

Wellness meeting: January 15, 2025

Present: Terri Greve, John Stephens, Nikki Bowser, Andrea Painting, and Ashley Matheson

Absent: Doug Surber, June Cooke, Mike Fearon, Jason Schondelmyer, Abbey Moore, and Joni Pechie

Agenda: Review of Assessment Tool

Ideas moving forward: AP interested in writing a grant for FCCLA to promote Safe Routes to School, JC contributed ideas towards student body involved in taste testing foods to be served in the cafeteria, NB and AP believe that we do offer alternatives to food rewards to our students at every level: including-free play Friday's for high school, drawings in the middle school, and a variety of non-food incentives for the elementary. JS can we provide healthy snacks and drinks to our Athletic Performance classes?? TG can the cafeteria offer healthy options for birthday treats?

Progress with these ideas will be discussed at our next scheduled meeting.