



February 2025

Middle SCHOOL BREAKFAST MENU

Daily Additional Options:

- Assorted WG Cereals
- Assorted WG Pop Tarts
- Low-fat Yogurt
- Breakfast Sandwich on WG Bagel:
 - Egg & Cheese
 - Egg, Chicken Sausage & Cheese
- Fresh Fruit and Juice

WG = Whole Grain

Please advise your school nurse of any Food Allergies

For any questions or concerns, contact the Aramark Food Service office at 856-424-2316

*** Menus are subject to change based on product availability**

MON	TUES	WED	THURS	FRI
31				
<i>Meal Applications can be filled out anytime during the school year visit www.Chcl.org</i> <i>Breakfast \$2.00 Lunch \$3.25</i>				
3	4	5	6	7
Mini Confetti Pancakes	Maple Madness Waffle	Apple Cinnamon Muffin	Strawberry Cream Cheese Frudel	Blueberry Waffle
Week 3				
10	11	12	13	14
Trix French Toast	Blueberry Breakfast Bread	Apple Cinnamon Muffin	French Toast Sticks	Egg & Turkey Sausage Burrito
Week 4				
17	18	19	20	21
School Closed	Dutch Waffle	Maple Madness Waffle	Banana Breakfast Bread	French Toast Sticks
Week 5				
24	25	26	27	28
Cinnamon Toast Crunch Breakfast Pocket	Strawberry Cream Cheese Frudel	Egg & Turkey Sausage Burrito	Mini Confetti Pancakes	Cinnamon Cream Cheese Frudel
Week 1				
Week 2				



This menu ensures students receive a balanced meal from all the major food groups: Dairy, Grain, Fruit, Vegetables, and Protein. It offers a variety of high-quality ingredients and flavors, eliminates added trans fats, and limits sugars and sodium. The menu also features brand-name foods that are specifically formulated for k-12 student nutrition, including whole grain rich bread and grain products for added fiber and other essential nutrients.