



How To Implement ***Home Matrix***

1. Family discussion:

Involve your child in the process by discussing desired behaviors and expectations for different situations in your home.



2. Choose core behaviors:

Select a few key positive behaviors that align with your family values.



3. Create the matrix:

Design a chart with columns for different areas/activities and rows for each expected behavior. Here is an example: [Home Matrix \(Editable Version\)](#).



4. Explain and practice:

Go through the matrix with your child, explaining what each behavior looks like and role-playing scenarios.



Benefits of using a PBIS home matrix:

- Consistency: Provides a clear set of expectations for children across different situations.
- Positive focus: Emphasizes rewarding positive behaviors rather than solely focusing on punishment.
- Communication: Encourages open communication between parents and children about behavior expectations.

Example Matrix:

Home Expectations Matrix | PBIS Rewards®

Expectations	Meal Time	Work Time	Play Time	Bed Time
Be Respectful	<ul style="list-style-type: none"> • Say please, thank you, and excuse me • Ask others about their day and share about our day with others • No cell phones, tablets, or computers at the table 	<ul style="list-style-type: none"> • Keep work area clean • Keep voice volume low • Only ask for help after attempting to complete assignments independently • Mute yourself during Zoom meetings unless the teacher gives permission to speak 	<ul style="list-style-type: none"> • Play with toys as intended • Keep voice volume low in the home and medium outside • Include everyone • Share toys with siblings and friends 	<ul style="list-style-type: none"> • Put dirty clothes in basket • Use quiet voices • Say something you are grateful for
Be Responsible	<ul style="list-style-type: none"> • Help set the table or prepare meals • Try new foods • Take your plate from table when done eating 	<ul style="list-style-type: none"> • Work in a location that promotes focus • Check Google Classroom and emails from teachers during the day • Keep a schedule of assignments/due dates • Turn in work completed and on-time • Show up on time for any type of meetings 	<ul style="list-style-type: none"> • Follow rules during games • Congratulate the winners of games • Only play with one toy at a time • When asked to stop playing, stop the first time • Clean up/put toys back where they're stored 	<ul style="list-style-type: none"> • Put on PJ's • Brush your teeth • Use the bathroom • Read for fun before bed
Be Safe	<ul style="list-style-type: none"> • Wash your hands • Keep chair on 4 legs 	<ul style="list-style-type: none"> • Report unsafe or bullying sites and comments to an adult • Keep personal credentials and information private (username & passwords) 	<ul style="list-style-type: none"> • Keep small toys/pieces on the table • Use toys and games as intended • Ask permission before going to a new location • Wear protective eye wear when necessary 	<ul style="list-style-type: none"> • Clean up toys before you go to bed • Lights out at 9:00 PM
Adult Role	<ul style="list-style-type: none"> • Announce meal time in advance • Assign chore roles 	<ul style="list-style-type: none"> • Monitor work and provide assistance when needed 	<ul style="list-style-type: none"> • Monitor playtime • Provide a 5-minute warning before it's time to stop playing 	<ul style="list-style-type: none"> • Remind kids to go to bathroom and make sure lights are out at 9:00 PM