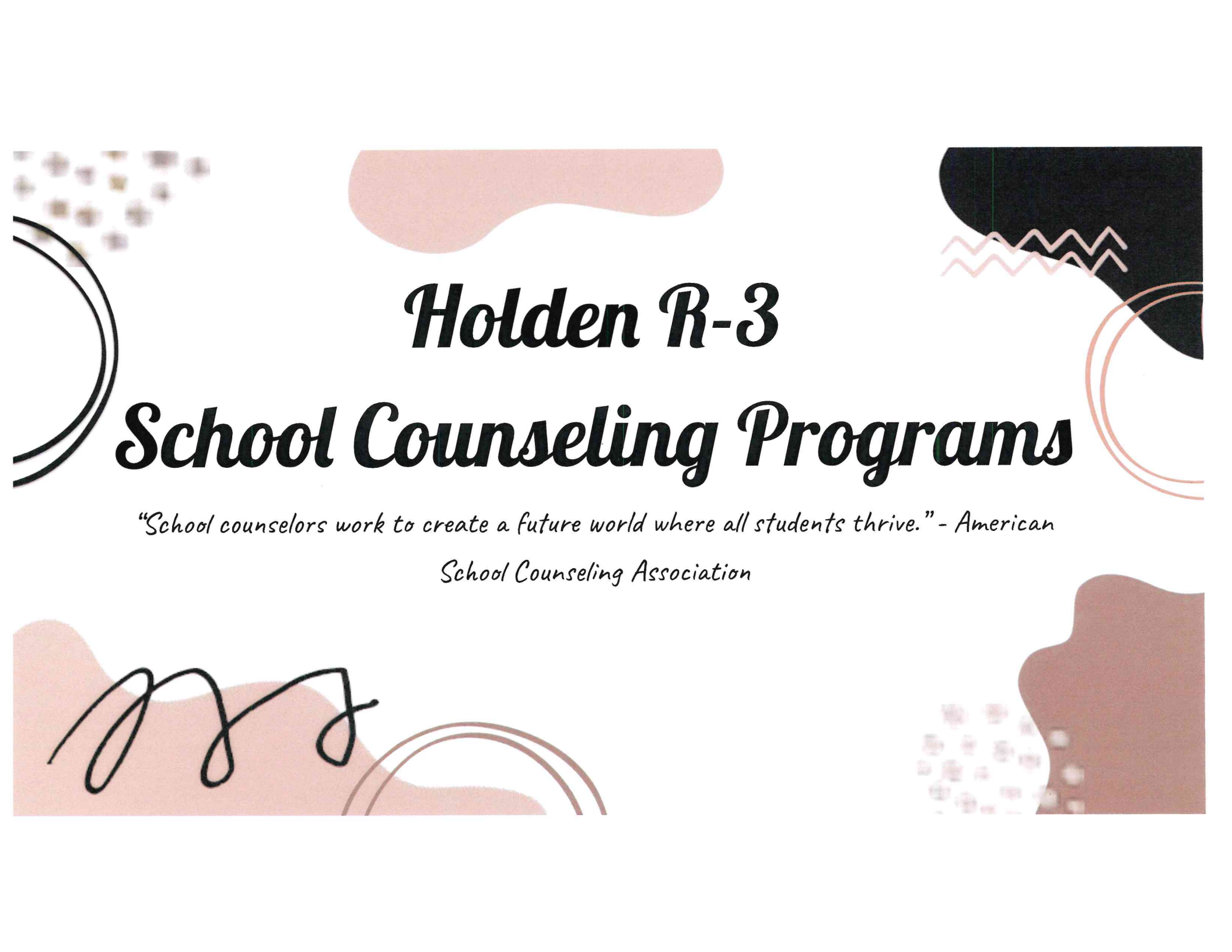




Holden R-3

School Counseling Programs

*"School counselors work to create a future world where all students thrive." - American
School Counseling Association*



Tonight's Overview

ABOUT US

UPDATES

HIGH SCHOOL

MIDDLE SCHOOL

ELEMENTARY SCHOOL

FUTURE GOALS

ell



Melissa Kackley
High School Counselor
Grades 11 and 12



Tori Florence
High School Counselor-in-training
Grades 9 and 10



Brittany Smith
High School
College & Career Advisor



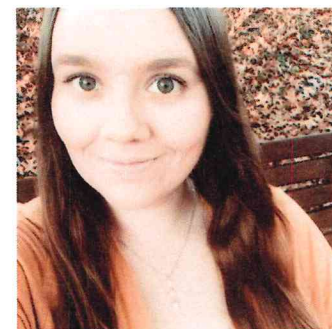
Kerri Hanneken
MS Counselor
Grade 6



Alex Hernandez
MS Counselor
Grade 7-8

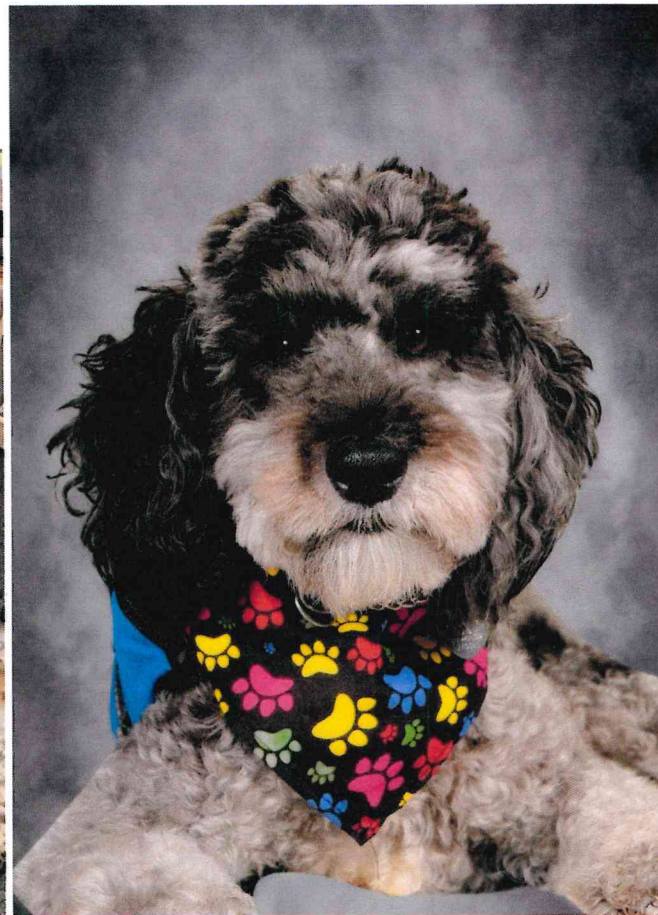


Haleigh Bryant
Elementary Counselor
Grades K, 1, and 2



Brittany Morgan
Elementary Counselor
Grades 3, 4 and 5

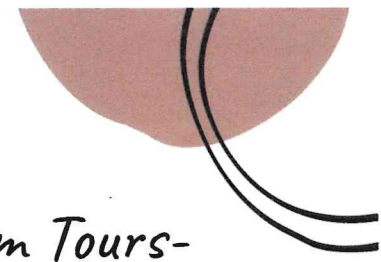
...and our professional therapy dog, Curry!



High School
Counseling Program



Academic:



-ICAPs-

- ❑ MEET WITH 1-ON-1
- ❑ WITH PLANS TO IMPLEMENT A NEW SYSTEM SPRING 2025

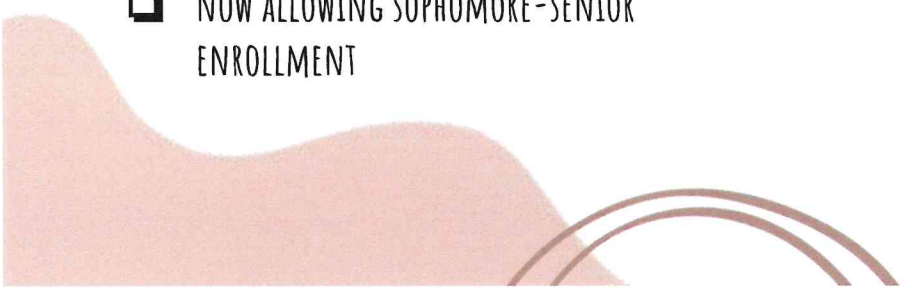
-Freshman Enrollment Night-

- ❑ PARENTS AND STUDENTS GOT AN INTRODUCTION OF HIGH SCHOOL
- ❑ GOT TO OFFICIALLY REQUEST CLASSES
- ❑ ASK THOSE BURNING QUESTIONS ABOUT HIGH SCHOOL AND BEYOND

-Program Tours-

- ❑ WARRENSBURG AREA CAREER CENTER
- ❑ SUMMIT TECHNOLOGY ACADEMY
- ❑ OPEN HOUSES FOR PARENTS & STUDENTS TO ATTEND

-Dual Credit Enrollment-

- ❑ INCREASE IN FALL 2024 ENROLLMENT
 - ❑ NOW ALLOWING SOPHOMORE-SENIOR ENROLLMENT
- 

-Freshman Orientation-

- ❑ HOSTED WITH HHS STUCO
- ❑ STUDENTS GOT TO:
 - ❑ MEET TEACHERS & STAFF
 - ❑ LEARN RULES & LAYOUT OF THE SCHOOL
 - ❑ MEET WITH CLUBS AND SPORTS
 - ❑ ASK QUESTIONS OF CURRENT STUDENTS

Social Emotional:

-At-Risk Small Group-

- ❑ ONCE A WEEK GROUP TO FOCUS ON SOCIAL/EMOTIONAL SKILLS AND CHECK INS WITH ACADEMICS

-Academic Reset-

- ❑ IDENTIFYING STUDENTS STRUGGLING WITH ACADEMICS AND DEVELOPING PLANS FOR THEM TO TACKLE ORGANIZATIONAL SKILLS TO GET THEM ON TRACK

-Exchange Small Group-

- ❑ EXCHANGE STUDENTS: AMERICAN CULTURE & CHECK-IN



FOCUSES AROUND HOLIDAYS: HISTORY AND ACTIVITIES

Career Exploration:

-Career Fair-

- ❑ INCREASE IN DIFFERENT CAREERS TO BROADEN STUDENTS HORIZONS
- ❑ FAIR STYLE SET UP FOR STUDENTS TO FIND CAREERS THAT INTEREST THEM

-Dozer Day-

- ❑ AN OPPORTUNITY FOR TRADE SCHOOL AND WORK FORCE STUDENTS TO EXPLORE CAREERS AND BE HANDS ON WITH EQUIPMENT

-Decision Day-

- ❑ DAY OF CELEBRATION AND RECOGNITION OF SENIORS: ANNOUNCEMENT OF FUTURE PLANS, FOOD, & GAMES

-Post-Secondary Visits-

- ❑ STATE FAIR COMMUNITY COLLEGE
- ❑ MCC- LONGVIEW
- ❑ UNIVERSITY OF CENTRAL MISSOURI





Be on the Watch For:

- ☐ *FAFSA/Essay Writing/Scholarship Night - Possibly another night this month*
- ☐ *Post-Secondary Visits:*
 - ☐ *UCM, MCC-Longview, Trade School Tour, and Army Base*
- ☐ *Small Groups:*
 - ☐ *Stress Management - Spring 2025*
- ☐ *Enrollment Night*
 - ☐ *Freshman Night - March*
 - ☐ *Upperclassman Night - March*
- ☐ *Decision Day - April 23rd*

Middle School
Counseling Program
Kerri and Alex



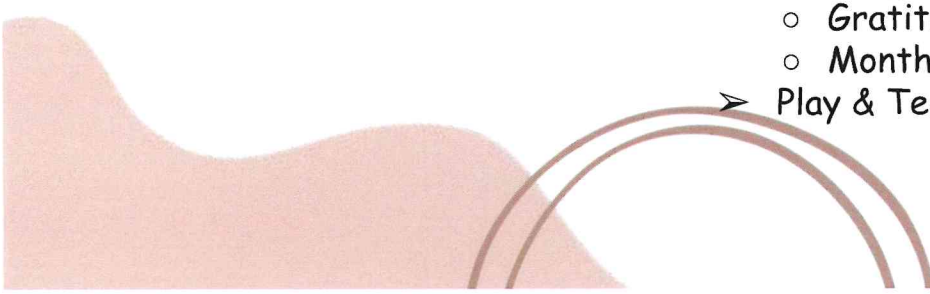
Middle Schoolers Learn about . . .



Academic Success tools:

- Bridge Day
- Executive Functioning skills
- Academic Days in Advisory
- Conferencing
- Learn about Goals setting
- Organization skills
- ICap for transition to HS

Social Emotional Regulation and Health tools:

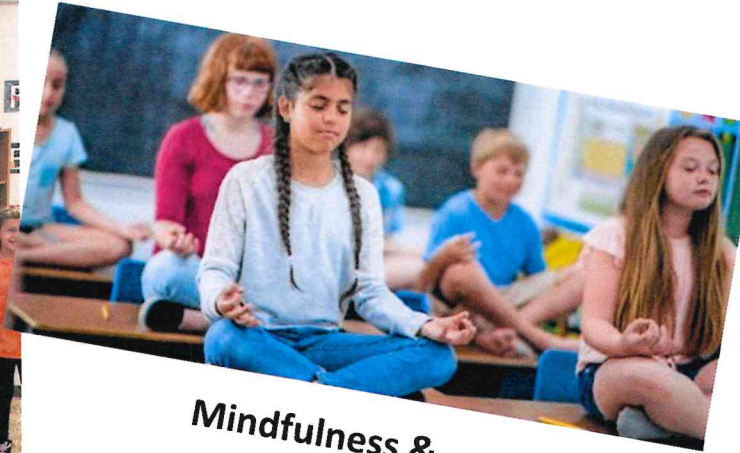
- Small groups
 - Individual Counseling
 - Conflict resolution
 - Advisory
 - Suicide Awareness and Prevention
 - Mindfulness
 - Sexual Abuse prevention
 - Drugs and Prevention
 - Gratitude
 - Monthly Character lessons
 - Play & Teamwork Activities
- 

Career Exploration tools:

- Interest Inventories
- Missouri Connections
- Career lessons daily (8th)
- Career Day



Drug awareness/prevention activities



Mindfulness & relaxation



Teamwork Activities in the Gym



Bridge Day

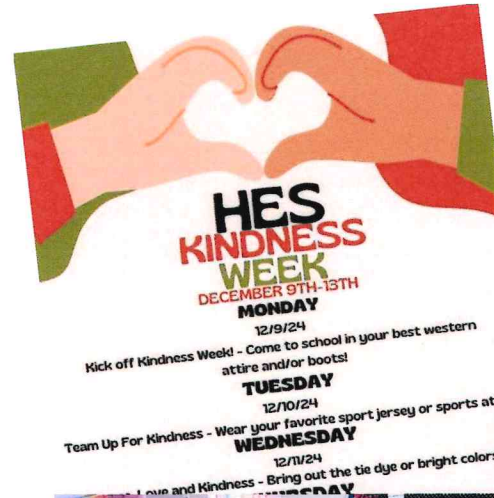
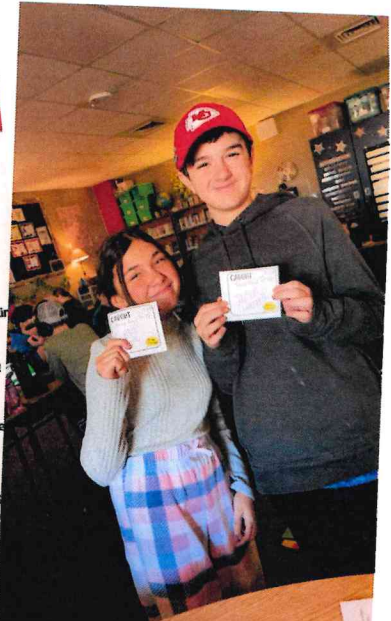
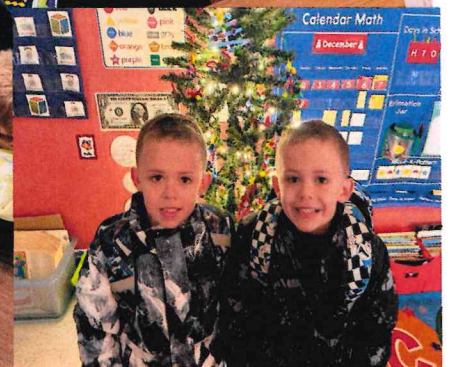


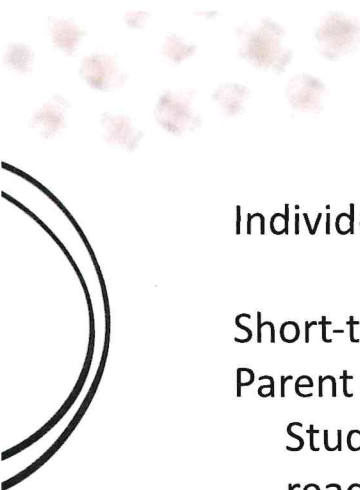
Character Lessons: This one on Compassion

Elementary School
Counseling Program

Elementary Program Highlights:

- Kindness Week
 - Kindness activities (class quilts), spirit week, daily challenges, caught being KIND
- National School Counseling Week
 - Advocacy, activities to thank staff for support and collaboration
- BeYOUtiful Minds after school club, plans to also start after school board game club this semester
- Consistent collaboration with staff and teachers
- Monthly CARE team meetings
- Increase of school jobs & contributions building wide
- Monthly student concern meetings (elementary counselors, district community liaison, elementary administrators)





Individual Counseling:

Short-term Counseling

Parent referrals, teacher/staff referrals, self-referrals

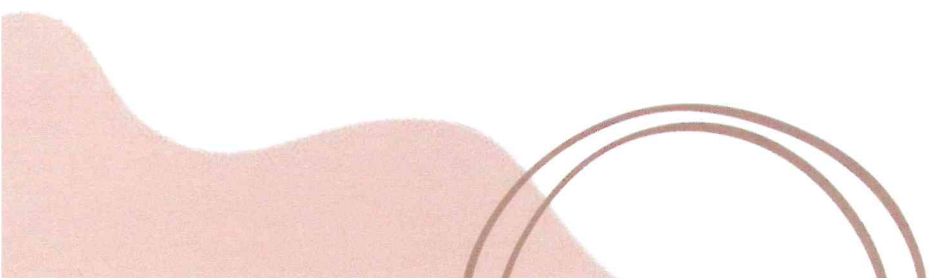
Students can self-referral by getting in contact with one of us, having teachers/staff reach out, self-referral google form

Small Group Counseling:

6-8 small group sessions

Topics can include - social skills, emotional regulation, confidence and connection

Students are identified by counselors, classroom teachers or staff



Elementary School Counseling Lessons -

- School counseling lessons taught daily to grades K-5
- Each class receives counseling lessons twice a month
- Topics include:
Diversity, empathy, identifying emotions/Zones of Regulation, self-esteem, goal setting, career exploration, friendship, self-regulation, growth mindset, conflict resolution



Career Development -

- Career exploration lessons grades K-5
- Career Day:

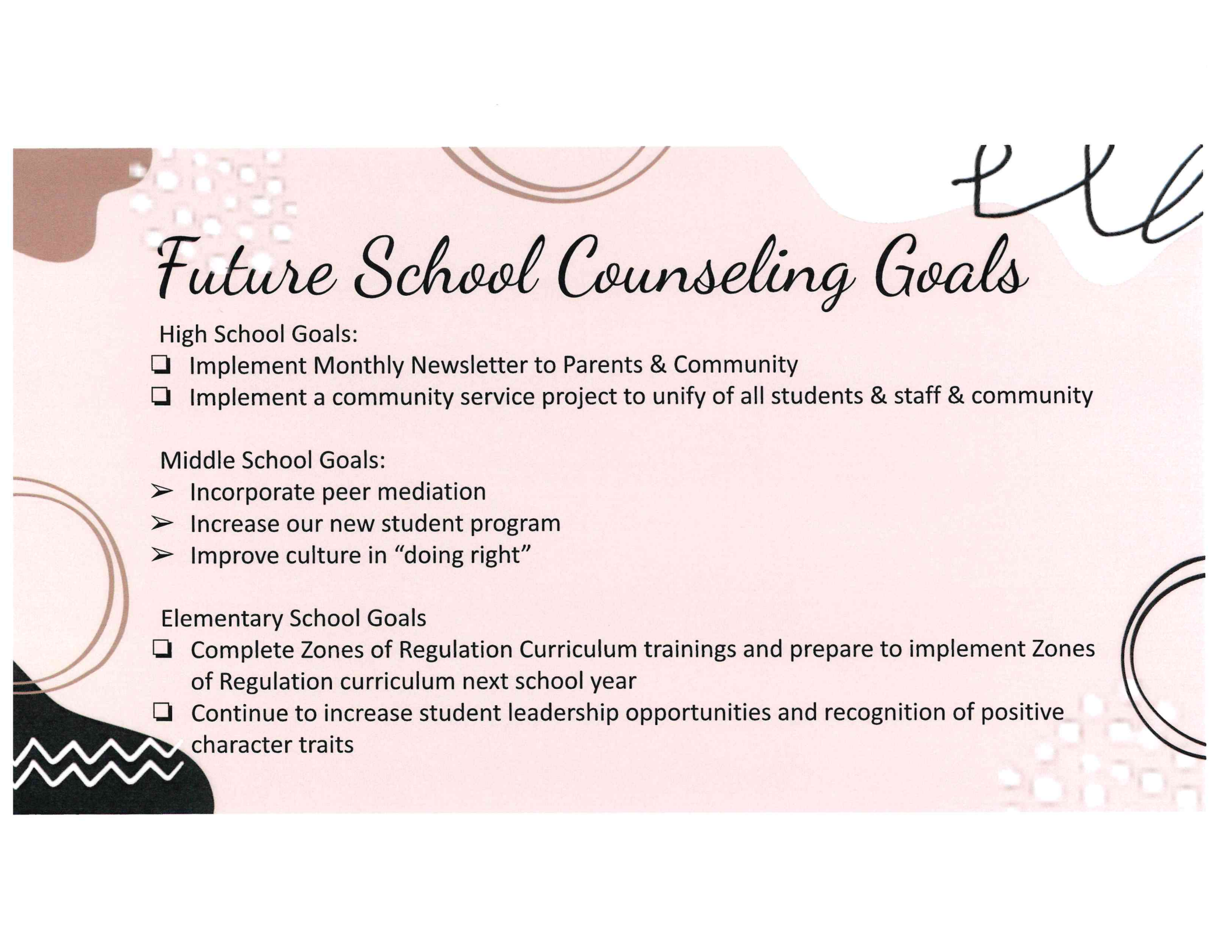
K-2 Careers on Wheels

- Holden Fire Department
- Johnson County Ambulance District
- Holden PD
- Professional Dog Trainer

3-5 Classroom Presenters

- Students rotated to 4 different presentations
- 12 different careers presented
(16 w/ Careers on Wheels)
- Ex. Mechanic, Umpire,
Speech Language Pathologist, Photographer
Nail Technician, Mental Health Counselor, among many
others)





Future School Counseling Goals

High School Goals:

- ☐ Implement Monthly Newsletter to Parents & Community
- ☐ Implement a community service project to unify of all students & staff & community

Middle School Goals:

- Incorporate peer mediation
- Increase our new student program
- Improve culture in “doing right”

Elementary School Goals

- ☐ Complete Zones of Regulation Curriculum trainings and prepare to implement Zones of Regulation curriculum next school year
- ☐ Continue to increase student leadership opportunities and recognition of positive character traits

The background is white with several abstract decorative elements. In the top left, there is a cluster of small, faint, brownish dots. Below it, a black double-lined arc is partially visible. In the top center, there is a large, light pink, irregular blob. In the top right, there is a black shape with a pink zigzag line and a pink double-lined arc. In the bottom left, there is a black scribbled line over a light pink blob, and a brown double-lined arc. In the bottom right, there is a brown blob and a cluster of small, faint, pinkish dots.

Thank you!
Questions?