

1. Family discussion:

Involve your child in the process by discussing desired behaviors and expectations for different situations in your home.



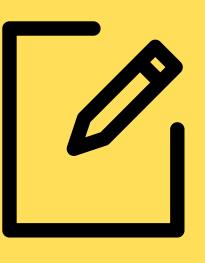
2. Choose core behaviors:

Select a few key positive behaviors that align with your family values.



3. Create the matrix:

Design a chart with columns for different areas/activities and rows for each expected behavior. Here is an example: <u>Home Matrix (Editable Version)</u>



4. Explain and practice:

Go through the matrix with your child, explaining what each behavior looks like and role-playing scenarios.

Benefits of using a PBIS home matrix:

- Consistency: Provides a clear set of expectations for children across different situations.
- Positive focus: Emphasizes rewarding positive behaviors rather than solely focusing on punishment.
- Communication: Encourages open communication between parents and children about behavior expectations.



Example Matrix:

Home Expectations Matrix | PBIS Rewards.

Expectations	Meal Time	Work Time	Play Time	Bed Time
Respectful	 Say please, thank you, and excuse me Ask others about their day and share about our day with others No cell phones, tablets, or computers at the table 	 Keep work area clean Keep voice volume low Only ask for help after attempting to complete assignments independently Mute yourself during Zoom meetings unless the teacher gives permission to speak 	 Play with toys as intended Keep voice volume low in the home and medium outside Include everyone Share toys with siblings and friends 	 Put dirty clothes in basket Use quiet voices Say something you are grateful for
Be Responsible	 Help set the table or prepare meals Try new foods Take your plate from table when done eating 	Work in a location that promotes focus Check Google Classroom and emails from teachers during the day Keep a schedule of assignments/due dates Turn in work completed and on-time Show up on time for any type of meetings	 Follow rules during games Congratulate the winners of games Only play with one toy at a time When asked to stop playing, stop the first time Clean up/put toys back where they're stored 	 Put on PJ's Brush your teeth Use the bathroom Read for fun before bed
Be Safe	Wash your hands Keep chair on 4 legs	 Report unsafe or bullying sites and comments to an adult Keep personal credentials and information private (username & passwords) 	 Keep small toys/pieces on the table Use toys and games as intended Ask permission before going to a new location Wear protective eye wear when necessary 	Clean up toys before you go to bed Lights out at 9:00 PM
Adult Role	Announce meal time in advance Assign chore roles	Monitor work and provide assistance when needed	 Monitor playtime Provide a 5-minute warning before it's time to stop playing 	Remind kids to go to bathroom and make sure lights are out at 9:00 PM