

## **Shelter Island UFSD Testing for COVID-19**

Students and staff with symptoms of illness should not attend school. It is recommended that individuals and/or families consult their medical provider to determine if COVID-19 testing is warranted. Students who are sent home as symptomatic may not return to school without a doctor's note and being symptom free for 24 hours.

COVID - 19 symptoms can be fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting or diarrhea.

Students or employees will be immediately placed at home for at least 10 days if they test positive for COVID-19. School staff will assist the local health department in contact tracing efforts by providing a list of probable close contacts (defined as being within 6 feet of the infected student for at least 10 minutes). The identification of close contacts (Contact Tracing) will begin 48 hours before the student became symptomatic, or 48 hours before the student was tested for the COVID-19 virus if asymptomatic. Identified close contacts should also remain at home for 14 days of quarantine from the date of last exposure to the infected student.

All who test positive are monitored daily by SCDHS contact tracing staff and will receive a letter from SCDHS confirming release from isolation.

Shelter Island UFSD families, staff and faculty who are experiencing COVID-19 symptoms can visit their own physician or be tested locally at:

**Dr. Potter's Office on Wednesday's with a virtual visit and appointment.  
631-749-9140**

**Stonybrook Southampton Hospital with an appointment (online or phone) on any day.  
<https://outlook.office365.com/owa/calendar/SHlab@stonybrookmedicine.edu/bookings/>  
631-726-8200**

Suffolk County has a comprehensive network of family health centers that serve the uninsured and underinsured. Information can be found at:  
<https://suffolkcountyny.gov/Departments/Health-Services/Patient-Care/Health-Centers>.

In addition, COVID-19 testing sites can be found at:  
<https://coronavirus.health.ny.gov/find-test-site-near-you>