

February 2025 | Early Excellence Breakfast



Announcements:

Our unit priced breakfast consists of 3 food components placed on the student's tray

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

All breakfast cereals and pastries contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible

Cash or check deposits to meal accounts are always accepted at the school kitchen



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Mini-Pancakes 100% fruit juice Low-Fat White Milk	4 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	5 Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk	6 Mini-Waffle 100% fruit juice Low-Fat White Milk	7 Whole Grain Cereal Chilled Fruit Low-Fat White Milk
10 Mini-Pancakes 100% fruit juice Low-Fat White Milk	11 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	12 Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk	13 Mini-Waffle 100% fruit juice Low-Fat White Milk	14 Staff Development 1% White Milk and Fat-Free Chocolate Milk are offered daily.
17 Presidents Day Holiday Student Breakfast: \$1.50 Adult Breakfast: \$3.10	18 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	19 Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk	20 Mini-Waffle 100% fruit juice Low-Fat White Milk	21 Whole Grain Cereal Chilled Fruit Low-Fat White Milk
24 Mini-Pancakes 100% fruit juice Low-Fat White Milk	25 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	26 Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk	27 Mini-Waffle 100% fruit juice Low-Fat White Milk	28 Whole Grain Cereal Chilled Fruit Low-Fat White Milk



Beets

Season in Texas: January - March;
September - November

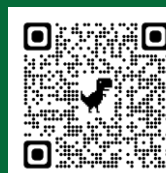
Did you know?

The main part of the beet that is eaten is the root; you can also eat the greens



Menus are Subject to Change

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Updated 6/6/2024

National School Lunch Program



Food and Nutrition Division
www.SquareMeals.org

This product was funded by USDA. This institution is an equal opportunity provider.

February 2025 [Early Excellence Lunch



Announcements:

Our unit priced lunch consists of all 5 food components placed on the student's tray

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible

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Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheese Stuffed Breadstick Vegetables, Fruits Milk	4 Bean & Cheese Pupusa Vegetables, Fruits Milk	5 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	6 Mini Bagel Pizzas Vegetables, Fruits Milk	7 Chicken Sandwich Vegetables, Fruits Milk
10 Grilled Cheese Sandwich Vegetables, Fruits Milk	11 Turkey Soft Taco Vegetables, Fruits Milk	12 Valentines Special: Heart Shaped Chicken Nuggets Vegetables, Fruits Breadstick & Milk	13 Fish Sticks Vegetables, Fruits Milk	14 Valentines Day Staff Development 1% White Milk and Fat-Free Chocolate Milk are offered daily.
17 Presidents Day Holiday Student Lunch: \$2.50 Adult Lunch: \$4.60	18 Bean & Cheese Pupusa Vegetables, Fruits Milk	19 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	20 Mini Bagel Pizzas Vegetables, Fruits Milk	21 Chicken Sandwich Vegetables, Fruits Milk
24 Breakfast for Lunch! Pancake, Turkey Sausage & Egg Patty Hash Browns, Fruit Milk	25 Turkey Soft Taco Vegetables, Fruits Milk	26 Chicken Nuggets Vegetables, Fruits Breadstick & Milk	27 Fish Sticks Vegetables, Fruits Milk	28 Cheeseburger Vegetables, Fruits Milk



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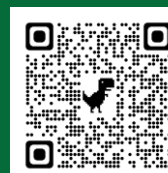


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