



Ian Kanarvogel shows off his scruff.



Tom Fay proudly displays his new beard.



PHOTOS BY JENNY CASE

If you look closely, you can see the only facial hair Mr. Brigham has ever grown out, thanks to his participation in “No Shave November.”

No Shave November

BY CAMERON CLARK

In its inception, “No Shave November” was essentially exactly what it sounds like: an excuse made up by a few college guys to embrace their inner lumberjack and simply not shave until December 1st. After going viral with the help of word of mouth, and a few thousand likes on the “No Shave November” Facebook page, the event turned from a trend among college guys, to a national phenomenon, which even women began to take part in, replacing the growing out of facial hair with leg and underarm hair. This yearly occurrence was purposeless until one family decided to put it to good use.

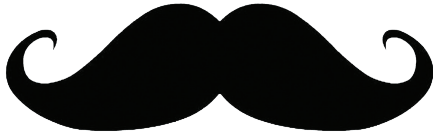
In November of 2007, Mrs. Hill and the eight Hill siblings lost their father to colon cancer. Upon hearing of the up and coming month long “holiday”, they had an idea and made their own updated “No Shave November” Facebook page. Why not turn a reasonless trend into something worthwhile, like a unique way to raise awareness for cancer? And that they did! The concept is this: Instead of spending money on hair removal products, donate

what you would have spent on a razor to a cancer charity! This way, if you don’t have much to give, you can at least give the 10 - 15 dollars you spend on grooming products each month. It also became a self-actualization project. More often than not, cancer patients, while going through chemotherapy, lose most, if not all of the hair on their bodies without choice, and most of us choose to discard a lot of our body hair on a daily basis without giving it a second thought. So, the yearly event can also make us realize that we take advantage of our hair on a daily basis. So far, the Hills have raised over a hundred thousand dollars for their own charity and have inspired others to donate to whatever they can. “No Shave November” most closely identifies with men’s prostate cancer and colon cancer, but the Hills encourage everyone to donate to whatever cancer charity really “hits home.”

The “No Shave November” movement invaded both the Shelter Island student and faculty communities this year. If you were in the school in

mid-late November, you might have wondered why so many boys and male teachers looked a bit “unkept.” While the high school boys mostly participated for fun, teachers such as Mr. Brigham, Mr. Williams, Mr. Theinert, Mr. Reardon, and Mr. Ian Kanarvogel all participated this year to raise awareness for men’s prostate cancer. “I recently lost a close relative due to cancer and just wanted to help raise awareness and funds for the American Cancer Society,” said math teacher, Walter Brigham. He added, “I had never had facial hair in my life, so it was a very interesting experience.”

It just goes to show that anybody can participate in this unique event! Missed out on “No Shave November” this year? No worries, there are many more years of this phenomenon to come!



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EDITORIALS

The mental illness misconception

BY DREW GARRISON

Nearly 30 million Americans have a diagnosed mental illness. Some estimate nearly as many suffer from undiagnosed mental illness. The mentally ill are stigmatized in our society. They have been for decades and it doesn't seem to be waning. Even though much progress has been made in the field of mental illness, it is still widely misunderstood by the general public. Is this due to ignorance, naivete, stereotyping, prejudice, or a combination of these things?

Thankfully, progress on the mental health front has occurred steadily. Researchers are constantly learning more about the biological processes behind the diseases, little by little, though some particular disorders remain shrouded in mystery. Medical treatments and prescriptions, resources, and diagnostic criteria have changed, so why hasn't society's attitude?

One of the things that perpetuates negative feelings and stereotypes about mental illness is the media. We most often hear about a person suffering from a mental illness on the evening news. Reporters are sure to point out the perpetrators have suffered from "mental issues" prior to discussing their actual crimes. And, when it is

not readily known that a criminal has a history of mental illness, it is often speculated on as soon as a crime is reported. Murderers like James Holmes who killed scores in an Aurora, Colora-

Even though much progress has been made in the field of mental illness, it is still widely misunderstood.

do movie theater, and Jared Laughner who shot Congresswoman Giffords at close range, were reportedly mentally ill. In the aftermath of these horrible killings, a gun control debate erupted. USA Today gave a voice to one NRA member who declared, "Guns don't kill, psychotic people do." NRA analyst Wayne LaPierre asserted in the same article, "If we leave these homicidal maniacs on the street they're going to kill." This tie between mental illness and violent crime is devastating for people in the general population suffering themselves. The association the media insists upon between mental illness and violent crime perpetuates

stigmas and ignorance. In actuality, with regards to James Holmes and Jared Laughner, no clear relationship between psychiatric diagnosis and mass murder has been established to date. In fact, in a recent study done, data showed that people with mental illness commit an estimated 5-10% of all murders in America each year. Mentally "sound" citizens commit the other 90-95%.

A 2011 British survey found that it would be more difficult for people in that country to reveal they have a mental illness than come out as homosexual. The same survey found four out of ten employers would "feel unable to employ someone they knew had a mental health problem." I wonder if the same would be found here, in the U.S. Homosexuality was once a taboo topic in our society, but over time, tolerance has (thankfully) taken hold. The stigma associated with coming out has lessened and gay rights have catapulted to the forefront of our political and social landscape. Why hasn't the same happened for the mentally ill? Why is it shameful to admit to having a mental illness? Why aren't more people tolerant, understanding, compassionate?

Approximately 1 in 17 Americans, suffer from a serious mental illness.

An estimated 26.2 percent of American adults, or about one in four, suffer from a diagnosable mental disorder in a given year. Something that affects so many of us needs to be more thoroughly brought into American consciousness.

So, how does this apply to us high school kids? Well, many mental illnesses begin presenting themselves during adolescence. In fact, suicide is the third leading cause of death in people aged 15-24, that's approximately 30,000 lives. Of that 30,000 people, an estimated 90%, suffered from a mental illness. And yet, mental health education is not a mandated part of our curriculum. My class recently cracked a joke about Russell Crowe's character in "A Beautiful Mind" being "cuckoo." This may seem benign, but to a student who might be suffering, or is yet to be diagnosed, this attitude does not help. We as a school, as a community, as a nation need to educate more effectively on the topic of mental health. When we get the information, stigma, stereotypes, and assumptions fall away, and when this happens, we create a more compassionate environment for those suffering from mental illness. My hope is that Shelter Island can be this kind of environment sometime soon.

#fitchthehomeless

BY KELLY COLLIGAN

On May 13, 2013, a campaign video was released by the name of "Fitch the Homeless." Over the course of seven months, the video has racked up over eight million views on YouTube and has people talking. Most YouTube videos have a limited shelf life, but despite the fact that this was posted months ago, it is just starting to make its rounds via Facebook and other social media outlets, and more and more people are checking out the man behind this interesting campaign.

The creator of this video, Greg Karber, created this video with the intent of exploiting Abercrombie & Fitch's CEO's disturbing marketing strategies. To explain this further, many years ago the CEO of A&F, Mike Jeffries, was blamed for "making padded push-up bras for 7 year olds" and "refusing to offer his clothing in larger sizes." In January of 2006, Mr. Jeffries agreed to an interview with Salon. During that interview, Mr. Jeffries unapologetically explained the "secret" of A&F's newly found success: "In every school there are the cool and popular kids, and then there are the not-so-cool kids," he explained. "Can-

didly, we go after the cool kids. We go after the attractive all-American kid with a great attitude and a lot of friends. A lot of people don't belong [in our clothes], and they can't belong. Are we exclusionary? Absolutely." Jeffries went on to explain, "We hire good-looking people in our stores because good-looking people attract other good-looking people, and we want to market to cool, good-looking people. We don't market to anyone other than that." As you could imagine, this interview was what started it all.

After hearing of this interview, Karber wanted to publicize the evil behind Abercrombie, so he decided to make a YouTube video to gain the public's attention. Karber narrates the video himself, and begins by exposing all of the offensive comments A&F CEO Jeffries made in the past. Karber then discusses his plan: he scours retail thrift stores, like Goodwill, to collect all the A&F merchandise he can find, and then "donates" the clothes to homeless people. He declares, "Let's make Abercrombie & Fitch the number one homeless brand in America," thus

flipping A&F's declared vision of clothing "cool kids" on its head. At the end of the video, Karber asks viewers to do the same thing he has done, clothe the homeless in A&F, share his video, and share #fitchthehomeless.

After watching this video the first time a few months ago I was amused and thought Karber's plan was a clever

I realized that I had failed to recognize that this video was just as bad, if not worse than comments made by Mike Jeffries.

one. I thought the campaign had good motives. One, being the ability to exploit A&F and show just how arrogant and judgemental Mike Jeffries really is, and two, donating clothes to the homeless. I decided I would write my editorial on the campaign and how it should be supported and how it helps us realize the awful motives behind

some of the marketing of the clothes we are actually wearing.

Then, I watched the video again. I paid closer attention to Karber's flip-pant comments, his aggressive snaps at Abercrombie & Fitch. I realized that I had failed to recognize that this video was just as bad, if not worse than the comments made by Mike Jeffries, the CEO of Abercrombie. At one point Karber "jokingly" refers to A&F wearers as "narcissistic date rapists." NOT okay. Not to mention, the homeless people in Karber's video are pawns. They are objects in his agenda. He must have thought something along the lines of, "I know what will make Mike Jeffries mad. I will give his clothes to homeless people. He would be furious if he saw homeless people wearing Abercrombie and Fitch." It is the fact that the people are homeless, therefore ultimately undesirable, that led Karber to choose them as the recipients of A&F clothing. Isn't this as dehumanizing as A&F's marketing plan? Karber has criticized A&F executives for stereotyping, demeaning so-called "undesirables," and being biased. Isn't this just what Karber has done?

We would love to hear from you!

To contact **The Inlet** call 631-749-0302 x144.

Email letters to the editor to: devone.treharne@shelterisland.k12.ny.us
CO-EDITORS: Drew Garrison & Kelly Colligan
FACULTY ADVISOR: Devon Treharne

SPORTS EDITORS: Peter Kropf & Tristan Wissemann
STAFF: Zoey Bolton, Jenny Case, Erin Corrigan, Cameron Clark, Nicolette Frasco, Olivia Garrison, Quinn Hundgen, Serina

Kaask, Jack Kimmelman, Henry Lang, Amira Lawrence, Aterahme Lawrence, Caity Mulcahy, Thomas Mysliborski, Connor Rice, Sophia Strauss, Alexis Sulahian

The Inlet is a publication by Shelter Island High School Journalism participants with the support of Dr. Michael Hynes and the Board of Ed.

17 and pregnant, and making the best of it

BY ERIN COLLIGAN AND CAMERON CLARK



PHOTO BY ALEXIS SULAHIAN

Alexis's newborn son, Weston, seems to be a peaceful sleeper in this picture.

When you first hear the phrase “teen mom” what do you think about? Probably irresponsible young girls with dysfunctional relationships with their family and boyfriends, as portrayed on the infamous show on MTV. Although SIHS senior Alexis Sulahian is a soon-to-be teen mom, she certainly does not fit the MTV mold. Lexy is a strong, independent young woman who is optimistically awaiting the arrival of her baby boy, Weston, due in December. She plans on moving out of her parents house to live with her boyfriend, Tim, in Greenport at some point after the

baby is born. “I want to figure things out on my own, like figure out how to be a parent,” she says coolly.

Understandably, when asked what her thoughts on teen pregnancy were prior to her own, she said, “When I saw pregnant teenagers on TV, I just thought ‘that wouldn’t happen to me.’” It did though, and Lexy had to figure out how

to handle it. From the beginning, she knew she would have her baby and keep him. She couldn’t picture any other family being there to watch her kid grow up, and wouldn’t be able to handle it if anything bad happened to her baby in someone else’s care. And as for abortion, Lexy says, “I just didn’t want it for myself.”

Of course, at the start, Lexy’s family didn’t know how to react to her news. When she had to tell them about her pregnancy, it was incredibly daunting. However, over time, most of her loved ones eventually accepted the preg-

nancy and began to optimistically look to the baby’s arrival. The baby’s father, Tim, is especially excited to meet his son and has been supportive of Lexy. Starting school again in September was a scary proposition for Lexy. She knew she would be coming to school visibly pregnant and worried how others would view her, what they might say, and how they might act. Thankfully, Lexy was met with support and interest from her peers and the staff at Shelter Island School. “Everyone’s being really nice about things and many of the teachers have been very supportive.”

Lexy’s pregnancy, however, hasn’t been without its challenges. Nourishing and growing a human life inside of you can be overwhelming while balancing school, doctors appointments, and an attempt at a social life. A lot has had to change in order for it to all work. About the sacrifice, Lexy says, “I stopped hanging out with a lot of people, because there’s a lot of things I can’t do that my friends were doing.” She even joked that around Halloween she couldn’t go into a scary corn maze because it could cause premature labor. Outside of social adjustments, Lexy also has to make good decisions on a daily basis in regards to food and vitamins to ensure that her baby arrives as healthy as possible. Being

this attentive to everything she eats, drinks, and does is new to Lexy and can at times be tiring. Lexy’s boyfriend and her baby’s father, Tim, has also had to adjust in different ways to

Lexy is a strong, independent young woman who is optimistically awaiting the arrival of her baby boy.

accommodate the up and coming addition to his family. “Tim has grown up a lot since I got pregnant,” she explains. According to Lexy, Tim had to look at some of his past actions and reevaluate. Having a baby makes everyone involved grow up very quickly, but Lexy adds, “It’ll be interesting seeing Tim become a dad.”

Lexy is reflective and ready to enter this thrilling (and scary) new venture into motherhood with the support of her friends and family. She looks to her future with her baby, Weston, optimistically, yet realistically. “I still need to learn a lot, but I’m excited to have him [Weston] around.”

The Cucumber Thief: The short life, but long-lived story of Tommy Rebholz

BY CAMERON CLARK AND ERIN COLLIGAN

As soon as Mrs. Rebholz began speaking of her son Tommy in the past tense, Mrs. Treharne’s eyes welled up. I could tell she wasn’t going to be the only one in the audience to sob that day. Margaret Rebholz’s son Tommy was known to his siblings as the “cucumber thief” and to his peers as a kid with a passion for music. He was a kid who would help someone in need; and in dark twist, this philanthropic spirit is the very thing that would be taken advantage of and result in his untimely death.

Tommy Rebholz was an average 16 year old teenager in many respects, but not everything came easy to Tommy, as he was living with cerebral palsy. This made sports difficult for Tommy, and at times during high school, Tommy struggled to fit in. This all changed during his last summer, when he was given the opportunity to join the Heckscher State Park Youth Program. The program catered to students with various disabilities and Tommy was ecstatic and found a sense of belonging that had been missing. Tommy finally began to connect with others and soon developed

new interests, like disc jockeying, he had never before had. “Tommy never had any real hobbies, mainly because he struggled with the little things in life.” His mother, Margaret saw how the youth program changed her son’s attitude and she couldn’t have been more happy for him. It seemed, in that summer, that all of the pieces in Tommy’s life began to come together.

August 6th, 1996 wasn’t like any other night at the youth program; this one was special, as Tommy to D.J. the end of summer dance party. This was one of Tommy’s passions and his mother shared how excited Tommy was to end the summer on a high note, while doing what he loved. While setting up his equipment at the venue in the park before the dance began, Tommy realized he needed an additional piece of stereo equipment, which his friend had. When his mother couldn’t make it in time to give Tommy a ride, he was running out of options. While Tommy tried to figure out an alternative, two 18 year-old boys whom Tommy was not friends with, but knew peripherally from school, approached him. Tom-

my did not know it at the time, but the boys (who were not a part of the Youth Program) had been drinking at the beach for hours. The boys knew Tommy enough to strike up a conversation and Tommy relayed his urgency to find a piece of stereo equipment. For the boys, this was perfect timing. They wanted to get out of the park to buy more alcohol, but knew they would be stopped by security on the way back in, as the park was closing for all except the Youth Group participants. The boys later admitted, according to Tommy’s mom, that they had lied to Tommy, and told him he should come with them because they had the equipment he needed. The boys said in court that they knew Tommy was a “good kid” and he would be their ticket back into the park after closing. Tommy thought some older boys were doing him a favor, in reality they were preying on one of the most admirable things about Tommy: his trustworthiness and his reputation as a “good kid.”

That car ride would be Tommy’s last. On the way back into the park, the car was travelling an estimated



PHOTO BY MEME LAWRENCE

Mrs. Margaret Rebholz holds a photo of her late son Tommy, killed by a drunk driver.

90 miles per hour. It flipped over numerous times and Tommy was killed. The only sober boy in was found dead in his seat belt. Mrs. Rebholz got final confirmation of this fact when police showed up at her door. For hours, she refused to believe that it was true, as Tommy had just left hours earlier. It was not until Mrs. Rebholz was given permission to go to the morgue that

REBOLZ CONTINUED ON PAGE 4

Goodbye middle school, hello high school

BY NICOLETTE FRASCO

The transition from middle school to high school can be a strenuous one, as many freshmen can attest. New teachers, classes, subjects, choices, and consequences can put a lot of stress on students who have never before had to deal with so much responsibility. Add to that the pressure to impress upperclassmen, new teachers, and a newly restructured school building. Sounds like a lot doesn't it?

High school is meant to challenge us and make us more independent. It is a time to learn how to function without a teacher always over our shoulder telling us right from wrong, and also how to work independently. Now that we are approaching halfway through the school year, I wanted to check in with my classmates to find out how their middle school to high school transitions have gone. For me, the transition was at times fraught with anxiety. Freshman Will Garrison shared, "The transition started out difficult because of all the changes in classes and teachers. Then, it got a bit easier to get used to. It's not bad now, the classes are good." For some of us, the anticipation might have been worse than the actuality, as Sophia Strauss noted, "the transition was not as drastic as we

all thought."

As freshmen, in the middle of the transition, we might not have enough distance on the transition to fully analyze it yet, since we are still experiencing it. In search of some wisdom, I asked senior Erin Colligan to reflect on her middle school to high school transition three years ago. Erin shared, "I strongly disliked middle school because I felt constricted in a small space. The days went slower, being in the same atmosphere all day. There was a lot of unnecessary drama and the teachers were always looking over your shoulder. The classes go faster in high school because you are travelling to different classrooms and the teachers treat you more like an adult." These expectations are exciting and daunting. In my discussions with my classmates, it is evident that the freshmen class understands that now it is "go time." High school is not supposed to be a walk in the park, we have learned how to do things on our own, and by having the right attitude about this transition and all of the opportunity it has brought us, our possibilities are endless.



Senior Keri Ann Mahoney poses behind the counter of "Sweet Indulgences" in Greenport, where she was able to find a job.

A curse or a blessing?

BY JENNY CASE AND ALEXIS SULAHIAN

Shelter Island's population increases dramatically during the spring and summer seasons. Due to this, seasonal businesses have many positions to fill, which gives Shelter Island High School students a large market for summer jobs. The flip side of this flush summer job market, is the fact that in the fall/winter, the seasonal businesses shut down, kids lose their jobs, and finding off-season employment can become very challenging. Some students don't mind this winter break from work because it allows them to focus on school, sports, and extracurriculars. Others, like senior Keri-Ann Mahoney, feel the crunch of losing summer employment. Keri Ann had a nice steady job teaching tennis to kids during the summer, but was left no choice but to look for a job off-island for the winter after her tennis students left their summer homes behind. "With trying to save up money for expenses I felt like I needed to get another job since mine was just for the summer." Keri Ann's job in Greenport now helps her get by, but she wishes that she could have found a more local employment opportunity.

Meme Lawrence's job at the Chequit came to an end and she is still struggling to find another job. "Hell yeah I'm looking for a job now, I have to

pay my bills. Oh wait, I don't have any bills... but I still want the money to spend." Meme has been looking for a new job since early October, and has yet to get an on-island job.

The population of Shelter Island plummets after Labor Day, and for some students the lack of jobs that comes with that shift is absolutely fine. "I think that once the school year gets in swing it's hard to keep up a job with your school work and extracurricular activities," Quinn Hundgen said when asked about his summer job at the Island Boatyard. Especially for seniors, juggling school work, college deadlines, the new common app, sports, extracurricular activities, and a job proves difficult. Senior Bre Rietvelt added, "I found that there wasn't really time to do the work even though I wanted money to spend, I just couldn't find time to do it all along with volleyball and college stuff." So, for some the often-forced break from working during the school year is just fine.

To some high school kids, our island job market, is a curse. To others, it's a blessing. It all depends on who you talk to, but one thing is for sure, the nature of our island as a tourist destination definitely impacts our wallets.

Getting accepted

BY QUINN HUNDGEN

The college process has been a tough one for seniors this year. With the change in the Common Application and the school's implementation of Naviance as the primary website documents are processed through, everyone from students to their parents and teachers, have been thrown off balance. Parents who have already been through the college process are at loss helping their children this year, now unfamiliar with the programs their elder children used.

This year for the first time ever, the school is requiring each senior to take a new course called Senior Seminar, one quarter of which focuses on the college application process. The course, taught by Mrs. Colligan, has

been very helpful in making the process less stressful. Mrs. Colligan herself admitted, "It's been a trying year with all the glitches and changes."

Yet, the seniors have persisted and now the first of us are getting our college acceptance letters. The stress of the process is being replaced by feelings of accomplishment. And, a few words of advice for current juniors: although procrastination might seem enticing, as Thomas Mysliborski said, "you just gotta get it done." Colleges like to see demonstrated interest and the best way for potential students to do this is to apply early. It might seem overwhelming, but as Taylor Sherman summed up the whole college process, "it's stressful, but worth it."



REBHOLZ

CONTINUED FROM PAGE 3

she had to face the truth. In her own words, "on that stretcher was my baby."

Mrs. Rebholz started telling Tommy's story seven years after his death. She has been speaking now for a decade and knows that Tommy "would be proud to see her" trying teach a lesson as a result of his loss. Mrs. Rebholz said, "I needed to do something. I'm nobody special. I'm not a celebrity. I'm a mom." This is precisely why her story is so moving. While telling us Tommy's story, she advised all of us repeatedly, "Don't become a statistic. Don't become a statistic like Tommy."

I left the presentation with a heavy heart and watery eyes. I looked at my peers and I felt emboldened in a way; I thought, we can beat these statistics, we are better than them. Of course we

can't control others' actions, but being intolerant of drunk driving starts with us. As Mrs. Rebholz repeatedly told us, "It's not an accident; it's a crash. People choose to drink and drive and get behind the wheel of a car." We know right from wrong, we just have to be smart and think, especially before we make a fatal mistake. After all the choice is ours, and I know now that I will never get behind the wheel drunk, and I hope none of you do either. It's not just our lives or those in the car with us who are in danger when driving drunk, but anyone on the same road as us. And if you're in a situation where you are unsafe, just like Mrs. Rebholz said, "have a reliable person you can call." Another valuable life like Tommy's could be saved by doing something as simple as calling for a ride.

“Dressed to the nines” on Wall Street and North Ferry Road

BY KELLY COLLIGAN AND HENRY LANG

Ever drive by the Mobil gas station and spot a tall, well-dressed man who looks like he was pulled out of a Ralph Lauren magazine pumping gas? That, my friend, is Tom Speeches. Whether donned in madras plaid and topsiders in the summer, or wrapped in an oversized scarf and leather jacket in winter, Tom Speeches' wardrobe is one to envy. Speeches doesn't let his style suffer one bit just because he happens to be pumping gas, and this is why he piqued our interest. What we didn't realize was Tom's wardrobe, self-described as “crazy colors, striped shorts, and great topsiders” isn't even close to the most interesting thing about him.

We met up with Tom one afternoon to learn more about him. Dressed impressively as usual in an olive corduroy blazer, striped shirt, black skinny jeans, and tall leather boots, he comfortably settled in and told us his story. Tom was born and raised on Shelter Island, always wanted to work in the city, and learned from a young age that he had to “dress the part” to be successful. Tom graduated from Shelter Island School, and smiled when he recounted how he began working at Picozzi's as a summer job during high school. He went on to attend college upstate and study business administration/travel and tourism. It was during this time that Tom realized he wanted to work in Manhattan, he explained. His first job at a travel agency in NYC proved to be very profitable, as it was where he made a professional contact that would open new doors for him. Tom confidently explained, “Larry Kudlow (economist and television personality) was in the travel office. He asked the manager who I was, and told him he should hire me, right away.” Kudlow's impulsive decision was based on how Mr. Speeches ‘handled his travel arrangements perfectly’ and ‘dressed well, like himself.’” This was a full-circle moment for Tom that cemented for him the lesson he learned early on and continues to abide by to this day: dress your best, because you never know who's watching.

Tom went on to explain what it was like working for Bear Stearns, a global investment bank and securities trading and brokerage firm. He enthusiastically recalled working big, multi-million dollar deals, handling private jets, and much more. “I got to travel the world with Bear Stearns. Between China and London, traveling was a true eye-opener.” Life in the city can be crazy though, so Tom made sure to keep his ties to with Shelter Island. He worked weekends, pumping gas, using the job as an opportunity to socialize and take a break from the city chaos. “My double life has been working at Picozzi's. I only did it in the mornings. I loved it. It was a perfect balance to the city life,” Tom reflected.

A new twist in Tom's life was on the horizon and it came in the form of an interview offer from American Express. He began working on the 94th floor of World Trade Center Tower One at American Express offices in the late 1990s. Tom was happy with the transition and although the work was “fast-paced,” he still enjoyed his time on Shelter Island on weekends. His life had “balance,” he said softly. After a moment, Tom looked off into the distance, seemed to reflect, and continued haltingly.

“In May of 2001 I was in my office and my manager told my coworkers and I to look out the window. What we saw was a beautiful ship, the Queen Elizabeth II. I was mesmerized.” Tom had always wanted to go on an

Atlantic Crossing, however the time was never right, he explained. Looking back, it was this view of the Queen Elizabeth II from the high window that prompted him to fulfill his long held desire. After researching the journey, Tom had to decide between two departure dates: August 15th or September 12th. After some consideration, Tom explained, he planned his trip for September 12, 2001. He left for England five days before his scheduled crossing.

Then, on September 11, 2001, at 8:46am, the World Trade Center became the site of the terrorist attack that would forever change our nation. Tom explained with eyes downcast, that being so far removed from the states during the attack, he was unaware of many details and was led to believe initially that everyone in his building was safe. This was not the case. Tom's voice shook as he recounted the manager who pointed out the ship he would be sailing on that fateful week in September. His manager did not make it out of the Tower 1, nor did many of his colleagues. “I was so devastated that I couldn't go back to work for a while. Everything was gone,” Tom explained. Tom took off work for six weeks after that terrifying day. When he did return to work, he worked three days a week, and “was nervous and not sure what to expect, as everything had changed.” Tom unflinchingly described it as “the most difficult time in my life.”

In June of 2002, American Express moved the entire corporate travel division to Hartford, CT. It was at that point that Tom left the company, as many did. “I had no interest in moving,” he explained. After about a year, the company asked Tom if he would be interested in working part time from home, in addition to some corporate consulting. He agreed and still continues to do this, from home.

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The always stylish Tom Speeches.



A new face

BY ERIN COLLIGAN

Sometimes we see people walking in the hall who we don't exactly know, and we just smile. Well, there's a new face in the Shelter Island School, Jennier Olsen, who gladly smiles back. Mrs. Olsen is the school's new social worker from Southold. She loves her job, as well as helping others every day. Mrs. Olsen lives in Southold with her husband and three young children who attend Southold schools. Previously, she worked in Riverhead at the elementary school as a social worker, but she left her job to stay home with her kids while they grew up a bit. Mrs. Olsen is now, “am excited to be working with the Shelter Island students and community!”

Mrs. Olsen attended Fairfield University and majored in Psychology. “As long as I can remember, I was always interested in what made people do what they do, and was interested in hearing peoples' stories about what life was like from their perspective,” she said. While a student at Fairfield, she completed an internship at a community based organization called YWCA (Young Women's Christian Association). She worked with woman and children who were victims of, or were affected by, domestic violence. This experience gave Mrs. Olsen a sense of personal fulfillment through helping those in need. Before deciding on graduate school, she decided to work “in the field” to see if this was what she wanted to do in the future. Mrs. Olsen worked at a group home for teen girls. Some girls didn't have parents, some had criminal records, and some were dealing with drug and alcohol addiction.

After researching graduate psychology and social work programs, Mrs. Olsen decided to attend the School of Social Work at Boston University. She decided on Boston University because it had a very strong clinical program and solid placement/internship program. “I liked that I was able to practice what I was learning in class and apply it to my field placement right away,” she explained.

After completing her Masters degree, Mrs. Olsen originally thought she wanted to work in an

OLSEN CONTINUED ON PAGE 8

Out with the old, in with the new

BY THOMAS MYLIBORSKI

Rumors flew last spring when the island heard that the infamous town deli, Fedi's, was to close in just a few short months. Eventually word got out about a market from Southampton possibly interested in opening another store

in Fedi's place. Fedi's was a Shelter Island staple for over twenty years, and many town residents were upset to see a piece of Shelter Island leave. Now, close to six months after Fedi's shut down and Schmidt's opened their doors, Henry Lang is still mourning the loss of the shredded lettuce, but others are liking the “new kid on the block.”

“I like Fedi's more, it was cheaper and it had better lettuce, but Schmidt's has better coffee,” Henry conceded. High school Senior Quinn Hundgen weighed in, “I definitely favor Schmidt's, I think Schmidt's is doing really great things for the island.” When asked about his opinion on the change, Mr Miedema took the loss of Fedi's hard, but had an

insightful opinion on the change. “Although I'm nostalgic for the past, I feel Schmidt's has opened the minds and expanded the bellies of our citizens,” he commented. It seems that Shelter Islander's fears were all for naught. Schmidt's has been embraced by the community, though Fedi's will never be forgotten.

AROUND the Halls

BY
SOPHIA
STRAUSS



SHAWNA GOODY

“To pick up my grades.”



TOMMY LENZER

“To do my homework.”

For this
“Around the Halls,”
we got into the
New Year’s spirit
and I asked
students and staff
about their New
Year’s resolutions.

JULIA LABROZZI

“To get better grades.”



OLIVIA YEAMAN

“To be a better person.”



JACK KIMMELMANN

“To stop biting my nails.”

CHARLIE BINDER

“I’m going to see how
long I can keep away
from social networking.”

MACKLIN LANG

“Try to be less connected
to a screen 24/7.”

The inside scoop on Indians High School boys basketball

BY PETER KROPP

Last year, the Shelter Island junior varsity and varsity boys basketball teams each had successful seasons. Both teams have gotten notably smaller this year, and the pressure is on to perform to make up for the lack of players. Although depth may be a weakness, players have returned more skilled and experienced since the 2012-2013 season. Hopes and expectations are high for both squads, as the upcoming season looms.

The Indians junior varsity basketball team finished last season with a solid record of 5-7. It may not sound that great, but when you consider the level of the opponents that Shelter Island had to face, you soon realize it was a pretty respectable accomplishment. This year, with fresh faces, including new head coach Ian Kanarvogel, the squad of eight is looking to not only win basketball games, but to redefine the way Indians basketball is played. Coach "K," as the players call him, says that "size" (meaning the height of the players) will be a weakness, but "experience and speed" will be a major strength going into the season. He wants his team to finish "over .500," but also notes that his players should "aim as high as possible" in order to win. Kanarvogel believes that it will "take hard work" and

"the ability to work together" to make this season a successful one. Freshman forward Will Garrison agrees, saying that "we will need to know how to share the ball and play like a unit this year." Winning won't come easy, though, as Coach Kanarvogel points out, League VIII is "strong" at the junior varsity level. He thinks that the group "will have to outrun [the other teams]" and "beat [the other team's] big men" if they want a good chance of winning. Strategy aside, Coach "K"

Players have returned more skilled and experienced since the 2012-2013 season.

knows that the key aspect of the team will be "their willingness to be the best they can be." But at the end of the day, Coach Kanarvogel also knows that the only way to truly win is to "have fun playing the game."

The varsity boys basketball team is coming off a 9-7 2012-2013 season, which was topped off by a spot in the Class D championship final. In that



Senior Matthew Dunning practices a foul shot.

game, the Indians fell in a hard-fought battle to the Killer Bees of Bridgehampton. That loss still lays heavy on the hearts of the varsity players, and they want another chance at the title of Class D Champion. The team, which also has eight players, is led by returning coach Michael Mundy. He believes that his team can get to the level they did last year only if everyone "plays to their ability" and "no injuries" occur. Senior point guard Riley Willumsen thinks they can "get much farther" than last year, especially if the team improves "in the fourth quarter." Even though last year the Indians were better conditioned than a lot of other teams around the league, they still lost some games to those teams.

Coach Mundy thinks it was because the other teams were "better skilled and experienced." Willumsen agrees, stating that the team's "skills weren't what they should've been." That isn't a problem now, as Mundy explains, a strength of the squad is "ball-handling." He wants good "work ethic, hustle, and dedication" from each and every one of his players, and if they give him that, "they should be in every game." Willumsen is looking forward to "winning" and "seeing all the fans at the games." So, come on up to the Shelter Island School gymnasium and cheer on Indians junior varsity and varsity boys basketball this year. All the players, coaches, and parents appreciate your support.

High hopes (and ponytails) for a new squad

BY OLIVIA GARRISON

Bouncy skirts, ponytails, big bows, pom-poms, strength, spirit, cheer! First presented as a sport in America in 1997, no basketball (or football) team today is complete without a

group of cheerleaders on the side working to root them on and rile up the crowd.

This year, being led and organized by Coach Katherine Garrison, basket-

ball game crowds can expect to witness all of these things on game day, and more.

As Walter Scott once said, "Each age has deemed the new-born year the fittest time for festal cheer." This is definitely the case for the cheerleading squad of 2013-14. Coach Garrison's catchphrase during practice is "louder and faster", encouraging the girls to make the cheers more fast-paced and lively, and in general more exciting. With new floor and sideline cheers and a fresh halftime dance, the stands can expect to see an entirely new squad- with spirit bows and ponytails bouncing about and pom-poms flying high.

New faces to the school are also those to the squad this year, with Zoey Bolton, Domily Gil, and Emily Hyatt finding their spot on the floor and shining. A handful of senior girls as well, who in the past have either played basketball or not partaken in a winter sport, have found their way to the squad this year, jumping and shouting to rowdy their varsity-level classmates.

Among the squad are also three enthusiastic senior girls, Brianna Kimmelman, Libby Liszanckie, and

Taylor Sherman, who have been a part of the squad now for all four years of high-school, and who are the group's squad-leaders for this year. All members of the squad, both old and new, will definitely be able to look to these girls for guidance, something these seniors can offer.

With this fresh and revolutionized team, coach, cheers, and attitude, the Shelter Island cheerleaders are looking to stand out this year and make a name for themselves. With them pumping up the crowd and encouraging the boys, hopefully they can help the basketball team to reach new heights, and completely and positively alter Shelter Island cheerleading for years to come.



PHOTO BY KATHY LYNCH

This year's cheerleading squad ready to spread some spirit.



A new beginning

BY TRISTAN WISSEMAN

After years of dominating the varsity level, coach Peter Miedema has a new obstacle at hand with almost all new, fresh faces. One big difference about this season is there is only one high school team, and that team is playing at a junior varsity level for the 2013-2014 season. With three sophomores returning from last year's varsity season, coach Miedema hopes to have a successful, winning season.

When asked about not having a varsity team, coach Miedema described it as "a little disappointing, but necessary." This is the first time in quite some time that the schedule is "age appropriate," as across the league the majority of teams will be composed of underclassmen. In past years, young freshmen and

sophomores were needed on the varsity team in order to have a team at all. Three girls who faced that task were sophomores Serina Kaasik, Margaret Michalak, and Kenna McCarthy. All three played important roles last year on the varsity team, while playing with numerous upperclassmen. Now, they are the team leaders, along with seniors Meme Lawrence and Keri Ann Mahoney. With these players, coach Miedema hopes to have a good "inside-outside" presence while on the court. And, with a lot of girls having their first taste of high



school basketball this year, he also hopes for the older girls to show mature leadership qualities to help the team grow as a cohesive unit as the season goes on.

The goal for this team goes much further than basketball. Coach Miedema hopes that the level of improvement by the end of the season is obvious. He also hopes that the attitudes and confidence-levels of the players improve. These improvements "cannot be calculated in wins and losses," he said. Of course he wants his team to have a winning season, but knowing that the girls gave it their all and that they have a sense of accomplishment is much more valuable at the end of the day to this concerned coach.

Transitions

BY ZOIEY BOLTON

Moving is a big deal. Trust me when I say that leaving a place you call home, where all is familiar, and expectations are not a mystery, brings anxiety. I know because I moved from Florida to Shelter Island over the summer. Sophomore Zach Renault made a move to the island from Islip in June, and luckily the students, faculty and staff, and people from around the Shelter Island community have welcomed him with open arms.

Shelter Island High doesn't get new students very often, and if we do, they don't stay "new" for very long. Zach learned this quickly, as students craned their necks to get a look at "the new guy" the first week of school. Despite the possibly intimidating curiosity, Zach has found his classmates "welcoming and friendly." Coming from Islip High School, many times larger than Shelter Island School, Zach appreciates his new small school. He shared, "classes are much easier when you get more individualized attention" and "though some things are more challenging, the experience is just great." He also loves that "science is more hands on" and he feels he can learn "more effectively in all of his classes" here. The smaller academic setting has been a positive shift for Zach.

As for the island lifestyle, Zach says, "It's nice to live on an island. You know everyone. It's like we are one big family." This is a much different feel than where Zach came from and he is enjoying the community closeness.

Although moving is always a challenge, both Zach and I share the feeling that moving to Shelter Island must be easier than most. Everyone inside and outside of the school community has worked hard to welcome us and it has made all of the difference.

SPEECHES

CONTINUED FROM PAGE 5

Tom finds solace in his daily routine at Picozzi's. He arrives in the morning, at 7:15, works the computers, and finishes at 11:30am. "Picozzi's keeps me grounded. It was just the complete opposite of my career in New York." When asked why he continues to dress so nicely, even when working at the gas station, Tom replied, "Larry Kudlow got me a job because I was so well-dressed. I believe dressing well does not take that much effort. I like dressing this way. This is what I have been taught my whole life."

Tom understood at an early age that dressing well will get you noticed. This was validated early on in his career when Larry Kudlow opened doors for him professionally after being impressed by his attire. This lesson was validated once again when we came knocking to get the story on "that guy at Picozzi's who dresses so well." Tom's wardrobe is eye-catching, and more Islanders could take a page from his fashion book, but that isn't the true story here. Tom was personally changed by 9/11. If not for his trip, he would have been in Tower One. September 11, 2001 changed him. It shaped his life, it brought him home...

Haley Sulahian or Little Miss Sunshine?

BY OLIVIA GARRISON AND CAITY MULCAHY

"You're never fully dressed without a smile." Haley Sulahian, a well-loved junior at SIHS, puts Annie to shame with her willingness to smile when faced with even the hardest of obstacles. Having recently returned home after lengthy hospital and rehabilitation center stays for a multitude of rigorous surgeries in September, Haley has never lost her positivity and the shine that makes her so beloved in our community.

Fighting through surgeries that even most adults would find difficult to endure, Haley Sulahian has kept a brave face for the past two months. In the last year, Haley had been finding her life increasingly difficult, as it was constantly being interrupted on a daily basis by upsetting and potentially dangerous seizures. As time went on, these seizures seemed to be growing more intense in long-term effects and frequency. Along with her doctors and parents, Haley finally decided that something had to be done. Her first invasive brain surgery was on September 4th at New York Presbyterian Hospital. This procedure was meant to detect the spot in her brain where these seizures were originating and stop them for good, but it was not enough. Haley was attached to

electrodes and when she awoke, she was lying in an EEG, where she was forced to remain until the electrodes picked up enough information to detect the source of the problem. However, even after this surgery, Haley continued to have these awful seizures. On September 11th, Haley went through a second brain surgery. From the first procedure, Haley's doctors knew exactly what part of her brain was giving her all of the trouble, and with this second procedure, that part of her brain was taken out. All of her problems were over now, right? Not even close. In typical Haley nonchalance, she described her hospital stay as "not fun." If given the chance, knowing the effects of her surgeries now, Haley says, "I wouldn't have done it again."

After Haley's second surgery, she was not able to talk or move at all. All of the hours and hours of hard work and effort she had put into being so mobile had been thrown down the drain. During this time, as anyone would, Haley felt herself losing steam. "It was frustrating because I couldn't talk or even move and had to relearn everything." Haley's entire life had been a giant step forward, and with two surgeries, all within

a week of one another, she had taken two even bigger steps back. Everything she had progressed to had to be reobtained.

On September 14, three days after her last brain surgery, Haley was sent to extensive rehabilitation at Blythesdale in upstate New York. Everyday, Haley had to endure hours of physical and occupational therapy, and also had to be retaught how to speak, feed herself, and drive her wheelchair. With each session, she made huge improvements. However her seizures have not yet stopped. Although much less frequent, they are still a weekly ordeal. "It didn't totally stop my seizures. I still have them, so I get depressed sometimes," Haley shared.

When asked how she is doing now, Haley responded with a grin, a nod of her head, and a simple reply of "good." It was so simple, but carried so much weight. Haley still has seizures from time to time, but they are not nearly as bad as they were a few months back. She has physical therapy three to four times a week, and her goal is to gain more strength and independence. With Haley's spirit and motivation, there is no doubt she will be walking our hallways again soon.

OLSEN

CONTINUED FROM PAGE 5

office setting, but after completing an internship at B.U., in which she was placed in a school, she realized she loved it, because, "I enjoyed working with kids and appreciate their honesty and innocence." She added, "I have a chance to teach them tools to help them cope with their situations or to be another adult in their lives that cares." For the younger students, Mrs. Olsen teaches things like social skills, such as making friends and having empathy. Mrs. Olsen likes the opportunity to work with students who may not otherwise have access to the help a social worker can give.

After graduate school, Mrs. Olsen made her way to Southold. And after working in Riverhead, and then being home with her children for a bit, we are now fortunate to have Mrs. Olsen here on Shelter Island! Mrs. Olsen's office is slowly becoming a warm and inviting space where students can talk about their concerns and/or issues in confidentiality. I found

it very easy and relaxing to be with Mrs. Olsen for our interview. She is approachable, kind, and very interested in learning about students' perspectives on the school and seeing how she can make a difference. As with any job, there are challenges. One challenge a social worker might face is the inability to influence a student's home environment and their beliefs. Mrs. Olsen feels it's her responsibility to support students individually, or in groups in a calm and comfortable way. She encourages students to walk in freely or schedule an appointment. Mrs. Olsen is available everyday from 9:15 to 1:15. Her office is next to Dr. Dibble's. She and Dr. Dibble have different positions in the school, but both work to support the psychological and emotional needs of all students.

So, next time you see Mrs. Olsen smiling at you as you pass by, smile back and know that she is there if you need her!

Everything went at this year's 'Anything Goes'

BY AMIRA LAWRENCE AND NICOLETTE FRASCO

Late night talk shows, parody newscasts, "Dora the Explorer," and candy tossing were just some of the many shenanigans witnessed at the annual S.I.H.S event, "Anything Goes." For those unfamiliar with this event, grades 9-12 battle each other through events like relay races, dodgeball, and of course, the skit. Each class must come up with a script, costumes, and a banner that goes with their performance. You may be asking yourself, "how is this event beneficial to the school or the students

in any way?" Each class brings in canned goods, and the class with the most goods is rewarded with points added to their final score. It also bonds classes together and instills school spirit.

On Friday, November 1st, students could be seen eagerly waiting to present their skits, while the judges watched carefully. Each class had only 10 minutes to perform their skit. The classes costumes and banners are kept a secret, making the performances a surprise. Later on, besides performing their skits,

there were many challenges for students to complete such as: the mummy wrap, pie and saltine eating contests, dodgeball, and more. Afterwards, four teacher-judges announced the winners, based on points earned throughout the contests. For the end results, the seniors received first place, sophomores second, and juniors and freshmen tied for third place. "Anything Goes" was a huge success. The event has become a wonderful S.I.H.S tradition and it looks like it will be continued for many years to come.

An unforgettable experience at Bay Street Theater

BY NICOLETTE FRASCO

Thanks to the Shelter Island Educational Foundation, 8th and 9th graders recently had the privilege to attend "The Diary of Anne Frank" at Bay Street Theatre in Sag Harbor. Students got the chance to witness first hand the remarkable story of eight citizens hidden away in an annex for over 2 years, hiding from the Nazis. The play was a famous rendition of Anne's famous red diary written by Frances Goodrich and Albert Hackett. Due to Bay Street's unique layout, students got to experience the play up close and personal while sitting in front row seats. The setting was the same throughout the play, located in the cramped upstairs annex of Mr. Otto Frank's business building. The annex held 8 people at its most- the Franks (Otto, Edith, Margot, and Anne), The Van Pels, their son Peter, and Dr. Fritz Pfeffer. Bay Street did a wonderful job of allowing the students to get an inside look at the 8 citizens' daily hardships.

Arguably the best part of the trip was being able to speak with and listen to a Holocaust survivor following the play. Werner Reich's overall point was not his own suffering or those of the other 12 million people killed, it was that these events occurred because "the good people did nothing." He also shared his compelling personal story and hardships. One interesting point was the fact that he and Peter Van Pel were in the same camp and quite possibly could've walked next to one another in the march Peter is believed to have perished during.

Later, students began asking questions. A question that hit close to home was asked by 9th grader Evi Kaasik who asked, "What got you through the whole ordeal?" Mr. Reich answered this question by sharing that, much like us, he was a teenager at the time and he believed nothing could get to him. This being a popular feeling amongst most teenagers allowed us to have a connection with Mr. Reich. After questions, students were allowed to take pictures with Mr. Reich who happened to be quite a charming and funny guy on and off the stage. This was undoubtedly an experience students will treasure for years to come.

Orlando Bloom and Condola Rashad in "Romeo and Juliet" at the Richard Rodgers Theatre.

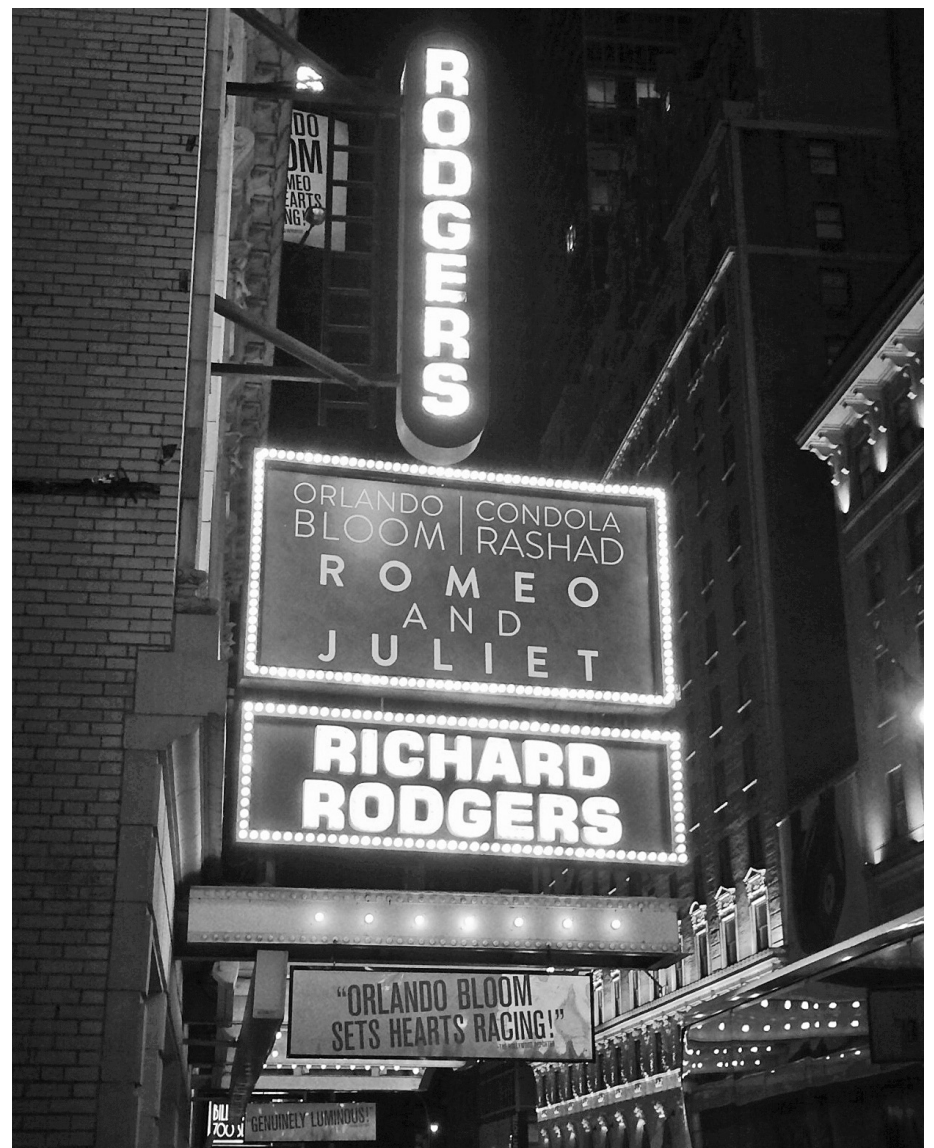


PHOTO BY KELLY COLLIGAN

Orlando steals the show

BY NICOLETTE FRASCO

Freshmen and sophomore girls recently squealed in delight at the sight of Orlando Bloom in Broadway's recent production of Romeo and Juliet. And although Orlando shirtless might have stolen the show for some, that wasn't nearly all the production had to offer. This version of the play was set in a modern urban setting with a Nubian vibe. Romeo's love, Juliet, was played by African American actress Condola Rashad. This casting choice made for an interesting contrast between the Montagues and Capulets, although race was not an acknowledged part of the feud.

Stage sets and costumes were minimalist and modern. After Romeo roared onto stage on a custom-built motorcycle, we knew we were in for an exciting show. Thanks to the chemistry between Bloom and Rashad (now rumored to be a real life couple!) and the innovative use of fire and percussion instruments, this version of Shakespeare's classic tragedy felt fresh, yet timeless. Shelter Island School sophomores and freshmen have the deepest appreciation to the S.I. Educational Foundation for funding this trip and to Mrs. Treharne for putting in the time to plan the memorable experience.



PHOTO BY MRS. TREHARNE

Freshmen Nicolette Frasco and Evi Saunders pose with Holocaust survivor, Mr. Werner Reich.

TRENDS

Hot Apps: who's downloading what?

BY SERINA KAASIK

Evil Apples is a fun new app that is a more mature version of the popular board game, apples to apples. Sophomore Tristan Wissemann adds "It's a good way to pass time with friends."



QuizUp is a new trivia type app, where you can play against an opponent. Sophomore Kenna McCarthy recommends this saying, "it really gets the brain going!"



Followers Plus is a new trendy app that can show you who "unfollowed" or "followed" you on social media sites, such as Instagram, or Twitter. Junior Cameron Clark adds, "It makes me realize when people are tired of seeing my stuff because they unfollowed me."



Heads Up is a virtual version of the board game in which you hold the phone above your head and the other players must explain what's above them without using the word that is listed. Choose from different categories, but you must answer before the time runs out! Senior Charlie Binder recommends this saying, "It's entertaining!"



Students use Chromebooks in Journalism to work on newspaper articles.

iPads vs. Chromebooks

BY JACK KIMMELMANN

The new changes from those old tablet computers to Chromebooks and iPads might have been one of the best changes in technology in our school in quite some time. With the new Google Chromebooks, secondary students can research much more efficiently, and with the new iPads, elementary students can navigate the touch screens easily and use apps during instruction. Currently, there are three sets of iPads in the elementary school, and two class sets of Chromebooks in the Humanities and MST Houses. However, I wondered when and if high schoolers would be getting more time with the iPads. As of now, Mr. Brigham's response to this is, "decisions on which type of devices to purchase will come as a result of discussions with teachers and students, as to which devices they find most useful, as well as cost effective."

Mr. Brigham explained, "While both devices provide excellent research capabilities, the Chromebooks provide high school students with quicker input and manipulation for both text and mathematical data," which high school students do more of, while iPads "offer low cost apps" particularly useful to younger kids. He did explain, though, that there will be more electronic devices added to the school in the future, he's just not sure what kind, but he does think that "the more time students get to use electronics, the more they will benefit from them."

With all of this technology, I was curious whether kids would be distracted and try to play games, rather than work. Mr. Brigham tries his best to limit all possible distractions, however, and "makes sure students stay focused on their work." As for which device Mr. Brigham prefers, the iPad or the Chromebook, he would only say, he likes them equally, because they appeal to the strengths and weaknesses of different students. We are lucky to have the technology we do here at S.I. School. Whether students are currently working with iPads or a Chromebooks, they are getting to experience a teaching and learning tool that will ensure they are technologically savvy.

Hot Books

BY CAITY MULCAHY

The Ocean at the End of the Lane by Neil Gaiman • Neil Gaiman continues to astound his readers in his latest novel about a middle aged man returning to his childhood home in Sussex, England and remembering the young girl that lived at the farmhouse at the end of the lane. While sitting by the lake behind the farmhouse that Lettie Hempstock, (the girl who had lived in the house,) the nameless narrator is forced to revisit a shocking childhood and innocence long since lost. Surprising nostalgic and poetic, Gaiman impresses both fans and critics alike with his novel about about sacrifice and remembrance. Anyone who's looking for a book with some extra "oomph" to it would definitely find that in The Ocean at the End of the Lane.

Mind Games by Kiersten White • The story of twin sisters, Mind Games is tells the tale of Fia and Annie. Fia was born with a gut instinct that is always right, making her perfect for making decisions. However, her twin sister Annie is blind and can't see anything... except the future. With alternating point of views from the two sisters, one can experience the novel through both Fia and Annie's eyes as they go to a school made to train them in their powers...not always for the best reasons.

Eleanor & Park by Rainbow Rowell • A classic romantic young adult novel, Eleanor & Park is an extremely popular novel by new writer Rainbow Rowell. The story of two misfits in the year 1986 clicking and becoming friends and then more, Eleanor & Park is the kind of novel that every teenager needs to experience at least once. The tale of first love and how it may not last, but it definitely feels like it will, Eleanor & Park is quickly becoming a must-read novel among teenagers.

Hot Movies

BY CONNOR CORBETT

"Lone Survivor" is a movie based on a non-fiction book written by Marcus Luttrell. Starring Taylor Kitsch, Mark Wahlberg, Ben Foster, and Emile Hirsch as four Navy SEALs on a mission to neutralize key figures in the Taliban, when they are ambushed by enemy forces in Afghanistan. This action/suspense/adventure comes out in theaters on Friday January 10, 2014. If you have an interest in the secretive life and operations of Navy SEALs and look for fast-paced, edge-of-your-seat-action, this is a must-see.

The newest incarnation of **"Frankenstein"** stars actor Aaron Eckhart as Adam. The film fast-forwards 200 years from the original Frankenstein novel and tells the tale of Frankenstein's monster, which is still wandering the Earth 200 years later. However, when a war over the fate of mankind begins, Adam discovers that he holds the key that could destroy humanity. If you are a Frankenstein fan, this new twist on a classic is for you.

"Big Bad Wolves" is coming out on Friday, January 17. After a string of brutal murders, three men meet. One is a father of the latest victim out for revenge, the other a vigilante cop after the murderer, and the third is the main suspect of the case, who is a religious studies teacher recently arrested and released by the police due to a blunder made by the cops. How does this trio proceeds and the mystery unfolds is what will entice viewers.

Teacher, coach, friend: Mr. Brian Becker

BY PETER KROFF

He's been teaching and coaching all of us since we were five and continues to do so. But how much do we really know about Mr. Becker and his life outside of school?

Brian Becker has taught and coached at Shelter Island School for just about fifteen years now. (For all of you who need a clearer explanation of how long ago that was, when he started here there were no iPods!) It seems like he has been at our school forever, but as with all of our teachers, sometimes we forget that they had pasts and were once kids too.

Mr. Becker grew up in Wading River, and attended Riverhead schools. He liked the fact that he went to a "large school" because it provided him with "opportunity and diversity" that can be hard to find at smaller schools. As a child, Coach Becker loved model airplanes and rockets, playing the trombone, and participating in sports. He ran track and cross-country and then started playing football in high school.

After high school, Mr. Becker pursued physical therapy in college, but "switched to physical education" for his "love of athletics." He went to Brentwood to teach, but came to Shelter Island shortly thereafter because the idea of a "K-12 school" was "enticing." The commute was also easier from his home in Riverhead. Coach Becker has taught physical education to kindergartners, seniors, and everyone in between. He has taught middle and high school health, as well as exercise and physiology. As a coach, Mr. Becker has held the clipboard for track, cross-country, and pretty much every level of girls and boys volleyball and basketball.

He believes the hardest part of being a physical education teacher is "motivating the students to love athletics as much as I do." Coach Becker also thinks that one advantage of Shelter Island is "everyone feeling like a community," while a disadvan-

tage would be the "lack of opportunity" open to the kids on the island.

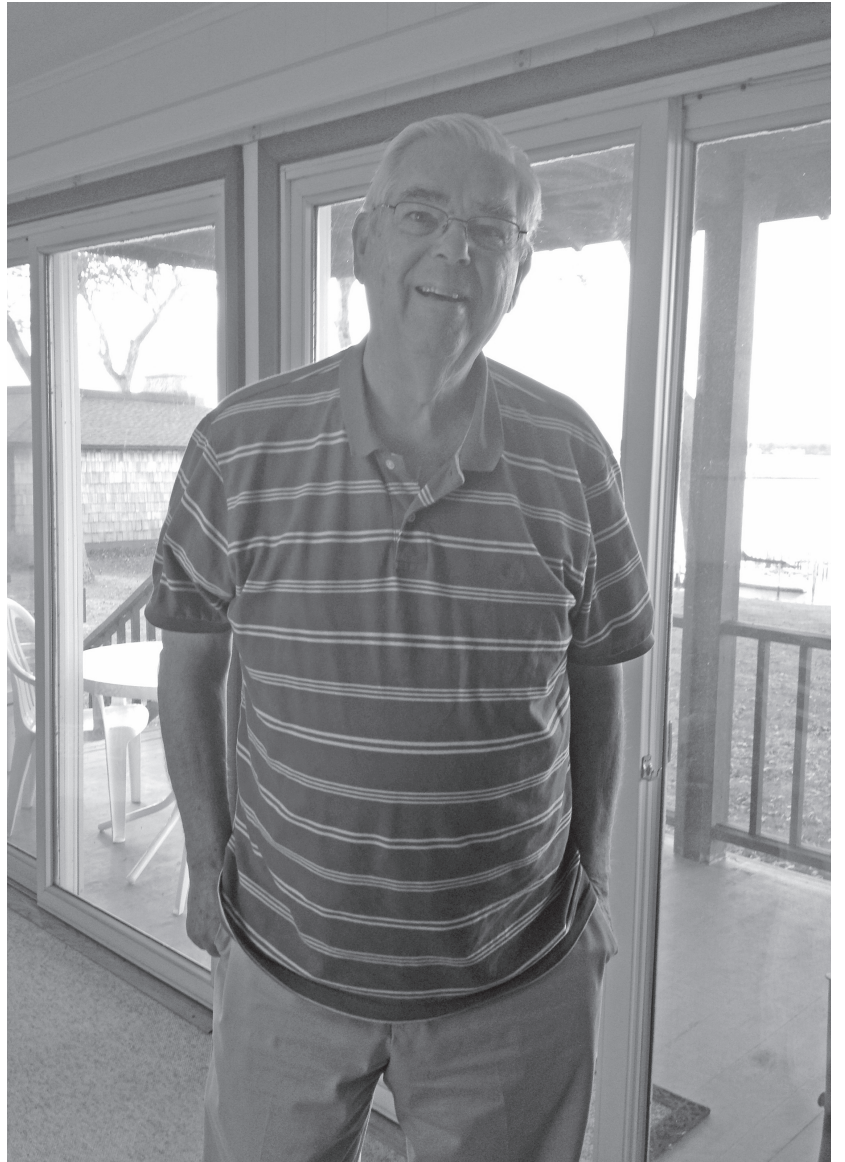
Mr. Becker might teach and coach countless things, but he has another important job: being a parent. He has four boys and says that his job does not interfere with his parenting because both the boys and he "have the same schedules." The only problem is that he might miss some of "their educational activities," such as school projects and field trips.

Not only does Coach Becker talk the talk about exercise, but he can also walk the walk. He has won six out of seven weightlifting competi-



tions in his class/division. That he has kids at home, a job at our school, and other coaching duties, really shows that he doesn't have all the time in the world to train, making this accomplishment even more impressive.

Whether you are having a stressful day or a great one, Brian Becker's booming voice and sense of humor will always put a smile on your face. Everyone will agree that it is good news to hear that when asked about his future, Mr. Becker responded that his plan is "To keep doing what I'm doing."



Mr. Monaghan: the #1 fan

BY SERINA KAASIK

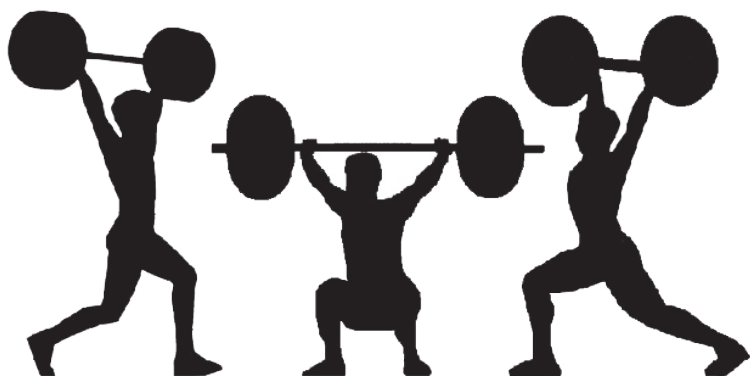
If you ask any member of the boys basketball team who their number one fan is, most of them would probably answer, Mr. Monaghan. John ("Jack") Monaghan is a well-known and well-loved community member on Shelter Island. Almost everyone knows who he is, or at least has seen him cheering at most sporting events, but have you ever wondered why he's such a dedicated fan?

Born in Forest Hills Queens, Mr. Monaghan was best known as a kid for playing sports and being involved in the theater. Throughout Mr. Monaghan's life, he has been a part of many different projects. He taught English at a few different high schools, coached both football and basketball, starred in a few plays, and also directed some. He wrote for NBC, and was also part of an Irish theatre group for about 15 years.

Mr. Monaghan's first experience on the island was not what he expected. At the time, he didn't think living on a small island with very few people would be ideal for him.

When his friend was having a party on SI, he was obligated to come, and by the end of the night, he was looking for houses to buy. Once he moved out here, Monaghan explains, "It was the best move I've ever made". Since that move, Mr. Monaghan has become a positive role model, and dear friend to most of the students and community members on Shelter Island. When asked how he felt about being seen as such an "icon" to so many, he explained how he loves being involved with the students. "I'm so impressed with the kids here". He then went on explaining how he loved the theatre and sports growing up, so being able to be a part of them on Shelter Island now, is a very special opportunity.

Almost everyone knows who Mr. Monaghan is. To most of us, he is a dear friend or even a role model. His positive outlook on life and the energy he brings to a crowd is contagious. If you haven't had the time to get to know Mr. Monaghan, I suggest you do. I promise you, you won't regret it.





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Jenny Case & Emily Walsh

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Student Revolution By: Tommy Card

Welcome to the world of education.
You are a detainee, captive by state,
here you will be sentenced to 13 years!

"Sit down, heads up, mouths closed, eyes open!
Today's lesson: natural rights"

They teach rights as if lessons were learned,
yet they fail to see the treatment of you and me;
we are a product of a design.
You paint us red, [so we'll] fit right in
just a percent,
an interchangeable part,
no more than a segment.
You keep us speechless and lifeless,
but we are not hopeless.

We are not parts,
we are not numbers.
We are here to set ourselves apart,
to make ourselves stronger.

This is no jail,
we are not your prisoners.
I shouldn't need permission to pee.
We are human, no less than you.
We slave away, while you make pay.
[We] are checking out of the prison bus

Welcome to the new age
where life is more than school.
We meet your ideals
as long as you meet them, too.
We request the same as you.

All italic lines inspired by
Radioactive by Imagine Dragons

Forgive & Forget By: Aterahme Lawrence

I was always told to forgive and forget,
but it was all a lie
why should I forgive someone like them?
They took so many whom we loved.

They don't even deserve to be forgiven.
It's what they did and how they did it.
They took matters into their own hands.
Snatching angels from us.

We didn't know what was happening
of why it happened to us, but they did
they had a "reason" to do what they did.
And they had an opportunity.

The wings glided through the sky,
taking too many wrong turns.
Why?
How?

That was all it took.
To break down a person, a family, a nation.
But at the same time to bring us together.

I can never forgive them
and I will never forget it,
just like I will never forget them.
Forgiveness, is earned or better yet,
deserved. And they only deserve what
they got. Nothing.

