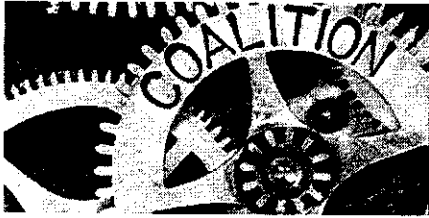


# **The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum**

Thursday, October 3, 2019

**Thank You to Our Partners:**





# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

## Welcome

### NFCBH Coalition Board of Directors

Dr. Anne Smith, Chair

Mr. Denis Noncarrow, Southold Town

Ms. Tricia Desiderio, Mattituck Cutchogue School District

Dr. Lisa Simonetti, Southold School District

Ms. Eileen Manitta, Riverhead School District

Ms. Jillian Ruroede, Greenport School District

Ms. Jennifer Rylott, Shelter Island School District

Ms. Amy Bennett, Oysterponds School District

Ms. Susan Wilner, Stony Brook University Hospital

Dr. Jeffery Steigman, Family Service League

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# **The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum**

**Thank to our Legislative Partners,  
Your support and leadership make our work possible.**

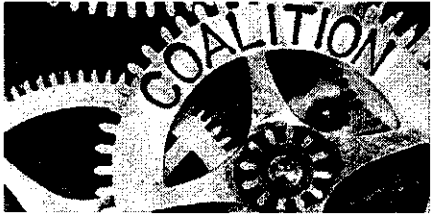
Senator Kenneth LaValle  
Senator Monica Martinez  
Assemblyman Fred Thiele  
Assemblyman Anthony Palumbo  
County Legislator Al Krupski  
Southold Town Supervisor Scott Russell  
Southold Town Deputy Supervisor William Ruland  
Riverhead Town Supervisor Laura Jens-Smith

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

## Program

8:30 - 9:10 am	Registration, Breakfast and Resource Fair
9:10 - 9:30 am	Welcome and Introductions
9:30 - 11:45 am	Presentations and Questions from the Audience
11:45 am -12:30 pm	Resource Fair and Networking

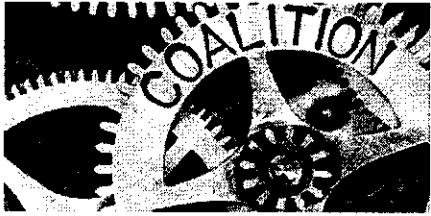
Special thanks to LI-ARC and Family Service League for sponsoring the program  
Special thanks to Grace and Grit and NOFO ROCO for donating a portion of the breakfast  
Special Thanks to Gabrielson Greenhouses of Riverhead for the flowers

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

## NYS OASAS

Target Population: All community members

Services Offered:

- **Substance Use and Abuse Services in the areas of:**

Prevention and Gambling

Treatment

Recovery Support Services

Contact Information: **NYS OASAS - (877) 8- HOPENY (846-7369) or**  
<https://www.oasas.ny.gov/>

Bed Availability Dashboard: <https://findaddictiontreatment.ny.gov/>

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

## Problem Gambling Resource Center

Target Population: adults & families

Services Offered:

- Services that assist individuals who are affected by problem and pathological gambling including family members and/or significant others.
- Provides:
  - Group and individual counseling
  - Education about
  - Orientation to and opportunity to participate in problem gambling awareness and relapse prevention
  - Self-help groups and family treatment.
- In addition, financial counseling is provided either directly or through outside referral.

Contact Information: New York Council on Problem Gambling - (516) 226-8342 or  
<https://nyproblemgamblinghelp.org/long-island/>

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

## NYS OASAS - COTI

Target Population: All community members

Services Offered: Mobile Recovery

### Centers of Treatment Innovation (COTIs)

COTIs are OASAS Treatment providers focused on engaging people in their communities by offering mobile clinical services as well linking people to other appropriate levels of care. COTIs target un/underserved areas and expand access to tele-practice, substance use treatment services, including linkage to Medication Assisted Treatment, as well as peer outreach and engagement within the community.

Contact Information: Family Service League  
(631) 656-1020

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

## NYS OASAS – New Services for Children

Target Population: under 21 and families

Services Offered: New adolescent Services

- **Children Family Treatment and Support Services (CFTSS)**
  - Other Licensed Practitioner
  - Psychosocial Rehabilitation
  - Community Psychiatric Supports and Treatment
  - Family Peer Support
  - Youth Peer Support and Training
  - Crisis Intervention State Plan

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## Riverhead and points east (North and South Forks)

Location	Outpatient Services	Phone
East Hampton	Phoenix Houses of Long Island, Inc.	631-306-5721
East Hampton	The Dunes East Hampton	631-604-5405
Hampton Bays	Catholic Charities of Rockville Centre	631-723-3362
Hampton Bays	Long Island Center for Recovery, Inc.	631-728-3100
Riverhead	Alternatives Counseling Services, Inc.	631-369-1200
Riverhead	Eastern Long Island Hospital Assoc	631-369-8966
Riverhead	Family Service League, Inc.	631-772-3215
Riverhead	Seafield Services, Inc.	631-369-7800
Southampton	Alternatives Counseling Services, Inc.	631-369-1200

Location	Community Residential Services	Phone
East Hampton	The Dunes East Hampton (16)	631-324-3446

Location	Detoxification Services	Phone
Greenport	Eastern Long Island Hospital Assoc. (10)	631-477-8877
Hampton Bays	Long Island Center for Recovery, Inc. (10)	631-728-3100

Location	Inpatient Rehabilitation Services	Phone
Greenport	Eastern Long Island Hospital Assoc. (20)	631-477-8877
Hampton Bays	Long Island Center for Recovery, Inc. (40)	631-728-3100
Westhampton Beach	Seafield Center, Inc. (100)	631-288-1122

Location	Intensive Residential Services	Phone
Wainscott	Phoenix Houses of Long Island, Inc. (45)	631-306-5700

Location	Opioid Treatment Program (1175)	Phone
Riverhead	Suffolk Co. Dept of Health Services	631-852-6280

Location	Adolescents	Phone
Riverhead	Maryhaven Center of Hope, Inc.	631-727-4044

Location	Peer Engagement	Phone
Deer Park	Easter Seals New York, Inc.	646-210-0899
West Babylon	Thomas Hope Foundation	631-333-0871

Location	Family Support Navigator	Phone
West Babylon	Thomas Hope Foundaton	631-333-0871

Location	Prevention Resource Center	Phone
Nassau/Suffolk	Family Service League PRC	631-647-3100

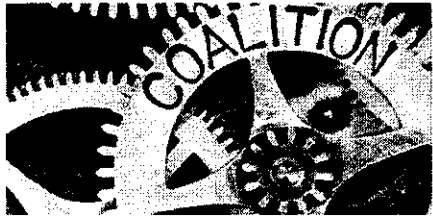
Location	Recovery Center	Phone
Hauppauge	THRIVE	516-746-0350

Location	Regional Addiction Resource Center	Phone
Nassau/Suffolk	HUGS	631-288-9505

Location	Problem Gambling	Phone
Nassau/Suffolk	Problem Gambling Resource Center	516-226-8342

Location	Shelter Plus Care Case Management	Phone
Seiden	Concern For Independent Living, Inc	631-758-0474

Location	Suffolk County Prevention	Phone
Mattituck-Cutchogue	Eastern Suffolk BOCES	631-298-8460
Riverhead	Alternatives Counseling Services, Inc.	631-283-4440
Riverhead	Riverhead Community Awareness Program	631-727-3722
Westhampton Beach	Human Understanding & Growth Services	631-288-9505



# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

## NYS Office of Mental Health

Target Population: Children and Adolescents to age 21

### Crisis Services:

- Mobile Crisis Teams
- Behavioral Health Helplines
- Home Based Crisis Intervention Services (HCBI)
- Crisis Respite

### Residential:

- Residential Treatment Facility
- Community Residences

### Clinical/Specialty:

- Mobile Integration Team (MIT)
- New/Specialty Clinics
- Intensive Day Treatment/Clinic within a school
- OnTrackNY

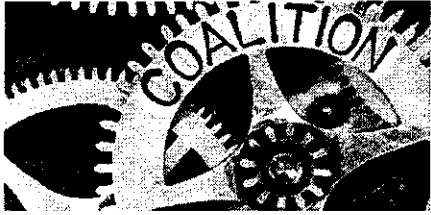
### Additional In Home Services:

- Home and Community Based Services
- Care/Case Management Services
- Children and Family Treatment and Support Services
- SSTAAY-Services, Supports, Transitions, Advocacy and Access for Youth
- Family Peer Support Services

Contact Information: Valerie Link, Mental Health Program Specialist  
Valerie.Link@omh.ny.gov (631) 761-2508

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

## Family Service League, Inc. (DASH)

Target Population: Suffolk Residents, 5 years of age and older, who struggle with mental health and substance use disorders who are in crisis

### Services Offered:

- 24/7/365 Crisis Care (90-110 Adams Avenue, Hauppauge)
- 24/7/365 Hotline (Telephone) Service-(631) 952-3333
- Mobile Crisis Services

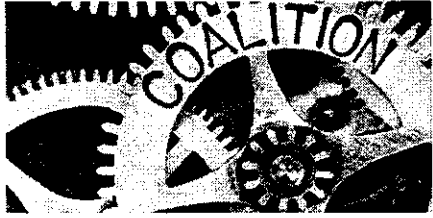
Contact Information: Melissa Coscia, LCSW  
Ph: 631.952-3333

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

## Family Service League, Inc. (DASH)

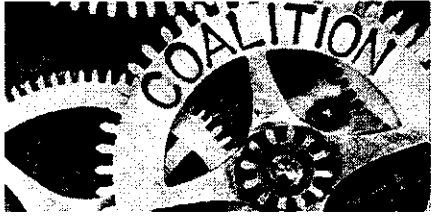
- Approximately 2,000 guests engaged at DASH since we opened-3/4/2019
- Age Distribution-69% adults, 31 % children and adolescents
- 12% of guests are transported by police
- On average, 40+ calls are fielded a day
- 40 % are referred to mobile crisis or DASH
- Over 1,000 referrals to MCT, since March-completed visits average over 100/mo.

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

## Family Service League, Inc. (FSL)

Target Population: Children, Adolescents, Families and Adults seeking behavioral health treatment

### Services Offered:

- Screening, Intake and Psychiatric Evaluations
- Med Management, Individual, Group, Family Therapy
- Care Management/Care Coordination
- Crisis Intervention

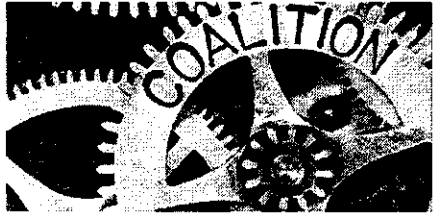
Contact Information: Vanessa Santiago, LCSW  
Ph: 631.298.8642

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## The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

- The Mattituck and RH clinics treated an average of 67 unique NFI clients per month.
- The NFI participating schools made an average of 12 new referrals per month.
- This totaled over 1,000 therapy sessions.
- The initiative is meeting the goals of improving real-time access to care (when needed), decreasing need for emergency department visits and strengthening collaborative relationships and outcomes

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## HUGS, Inc.

(Human Understanding & Growth Services, Inc)

Target Population: community members, K-12 students

Services Offered:

- Prevention & Education
- Long Island Teen Institute (LITI)
- SAFE in Sag Harbor
- Drop-In Center
- Long Island Addiction Resource Center (LI-ARC)

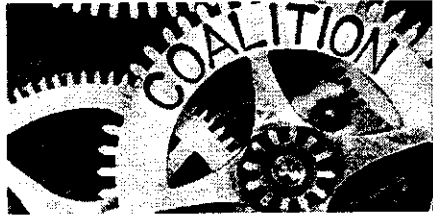
Contact Information: Kym Laube, Executive Director  
[kym@hugsinc.org](mailto:kym@hugsinc.org) or 631.288.9505

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

*Behavioral Health Services @*  **Stony Brook  
Eastern Long Island Hospital**

Target Population: Adults and Families with Substance Use Disorder(s)  
and/or Mental Health Disorder(s)

## Services Offered:

- Quannacut Detoxification Services 10 bed Adult Unit **(631) 477-5234**
- Quannacut Inpatient Rehabilitation 20 bed Adult Unit **(631) 477-8877**
- Inpatient Adult Psychiatric 23 bed Unit **(631) 477- 5268**
- Quannacut Outpatient Services

***\*\*\*New Location\*\* 905 East Main Street, Riverhead NY 11971***

**Integrated Primary Care, Substance Use Disorder Services for Adults and families, MATS  
(Medication Assisted Treatment), and Psychiatric Services.**

**Walk in hours Mondays and Fridays 9 am until 12 noon.**

**(631) 369 - 8966**

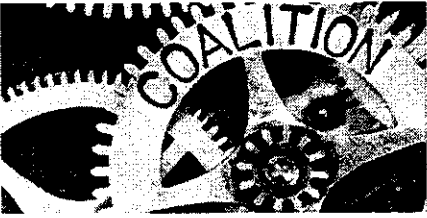
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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

## South Oaks Hospital

Target Population: We serve those who may be struggling with an acute psychiatric illness or substance related disorder. We have programs for children, adolescents, adults and seniors.

### Services Offered:

- We offer inpatient and outpatient levels of care with individualized treatment tailored to each patient's unique situation. Whether you are suffering from acute psychiatric illness, require supportive therapy or have a substance use disorder, our extensive suite of programs and services is designed to meet your needs.

Michael Dzwil, LCSW  
Manager of Business Development  
(631)766-6358 or [mdzwil@northwell.edu](mailto:mdzwil@northwell.edu)

Bradley Lewis  
Administrative Manager  
(631)608-5727 or [blewis@northwell.edu](mailto:blewis@northwell.edu)

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum



Target Population: Adolescents And Adults With Substance Use  
And Mental Health Disorders

Services Offered:

- Outreach Training Institute
- Adult and Adolescent Outpatient
- Women's Day Programs
- Veterans Programs
- Residential Programs

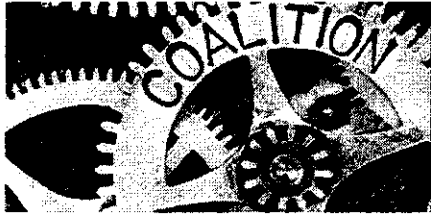
Contact Information: Raymond Vutrano, Community Support Specialist  
[raymondvutrano@opiny.org](mailto:raymondvutrano@opiny.org) or 631.231.3232

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum



**Maryhaven Center of Hope**

Catholic Health Services

At the heart of health

**PROS East**

**Personalized Recovery Oriented Services**

**Target Population:** Adults 18+ with Mental Health Concerns; Co-Occurring (Mental Illness and Alcohol/Substance Abuse); Multiple Diagnosis;

### **Services Offered:**

- \*Person-Centered Services with Flexible Schedule
- \*Mental Health Education
- \*Advocacy and Empowerment
- \*Socialization Skills Building
- \*Clinical Counseling and Therapy
- \*Medication Management
- \*Symptom Monitoring
- \*Employment Services
- \*Job Search/Interview Training
- \*On-The-Job Support
- \*Ongoing Employment Support
- \*Community Living Exploration
- \*Wellness Self-Management
- \*Basic Living Skills Training
- \*Benefits and Financial Management

**Contact Information:** Catherine Hoermann, Program Manager

[Catherine.Hoermann@chsli.org](mailto:Catherine.Hoermann@chsli.org) or 631-727-4044 X205

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum



**Maryhaven Center of Hope**  
Catholic Health Services  
At the heart of health

## Steps to Life and APG Youth Peer Support Group

**Target Population:** Adults, Adolescents and their Families; Alcohol/Substance Abuse

### **Services Offered:**

**Steps to Life** (822) Outpatient Program: *Youth-Adults ages 13+*

\*Individual and Group Therapy \*Medication Management & Education \*Assessment/Treatment Planning  
\*Crisis Intervention \*Dual Recovery groups \*Psychiatric Services

**APG Youth Peer Support Group** (SOR Grant): *Youth and Young Adults ages 16-30*

\*Community-based, family-centered program with a "Positive Peer" focus \*Peer-Run Meetings  
\*Counseling and Education (Individual/Group/Family) \*Prosocial Activities \*Multifamily Groups/Events

**Contact Information:** Robert Lynch, Program Manager

631-727-0710 X 220 (BEFORE Nov 1<sup>st</sup>) or 631-727-4044 (after Nov 1<sup>st</sup>)

[Robert.lynch@chsli.org](mailto:Robert.lynch@chsli.org)

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

**response**

Crisis Center

Target Population: Hotline and Chat offered to all, regardless of location.  
Community Education for all Suffolk County schools

## Services Offered:

- 24/7/365 Crisis Intervention and Suicide Prevention Hotline, Online Crisis Chat
- Community Information and Referrals
- Community Education and Professional Development Training

Contact Information: Lorraine Peragallo, Director of Development  
[lperagallo@responsehotline.org](mailto:lperagallo@responsehotline.org) or 631 751-7620

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

## Riverhead Community Awareness Program, Inc. (Riverhead CAP)

Target Population: Youth Residing in Riverhead Central School District

### Services Offered:

- Life Skills Training – Teen Intervene
- Volunteer Training
- School-Based Assessment, Referral, Counseling
- Coalition
- TIPS Training
- Medication Disposal Programs

Contact Information: Felicia Scocozza, LMSW, Executive Director  
(631) 727-3722 ext. 102  
[Felicia.Scocozza@RiverheadCAP.org](mailto:Felicia.Scocozza@RiverheadCAP.org)

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## Dr. Jarid Pachter

Target Population: all ages

Services Offered:

- Family Medicine
- Addiction Medicine

Contact Information:  
Southold Family Medicine  
54075 Main Road  
631-734-8742

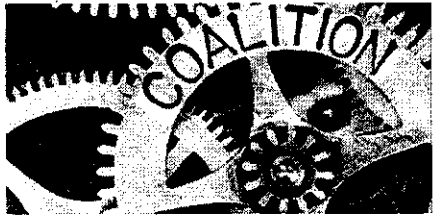
[jarid.pachter@stonybrookmedicine.edu](mailto:jarid.pachter@stonybrookmedicine.edu)

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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

## CAST - Community Action Southold Town, Inc.

Target Population: Underserved individuals and families in Southold Town

Services Offered:

- Food Pantry, Sharing Room, Benefit Application Assistance, Emergency Assistance, Food Rescue, Food Drives, Farm to Friend Program, Adult Education, ESL Classes, Workforce Development Skills, Citizenship Classes, Early Childhood Home Visiting Program, Immigration Resources, Public School Registrations, North Fork Culinary Pilot Program, Toy and School Supply Drives, Thanksgiving Dinners

Contact Information: Monica Schnee, Director of Education & Outreach;  
[mschnee@castsoutholdtown.org](mailto:mschnee@castsoutholdtown.org) or 631-477-1717

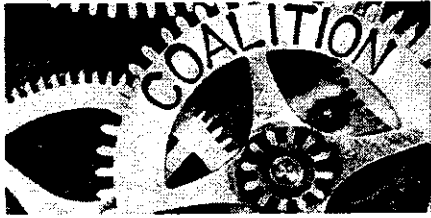
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## Resource Tables

Mattituck Mental Health & Wellness  
631.624.7839  
[mattituckmentalhealth@gmail.com](mailto:mattituckmentalhealth@gmail.com)

Peconic Bay Medical Center at  
Northwell Health Home Health Program  
631.381.5553

HRH Care Community Health Centers  
Greenport: 631.477.2678  
Riverhead: 631.574.2580  
[www.hrhcare.org](http://www.hrhcare.org)

Chrysalis Holistic Healing  
631.616.9920  
[www.chrysalisholistic.com](http://www.chrysalisholistic.com)

Long Island Prevention Resource Center  
631.650.0135  
[www.liprc.org](http://www.liprc.org)

SADD @ Mattituck Union Free School District  
631.298.8460  
[www.mufsd.com/](http://www.mufsd.com/)

New Hope Rising  
631.336.9990  
[www.newhoperisingny.org](http://www.newhoperisingny.org)

Anti-Bias Task Force – Southold Town  
631.765.5806  
[www.southoldtownny.gov/211/](http://www.southoldtownny.gov/211/)  
Anti-Bias-Task-Force---Steering-Committe

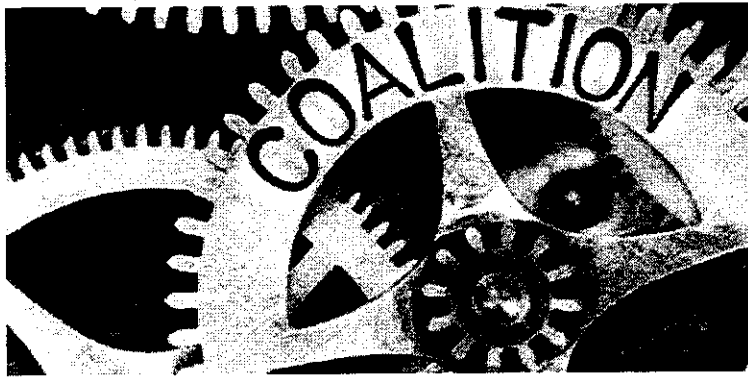
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# The North Fork Coalition for Behavioral Health: A North Fork Town Hall Forum

## Thank you so much for coming!

- Resource tables are open
- Please fill out either a paper survey or submit on EventBrite
- PowerPoint presentation will be available via e-mail

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