



FREWSBURG CENTRAL SCHOOL
26 INSTITUTE STREET
FREWSBURG, NEW YORK
Phone: (716) 569-7000

Dear Parent/Guardian,

Frewsburg Central School is currently implementing an innovative program for our students. This program will assist our school staff in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our students, we have acquired a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If a student is believed to have suffered a head injury during sports/gym, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam will be given to all students in grades 5, 7, 9, and 11 as a baseline test to be done annually. All students who wish to participate in a school sport must have a baseline done every two years or they cannot compete. This non-invasive test is set up in “video-game” type format and takes about 15-20 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

Any student believed to have sustained a concussion will be immediately removed from athletic activities. In the event that there is any doubt as to whether a pupil has sustained a concussion, it shall be presumed that he or she has been so injured until proven otherwise. Students are prohibited from returning to play the day the concussion is sustained.

A student with a concussion should be assessed by a medical provider within 24-72 hours of the injury. It is recommended the student see their own primary care provider. Post injury impact testing is suggested following day 4 of the return to play protocol. Results will be shared with the parent/guardian/physician.

No such pupil shall resume athletic activity until he or she shall have been symptom free for no less than 24 hours, and has been evaluated by and received written and signed authorization from a licensed physician. The district Chief Medical Officer will review all documentation and make the final determination for Return to Play. Such authorization will be kept on file in the student’s permanent health file.

We wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to your student. We are excited to implement this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. The Frewsburg Central administration, nurses, coaches, teachers, and staff are striving to keep your child’s health and safety at the forefront of the student athletic experience. Please return the attached page with the appropriate signatures. If you have any further questions regarding this program please feel free to contact us at (716) 569-7000.

Sincerely,

The Concussion Management Team



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IMPACT CONSENT FORM

To Be Filled Out For Students Going Into Grades 7, 9 and 11 **ONLY**

(Please enter name, grade and sport(s) of student and print)

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT)

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to participate in the ImPACT Concussion Management Program.

Printed Name of Student

Signature of Student

Date

Signature of Parent

Date

Grade

Sport(s)