



NYS Apples  
NYS Carrots

# February

## 2025 6-12



# Lunch

## Southwestern MS/HS



Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Tender Wrap	4 Meatball Sub	5 Chicken Fajita	6 Macaroni & Cheese	7 Nacho Grande <div style="border: 1px solid red; padding: 2px; display: inline-block;">Superbowl Tailgate Party</div>
Mixed Vegetables 1/2c Fresh Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	BBQ Baked Beans 1/2c Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1C Romaine Lettuce=1/2c NYS Potatoes w/ Onion 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Carrot Sticks=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
10 Chicken Patty on WG Bun	11 Chicken Alfredo	12 Grilled Cheese	13 Combo Basket	14 Happy Valentine's Day!! Chicken Nuggets and Seasoned Pasta **Be Mine Sidekick**
Peas 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Baked Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Beans 1/2c Fresh Celery Sticks 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Mixed Vegetables 1/2c NYS Carrots 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
17  No Classes	18  MID WINTER Break	19  Break	20  Break	21  Feb 18-21
24 Deluxe Burger On WG Bun	25 Teriyaki Chicken Bowl	26 Chicken Patty on WG Bun	27 Chicken Alfredo	28 Sweet & Sour Meatballs w/ Rice
Steamed Carrots 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Baked Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Peas 1/2c Fresh Baby Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Zucchini Squash 1/2c NYS Beets 1/2c 1/2c Fresh or Prepared Fruit Milk-8oz	1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz

**NYS LOCAL FOODS**  
\*Upstate Farms  
Milk, Yogurt, Sour Cream  
Eden Valley Growers  
Assorted Varieties of Apples  
Eden Valley Growers  
Assorted Fruits & Vegetables  
used in Meal Program  
highlighted in green

Available Daily  
Salad Bar or Premade Salad  
Hamburger/Cheeseburger  
Premade Subs & Wraps  
PBJ  
Pizza M,W, Fri  
Tacos Tue/Thurs

**On call substitute positions available in the Bemus Point, Panama, and Southwestern Cafeterias.**  
Call 716- 664-6940 for more information.

Offered daily with all School Lunches:  
Fresh or Prepared Fruit  
(Must take 1/2 cup of Fruit or Vegetable - may take up to 1 cup)  
NYS State 8oz 1% or Skim White Milk  
Fat Free Chocolate Milk



If your son/daughter has a particular food allergy, please contact the food service office @ spaden@swesk12.org