to graduate.

A physical education exemption may be submitted to waive one year (10 credits) of the graduation requirement of (20 credits of physical education). All freshmen are required to take physical education (PE 9).

### IMPORTANT CRITERIA:

- **This exemption is applicable to only the Class of 2028 and beyond.**
- In order to be eligible for this exemption, students must pass PE 9 with a C grade or better and pass five components of the Fitnessgram Test in 9th Grade. A D or F in PE 9 grade will not qualify for an exemption waiver.
- The approval of this exemption is contingent on earning a roster spot and will be reviewed by the Athletic Director.
- Students must still need to meet ALL credit requirements for graduation.
- Independent conditioning programs or club sports cannot be considered for a physical education exemption.
- This exemption only applies to students who are not enrolled in Athletic PE.
- Completion of the entire season of the interscholastic athletic program is required to validate this exemption. Failure to participate in the sport for the duration of the season will result in no credit being exempted.
- At the completion of each two sports seasons, a verification form must be completed and signed by the coach or athletic director.
- For the PE exemption, A student must complete a **minimum** of 75 hours of practice/conditioning per season under the direct supervision of the coach.
- Roles such as a team manager, helper, or coaching assistant, will not qualify for this exemption.
- Esports does not qualify for a PE exemption.
- Injuries: If a student sustains an injury that will prevent them from participating at full capacity for 4 or more weeks, the exemption cannot be validated. The student will have the opportunity to reapply for another season or enroll in qualifying second PE course the following term or school year.
- To qualify for this waiver, a student must maintain their academic eligibility through the entire season.
- If a student is dropped from their team for disciplinary reasons, they will invalidate their exemption and will lose the privilege of the exemption in the future.
- If a student does not fulfill the course waiver requirements by the end of the junior year, the student will automatically be enrolled in a PE course their senior year.

### PERMANENT EXEMPTION

School-sponsored Interscholastic Athletics: Completion of two sports seasons in grades 10-12, fulfills the requirement for a two-semester PE exemption, waiving the second 10-credit PE graduation requirement.

**The application must be completed for each exemption request. Completed applications shall be turned in to your counselor by May 1st.**

Student Signature: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Counselor Signature: \_\_\_\_\_

<b>Principal Review of Exemption Waiver</b>
Initial: _____
Date: _____