

February 2025 | PreK Breakfast



Announcements:

Our unit priced breakfast consists of 3 food components placed on the student's tray

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

All breakfast cereals and pastries contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible

Cash or check deposits to meal accounts are always accepted at the school kitchen



TOM BALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Mini-Pancakes 100% fruit juice Low-Fat White Milk	4 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	5 Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk	6 Mini-Waffle 100% fruit juice Low-Fat White Milk	7 Whole Grain Cereal Chilled Fruit Low-Fat White Milk
10 Mini-Pancakes 100% fruit juice Low-Fat White Milk	11 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	12 New Egg Croissant Fresh Fruit Low-Fat White Milk	13 Mini-Waffle 100% fruit juice Low-Fat White Milk	14 Staff Development 1% White Milk and Fat-Free Chocolate Milk are offered daily.
17 Presidents Day Holiday Student Breakfast: \$1.50 Adult Breakfast: \$3.10	18 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	19 New Egg Croissant Fresh Fruit Low-Fat White Milk	20 Mini-Waffle 100% fruit juice Low-Fat White Milk	21 Whole Grain Cereal Chilled Fruit Low-Fat White Milk
24 Mini-Pancakes 100% fruit juice Low-Fat White Milk	25 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	26 New Egg Croissant Fresh Fruit Low-Fat White Milk	27 Mini-Waffle 100% fruit juice Low-Fat White Milk	28 Whole Grain Cereal Chilled Fruit Low-Fat White Milk



Beets

Season in Texas: January - March;
September - November

Did you know?

The main part of the beet that is eaten is the root; you can also eat the greens



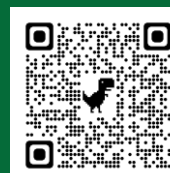
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www.SquareMeals.org



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COMMISSIONER SID MILLER

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Updated 6/6/2024
National School Lunch Program

February 2025 | PreK Lunch



Announcements:

Our unit priced lunch consists of all 5 food components placed on the student's tray

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

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TOMBALL
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Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheese Stuffed Breadstick Vegetables, Fruits Milk	4 Bean & Cheese Pupusa Vegetables, Fruits Milk	5 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	6 6 Inch Round Pizza Vegetables, Fruits Milk	7 Chicken Sandwich Vegetables, Fruits Milk
10 Grilled Cheese Sandwich Vegetables, Fruits Milk	11 Turkey Soft Taco Vegetables, Fruits Milk	12 Valentines Special: Heart Shaped Chicken Nuggets Vegetables, Fruits Breadstick & Milk	13 Steak Fingers Vegetables, Fruits Milk	14 Valentines Day Staff Development 1% White Milk and Fat-Free Chocolate Milk are offered daily.
17 Presidents Day Holiday Student Lunch: \$2.75 Adult Lunch: \$4.60	18 Bean & Cheese Pupusa Vegetables, Fruits Milk	19 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	20 Stuffed Crust Cheese Pizza Vegetables, Fruits Milk	21 Chicken Sandwich Vegetables, Fruits Milk
24 Cheese Stuffed Breadstick Vegetables, Fruits Milk	25 Turkey Soft Taco Vegetables, Fruits Milk	26 Chicken Nuggets Vegetables, Fruits Breadstick & Milk	27 Steak Fingers Vegetables, Fruits Milk	28 Cheeseburger Vegetables, Fruits Milk



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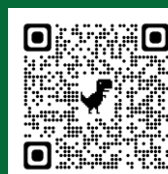
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Updated 6/6/2024
National School Lunch Program

February 2025 | Early Excellence Lunch



Announcements:

Our unit priced lunch consists of all 5 food components placed on the student's tray

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

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Households must reapply every year to maintain free or reduced price meals if eligible

Cash or check deposits to meal accounts are always accepted at the school kitchen



TOMBALL
INDEPENDENT SCHOOL DISTRICT
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Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheese Stuffed Breadstick Vegetables, Fruits Milk	4 Bean & Cheese Pupusa Vegetables, Fruits Milk	5 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	6 Mini Bagel Pizzas Vegetables, Fruits Milk	7 Chicken Sandwich Vegetables, Fruits Milk
10 Grilled Cheese Sandwich Vegetables, Fruits Milk	11 Turkey Soft Taco Vegetables, Fruits Milk	12 Valentines Special: Heart Shaped Chicken Nuggets Vegetables, Fruits Breadstick & Milk	13 Fish Sticks Vegetables, Fruits Milk	14 Valentines Day Staff Development 1% White Milk and Fat-Free Chocolate Milk are offered daily.
17 Presidents Day Holiday Student Lunch: \$2.50 Adult Lunch: \$4.60	18 Bean & Cheese Pupusa Vegetables, Fruits Milk	19 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	20 Mini Bagel Pizzas Vegetables, Fruits Milk	21 Chicken Sandwich Vegetables, Fruits Milk
24 Breakfast for Lunch! Pancake, Turkey Sausage & Egg Patty Hash Browns, Fruit Milk	25 Turkey Soft Taco Vegetables, Fruits Milk	26 Chicken Nuggets Vegetables, Fruits Breadstick & Milk	27 Fish Sticks Vegetables, Fruits Milk	28 Cheeseburger Vegetables, Fruits Milk



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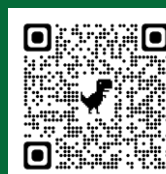
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Updated 6/6/2024
National School Lunch Program

February 2025 | Desayuno de *Early Excellence*



Announcements:

Nuestro desayuno a precio unitario consiste en 3 componentes alimenticios colocados en la bandeja del estudiante.

Componentes alimenticios necesarios para el desayuno diario:
Granos integrales
Fruta
Leche

Todos los cereales y pasteles para el desayuno contienen al menos un 51% de granos integrales.

Las familias que creen que pueden calificar para comidas gratuitas o a precio reducido pueden presentar su solicitud en www.schoolcafe.com.

Los hogares deben volver a presentar una solicitud cada año para mantener las comidas gratuitas o a precio reducido si son elegibles.



TOMBALL
INDEPENDENT SCHOOL DISTRICT
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Monday	Tuesday	Wednesday	Thursday	Friday
3 Mini-Panqueques 100% jugo de fruta Leche blanca baja en grasa	4 Cereal de grano entero 100% jugo de fruta Leche blanca baja en grasa	5 Pizza de salchicha para el desayuno Fruta fresca Leche blanca baja en grasa	6 Mini-Waffle 100% jugo de fruta Leche blanca baja en grasa	7 Cereal de grano entero Fruta fría Leche blanca baja en grasa
10 Mini-Panqueques 100% jugo de fruta Leche blanca baja en grasa	11 Cereal de grano entero 100% jugo de fruta Leche blanca baja en grasa	12 Pizza de salchicha para el desayuno Fruta fresca Leche blanca baja en grasa	13 Mini-Waffle 100% jugo de fruta Leche blanca baja en grasa	14 Desarrollo del personal / Día feriado para estudiantes Leche blanca al 1% ofrecida diariamente.
17 Presidents Day Holiday Desayuno para estudiantes: \$1.50 Desayuno para adultos: \$3.10	18 Cereal de grano entero 100% jugo de fruta Leche blanca baja en grasa	19 Pizza de salchicha para el desayuno Fruta fresca Leche blanca baja en grasa	20 Mini-Waffle 100% jugo de fruta Leche blanca baja en grasa	21 Cereal de grano entero Fruta fría Leche blanca baja en grasa
24 Mini-Panqueques 100% jugo de fruta Leche blanca baja en grasa	25 Cereal de grano entero 100% jugo de fruta Leche blanca baja en grasa	26 Pizza de salchicha para el desayuno Fruta fresca Leche blanca baja en grasa	27 Mini-Waffle 100% jugo de fruta Leche blanca baja en grasa	28 Cereal de grano entero Fruta fría Leche blanca baja en grasa



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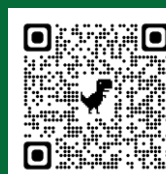
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February 2025 | Almuerzo de *Early Excellence*



Announcements:

Nuestro almuerzo a precio unitario consiste en los 5 componentes alimenticios colocados en la bandeja del estudiante.

Componentes alimenticios:
Carne/sustitutos de la carne
Granos integrales
Frutas, verduras
Leche

Todos los panecillos, tortillas, arroz, pastas y otros productos de pan contienen al menos un 51% de cereales integrales.

Las familias que creen que pueden calificar para comidas gratuitas o a precio reducido pueden presentar su solicitud en www.schoolcafe.com.

Los hogares deben volver a presentar una solicitud cada año para mantener las comidas gratuitas o a precio reducido si son elegibles.



TOMBALL
INDEPENDENT SCHOOL DISTRICT
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Monday	Tuesday	Wednesday	Thursday	Friday
3 Palitos de pan rellenos de queso Verduras, Frutas Leche	4 Quesadilla de pollo Verduras, Frutas Leche	5 Dedos de bistec Verduras, Frutas Panecillo y Leche	6 Mini pizzas de bagel Verduras, Frutas Leche	7 Sándwich de pollo Verduras, Frutas Leche
10 Sándwich de queso a la parrilla Verduras, Frutas Leche	11 Pupusa de frijoles y queso Verduras, Frutas Leche	12 Valentines Special Heart Shaped nuggets de pollo Verduras, Frutas Palito de pan y Leche	13 Palitos de pescado Verduras, Frutas Leche	14 Desarrollo del personal / Día feriado para estudiantes 1% White Milk and Fat-Free Chocolate Milk are offered daily.
17 Presidents Day Holiday Almuerzo para estudiantes: \$2.50 Almuerzo para adultos: \$4.60	18 Quesadilla de pollo Verduras, Frutas Leche	19 Dedos de bistec Verduras, Frutas Panecillo y Leche	20 Mini pizzas de bagel Verduras, Frutas Leche	21 Sándwich de pollo Verduras, Frutas Leche
24 ¡Desayuno para el almuerzo! Panqueque, salchicha y Tortita de huevo Hash Brown, Fruta Leche	25 Pupusa de frijoles y queso Verduras, Frutas Leche	26 Nuggets de pollo Verduras, Frutas Palito de pan y Leche	27 Palitos de pescado Verduras, Frutas Leche	28 Hamburguesa con queso Verduras, Frutas Leche



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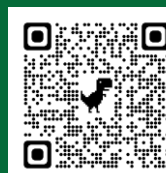


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