FEBRUARY 2025 HIGH SCHOOL MENU

Breakfast - Served in Food for Thought and Java City 7:30am/9:25am Lunch - 11am - 1:15 pm Main Cafe

aramark

Monday	Tuesday	Wednesday	Thursday	Friday
3 Waffles and Chicken Sandwich w/ Sweet Potato Fries	4 Beef &Cheese Tatchos served with Corn and a variety of toppings	5 Meatball Grinder w/ Fries JET'S Pizza Day!	6 Mac & Cheese Steamed Broccoli and Garlic Bread	7 Chicken Teriyaki served w/ Rice Served with WG rice and Asian Veggie Mix
10 Loaded Popcorn Chicken Cheese Tot Bowl	11 Beef & Cheese Nachos served with corn Refried Beans	12 Grilled Cheese sandwich w/ Tomato Soup JET'S Pizza Day!	13 Chicken Alfredo Pasta Garlic Breadstick MICHIGAN BROCCOLI	14 1/2 Day! NO HOT LUNCH!
¹⁷ No School!	18 Chicken Quesadilla served with Rice, Pico Corn and Refried Beans	19 Philly Cheese Steak sandwich w/ Fries JET'S Pizza Day!	20 Pasta w/ Marinara & Meatballs MICHIGAN BROCCOLI	21 Orange Chicken w/ WG rice and Stir- fried Veggies
24 Crispy Chicken Drumstick, Roll w/ mashed potatoes	25 Dorito Taco Cheese Bowl Served with Black Beans and Churros	26 Greek Gyros Rice Pilaf JET'S Pizza Day!	27 Beef or Cheese Lasagna Garlic Breadstick MICHIGAN BROCCOLI	28 General Tso Chicker w/ WG rice and Stir-fried Veggies
* *•*	Bloon FREE Michigan	mfield Hills Schools is p Meals for All to student again this school year	s from Pre-K4 to 12th ; !	grade 248.341.
	All meals include Proteins & whole grains			210.311

At least 1/2 cup fruits and veggies and

1% white or Chocolate milk

DAILY LUNCH OPTIONS! CHICKEN PATTY SANDWICH - SPICY AND REGULAR CHICKEN TENDERS GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA VARIETY OF ENTREE SALADS AND GRAB AND GO SUBS AND WRAPS

EGGOJI Waffle and Chicken Sandwich

All White meat Chicken Patty between 2 crispy animated WG Waffles

Beef and Cheese Tatchos

Beef and Cheese over Crispy Tater Tots Served with refried beans and Toppings

Meatball Grinder

Meatballs tossed in Marinara topped with melted Mozzerella cheese and topped with optional Peppers & Onions with Fries

Macaroni & Cheese

Whole grain pasta tossed in a creamy cheddar cheese sauce served with fresh steamed Broccoli

Chicken Teriyaki

Breaded Popcorn Chicken glazed in Teriyaki sauce served over WG rice with Asian mixed Veggies

Loaded Popcorn Chicken Tot Bowl

Crispy Popcorn Chicken and creamy Cheddar Cheese Sauce over Crispy Tater Tots

Beef and Cheese Nachos

Beef and Cheese on Crispy tortilla chips with optional toppings Served with refried beans AND MUCH MORE!!,

Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's famous sauce! Choose from Cheese, Pepperoni or Veggie!

Grilled Cheese Sandwich

Creamy American Cheese melted between WG Bread slices, Grilled and Served with Tomato Soup

Chicken Alfredo Pasta

Al Dente Pasta topped with creamy Parmesan Cheese sauce and grilled chicken. Served with Broccoli and garlic breadstick

Chicken & Cheese Quesadilla

Flour Tortilla grilled with white meat Chicken and Cheddar Cheese Served with WG Rice & Refried Beans

Philly Steak and Cheese

Shaved seasoned beef on a WG sub bun topped with melted Mozzarella cheese and optional Peppers & Onions with Fries

General Tso Chicken

Crispy battered chicken bites glazed in a Tangy sweet & spicy sauce, served over rice with Asian mixed Veggies

Pasta w/ Marinara & Meatballs

Al Dente Pasta topped with tangy Marinara sauce and beef Meatballs served with fresh steamed broccoli & Garlic Breadstick

Orange Chicken

Crispy battered chicken bites glazed in a sweet orange sauce, served over rice with Asian mixed Veggies

Chicken Drumstick

Crispy breaded chicken leg served with Mashed Potatoes, Chicken Gravy and Green Beans

Dorito Taco Cheese Bowl

Crispy Baked Nacho Cheese Doritos Topped with Beef and Cheese Sauce Served with refried beans

Beef Gyro

Seasoned shave beef strips served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions

Beef or Cheese Lasagna

Cheese Filled Pasta rolls topped with marinara sauce or meat sauce served with Broccoli and garlic breadstick





BREAKFAST DAILY SPECIALS TURKEY/CHEESE CROISSANT YOGURT PARFAITS HOMEMADE MUFFINS BAGELS AND CREAM CHEESE DONUTS CEREAL, CEREAL BARS AND MUCH MORE AII COMPLETE BREAKFASTS INCLUDE CHOICE OF MICHIGAN PRODUCE, JUICE AND 1% white or Choclate MILK

Join us in learning about Michigan Produce!

Seasonal Carrots, Blueberries, Apples, Salad Greens, Sweet Potatoes and Much More!



Gluten Free option available per medical requestpreorder required



100%

aramark

248.341.5671

VEGETARIAN

Vegetarian and Dairy Free options available - preorder required

MENU SUBJECT T<mark>o change without</mark> notice This institution is an equal opportunity provider