

Diabetic management, training and nutritional, is covered at 100% after PCP/Spec copay on the Low plan/ High plan and subject to deductible and coinsurance on the HDHP plan. Durable medical equipment is subject to deductible and coinsurance for all plans. Equipment/supplies would fall under DME.

- Infusion set for insulin pump
- Syringe for insulin pump
- Alkaline replacement battery
- Lithium replacement battery
- Normal, low and high calibrator solution
- Spring powered device for lance

Below is additional information that can be found in the benefit books outlining the benefits for Diabetic Management. Please let me know if additional information is needed.

Benefits for Treatment of Diabetes

Benefits are available and will be determined on the same basis as any other sickness for those Medically Necessary items for Diabetes Equipment and Diabetes Supplies (for which a Physician or Professional Other Provider has written an order) and Diabetic Management Services/Diabetes Self-Management Training. Such items, when obtained for a Qualified Participant, shall include but not be limited to the following:

1. Diabetes Equipment
 - a. Blood glucose monitors (including noninvasive glucose monitors and monitors for the blind);
 - b. Insulin pumps (both external and implantable) and associated appurtenances, which include:
 - Insulin infusion devices,
 - Batteries,
 - Skin preparation items,
 - Adhesive supplies,
 - Infusion sets,
 - Insulin cartridges,
 - Durable and disposable devices to assist in the injection of insulin, and
 - Other required disposable supplies; and
 - c. Podiatric appliances, including up to two pairs of therapeutic footwear per Calendar Year, for the prevention of complications associated with diabetes.

2. Diabetes Supplies

- a. Test strips specified for use with a corresponding blood glucose monitor,
- b. Visual reading and urine test strips and tablets for glucose, ketones, and protein,
- c. Lancets and lancet devices,
- d. Insulin and insulin analog preparations,

- e. Injection aids, including devices used to assist with insulin injection and needleless systems,
- f. Biohazard disposable containers,
- g. Insulin syringes,
- h. Prescriptive and non-prescriptive oral agents for controlling blood sugar levels, and
- i. Glucagon emergency kits.

3. Repairs and necessary maintenance of insulin pumps not otherwise provided for under the manufacturer's warranty or purchase agreement, rental fees for pumps during the repair and necessary maintenance of insulin pumps, neither of which shall exceed the purchase price of a similar replacement pump.

4. As new or improved treatment and monitoring equipment or supplies become available and are approved by the U. S. Food and Drug Administration (FDA), such equipment or supplies may be covered if determined to be Medically Necessary and appropriate by the treating Physician or Professional Other Provider who issues the written order for the supplies or equipment.

5. Medical-Surgical Expense provided for the nutritional, educational, and psychosocial treatment of the Qualified Participant. Such Diabetic Management Services/Diabetes Self-Management Training for which a Physician or Professional Other Provider has written an order to the Participant or caretaker of the Participant is limited to the following when rendered by or under the direction of a Physician.

Initial and follow-up instruction concerning:

- a. The physical cause and process of diabetes;
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- b. Nutrition, exercise, medications, monitoring of laboratory values and the interaction of these in the effective self-management of diabetes;
- c. Prevention and treatment of special health problems for the diabetic patient;
- d. Adjustment to lifestyle modifications; and
- e. Family involvement in the care and treatment of the diabetic patient. The family will be included in certain sessions of instruction for the patient.

Diabetes Self-Management Training for the Qualified Participant will include the development of an individualized management plan that is created for and in collaboration with the Qualified Participant (and/or their family) to understand the care and management of diabetes, including nutritional counseling and proper use of Diabetes Equipment and Diabetes Supplies.

A Qualified Participant means an individual eligible for coverage under this Plan who has been diagnosed with (a) insulin dependent or non-insulin dependent diabetes, (b) elevated blood glucose levels induced by pregnancy, or (c) another medical condition associated with elevated blood glucose levels.