

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
WG Confetti Pancakes³ Or WG Blueberry Bread Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	Mini Cinni Rolls⁴ Or WG Apple Cinnamon Muffin Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	WG Cinnamon Waffle⁵ Or WG French Toast Breakfast Bar Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	WG Mini French Toast⁶ Or WG Banana Muffin Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	WG Mini Maple Pancakes⁷ Or WG Bagel with Cream Cheese Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast. Whole Grain Cereals (served with Graham Cracker) Cinnamon Toast Crunch, Apple Jacks, Cocoa Puffs, Lucky Charms, Reeses Puffs, Cheerios, Honey Nut Cheerios, Froot Loops, Frosted Flakes, Golden Grahams. Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry Daily Breakfast Special Monday- Yogurt Tuesday- Oatmeal Wednesday- Breakfast Sandwich Thursday- Yogurt Friday- Bagel w/ Cream Cheese (V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (VG) Vegan <i>These items do not contain any animal products</i> (WG) Whole Grain
WG Mini Chocolate Chip¹⁰ French Toast Or WG Chocolate Muffin Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	WG Strawberry Cream¹¹ Cheese Filled Bagel Or WG Oatmeal Cereal Bar Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	WG Mini French Toast¹² Or WG Banana Bread Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	Apple Frudel¹³ Or WG Blueberry Muffin Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	14 	
17 	WG Confetti Pancakes¹⁸ Or WG Banana Muffin Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	WG Cinnamon Waffle¹⁹ Or WG Apple Cinnamon Bar Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	WG Cinnamon Cream²⁰ Cheese Filled Bagel Or WG Blueberry Bread Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	WG Mini Chocolate Chip²¹ French Toast Or Strawberry Cheerios Bar Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	
WG Mini Maple Pancakes²⁴ Or WG Apple Cinnamon Muffin Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	WG Strawberry Cream²⁵ Cheese Filled Bagel Or French Toast Breakfast Bar Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	Mini Cinni Rolls²⁶ Or WG Banana Bread Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	WG Mini French Toast²⁷ Or WG Blueberry Muffin Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	WG Mini Maple Waffles²⁸ Or WG Cocoa Puffs Cereal Bar Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	
Contact Cathy Muto, General Manager 610-782-1890 mutoc@metzcorp.com Derek Kolumber, Chef Manager 610-782-0961 kolumberd@whitehallcoplay.org			Meal Prices Student Breakfast \$0.00 Reduced Breakfast \$0.00		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



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Week of 2/3/2025- Chef Fresh Alternative- Italian Sub, Chef Salad and Superfruit Craveable					What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
3 Chicken Nuggets with a Dinner Roll Or Mozzarella Sticks (V) FEATURED VEGGIES Seasoned Corn Baby Carrots	4 Taco Bar Taco Seasoned Beef or Chicken on Hard or Soft Shell Tortillas. FEATURED VEGGIES Fiesta Black Beans Corn Salad	5 French Toast Sticks with Sausage Links FEATURED VEGGIES Tater Tots Celery Sticks	6 Rotini with Meat Sauce Rotini Marinara (V) Garlic Bread FEATURED VEGGIES Seasoned Broccoli Caesar Salad	7 Super Food Menu Philly Cheesesteak Bar Or Kansas City Smokehouse FEATURED VEGGIES Potato Wedges Pasta Salad	
Week of 2/10/2025- Chef Fresh Alternative- Turkey and Cheese Wrap, Cobb Salad and Italian Craveable					Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry
10 WG Chicken Drumstick, Mashed Potatoes or Macaroni and Cheese Cornbread FEATURED VEGGIES Corn on the Cob Macaroni Salad	11 Loaded Nachos Beef or Chicken Fresh Toppings Bar FEATURED VEGGIES Refried Beans Black Bean & Corn Salad	12 WG Pancakes or Waffles Topped with Blueberries with Sausage Patties FEATURED VEGGIES Hash Brown Patty Baby Carrots	13 Valentines Menu Chicken Parmesan over Penne with Blush Sauce. Garlic Knot FEATURED VEGGIES Steamed Broccoli Cucumber Slices	14 	
Week of 2/17/2025- Chef Fresh Alternative- Ham and Cheese Hoagie, Southwest Chicken Salad and Flatbread Pizza Craveable					Daily Entrée Options Hamburger/Cheeseburger on a Bun Burger of the Week Chicken Patty on a Bun Spicy Chicken Patty (Fridays) Cheese or Pepperoni Pizza Specialty Pizza PB&J
17 	18 Walking Tacos with Doritos Cheese Walking Taco (V) Fresh Toppings Bar FEATURED VEGGIES Baked Beans Baby Carrots	19 Sausage, Egg and Cheese on a Croissant. FEATURED VEGGIES Tater Tots Celery Sticks	20 Cheese Ravioli with Meat Sauce Cheese Ravioli with Marinara (V) FEATURED VEGGIES Seasoned Green Beans Tomato Mozzarella Salad	21 Cheese Filled Breadsticks with Tomato Soup (V) FEATURED VEGGIES Buttered Corn Cucumber Slices	
Week of 2/24/2025- Chef Fresh Alternative- Chicken Salad Wrap, Greek Salad and Turkey and Cheese Craveable					(WG) Whole Grain (V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (VG) Vegan <i>These items do not contain any animal products</i>
24 Loaded Mac and Cheese BBQ Pulled Pork or Buffalo Chicken over Mac and Cheese -Dinner Roll FEATURED VEGGIES Seasoned Carrots Cherry Tomatoes	25 Burrito Bowl Beef or Chicken over Spanish Rice Fresh Toppings Bar FEATURED VEGGIES Latin Pinto Beans Street Corn Salad	26 Boneless Wing Bar with Choice of Sauces FEATURED VEGGIES Crinkle Fries Carrot & Celery Sticks	27 Pasta Bar Choice of Noodle and Sauce Garlic Bread FEATURED VEGGIES Seasoned Broccoli Garden Salad	28 Chicken Mash Potato Bowl Dinner Roll. FEATURED VEGGIES Buttered Corn Cucumber Slices	
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