

School Health Advisory Council Meeting Minutes January 16, 2025

Members in Attendance

Community Members:

- Essence Castro (Co-Chair)
- Monica Dean
- Brian O'Rear
- Elysia Ross
- Wendy Johnson
- Rob Paiva
- Carolyn Gonzalez
- Angelica Gilbert-Williams
- Lizza Harris

Guests:

- Amanda Tran
- Angela Rhymes
- Shelia McMullin
- Adeli Cortez
- Bobbie Jones
- Elizabeth Bosquez, M.D.
- Ana Sierva

District Committee Members:

- Emmy Durand
- Suzy Hunter
- Darin Crawford
- Deborah Bartholomew
- Elaine Waier
- Celia Weaver
- Scott Hudson
- Franklin Sampson
- Angela Williams-Thomas
- Melinda Hood
- Sarah Hoglund
- Chris Hecker
- Susan Brenz

Facilitator:

- Christina Cole

Call to Order

Christina Cole called the meeting to order at 9:30AM.

Agenda Modifications

- CFISD Athletics Program presentation will not happen today and has been rescheduled for March 2025 meeting.
- Health I SHAC recommendation was presented to the school board on 1/15/2025, prior to school board meeting scheduled for 1/16/2025 at 6PM.
- Meeting scheduled for 5/22/2025 will be cancelled, as SHAC will surpass the 4 meetings per year requirement.

Review and Approval of Minutes

- Led by Essence Castro
- Amendment to 12/3/24 meeting minutes
 - A slide titled "Streamline Graduation Requirements: Remove Health as a Local Graduation Requirement" was presented to the group. It explained that if Health I were no longer a graduation requirement, there were pieces of content currently covered in the Health course that would still need to be taught through other parts of the curriculum.
- Motion to approve as corrected: Brian O'Rear
- Second: Lizza Harris
- All in favor

Fentanyl Awareness

Franklin Sampson introduced Bobbie Jones, LCDC who reviewed the Fentanyl Awareness presentation, covering key information about the drug, including its definition, the differences between fentanyl and other prescription opioids, symptoms of overdose, and how to respond in an emergency. He also highlighted community resources, such as the CDC website and the National Helpline phone number, for getting involved and seeking support.

Bobbie led a demonstration of the "Hidden in Plain Sight" display, which featured a mock bedroom containing various common items, containers, and storage solutions that could potentially be used to conceal drugs or drug paraphernalia. During the demonstration, community members asked questions about the trends in fentanyl use among students, though specific data on the increase



or decrease was not readily available. Several attendees volunteered to help present the display at different schools and district facilities.

Wellness Subcommittee Update

Emmy Durand informed the group that the subcommittee has not met yet. However, an email has been sent to volunteers to schedule the first meeting, where they will begin working on setting SMART goals.

Volunteers:

Essence Castro
Monica Dean
Wendy Cowen

Physical Education Subcommittee

Elaine invited members to stay after the meeting's close to participate in the subcommittee meeting.

Adjournment

Meeting called for adjournment at 10:33AM.

Motion: Rob Paiva

Second: Brian O'Rear

All in favor