# FEBRUARY 2025 WING LAKE MENU

FREE Breakfast Delivered to classrooms when school starts FREE Lunch - 11:00am - 12:30am

Monday	Tuesday	Wednesday	Thursday	Friday
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<b>3</b> Macaroni and Cheese w/ Broccoli and WG Roll	<b>4</b> Broccoli Cheese Soup Garlic Bread Sweet Potato Fries	<b>5</b> Bean and Cheese Burrito served with Cheese Stick and Salsa	<b>6</b> Belgium Waffle w/ Turkey Sausage Hashbrown Potatoes	7 Bosco Sticks w/ Marinara and Smile Potatoes
<b>10</b> Chicken Tender/Muffin Steamed Carrots	<b>11</b> Pasta w/ Marinara and Meatballs & Garlic Knot	<b>12</b> Chicken Patty Sandwich Baked Beans	<b>13</b> Orange Chicken w/ Rice Served with WG rice, Asian Veggie Mix	14 Cheese Pizza With Broccoli
17-21	Midh	Jinter "	Break	·/ /
<b>24</b> Grilled Cheese Sandwich Tomato Soup	25 Macaroni and Cheese served w/ Broccoli and Garlic Knot	<b>26</b> Popcorn Chicken Bowl Mashed Potatoes, Corn and Gravy	<b>27</b> All Beef Hot Dog w/ Vegetarian Baked Beans	28 Beef and Bean Chili Garlic Bread Sweet Potato Fries
	Bloo FREE Michigan	mfield Hills Schools is p Meals for All to studen again this school yea	ts from Pre-K4 to 12th r!	grade 248.341.5
	All meals include Proteins & whole grains At least 1/2 cup fruits and veggies and 1% white or Chocolate milk			aramar

#### **Macaroni and Cheese**

Macaroni noodles tossed in creamy cheese sauce served with Steamed Broccoli WG Roll

#### **Broccoli and Cheese Soup**

Creamy Broccoli and Cheese Soup served with a soft buttery Garlic Bread and Sweet Potato Fries

#### **Bean Burrito**

Creamy refried beans and cheddar cheese wrapped in a WG tortilla Served with Cheese Stick and Salsa

#### **Belgium Waffle**

Served with turkey sausage patties and crispy Hashbrowns

#### **Bosco Sticks**

Mozzarella cheese filled breadsticks served with Marinara Sauce and Smile Potatoes

#### Pasta with Meatballs

Penne Pasta no<mark>odles tossed in</mark> Marinara sauce served with a Garlic Bread

#### **Chicken Patty Sandwich**

All White Meat Lightly Breaded Chicken Served on a WG Bun with Vegetarian Baked Beans

#### **Orange Chicken**

Crispy battered chicken bites glazed in a sweet orange sauce, served over WG rice with Asian mixed Veggies

### All Beef Hot Dog

All Beef Frank served on a WG Bun Served with Vegetarian Baked Beans

#### **Chicken Tenders**

All White Meat Lightly Breaded Chicken Strips served with a WG muffin

# **Option 2 Daily - Yogurt Plate**

Creamy Yogurt Cup, Soft Pretzel, and Cheese dipping cup ALL COMPLETE MEALS COME WITH CHOICE OF 1% WHITE OR CHOCOLATE MILK AND CHOICE OF FRUITS AND VEGGIES

## MENU SUBJECT TO CHANGE WITHOUT NOTICE THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

#### Grilled Cheese Sandwich

Crisp, cheesy toasted sandwich served with Tomato Soup

#### **Macaroni and Cheese**

Macaroni noodles tossed in creamy cheese sauce served with Steamed Broccoli a WG Roll

#### Popcorn Chicken Bowl

Crispy Popcorn Chicken over Creamy Mashed Potatoes topped with Corn and Chicken Gravy

#### **Cheese Pizza**

Whole Grain deep dish Cheese Pizza served with tender Broccoli

#### **Beef and Bean Chili**

Hearty Beef and Bean Chili served with Soft Buttery Garlic Bread and Sweet Potato Fries FREE BREAKFAST Monday - Breakfast Pizza Tuesday - Breakfast Bagel Wednesday - Pancakes Thursday - Breakfast Burrito Friday - Mini Waffles Plus Yogurt Plates Cereal & Cereal Bars Served with 100% Fruit Juice, Michigan Fruit and 1% White or Chocolate Milk

# Join us in learning about Michigan Produce! Seasonal Carrots, Blueberries, Apples, Salad Greens, Sweet Potatoes and Much More!



Gluten Free option available per medical requestpreorder required



VEGETARIAN

100%

aramar

248.341.5671

Vegetarian and Dairy Free options available - preorder required