

BREAKFAST MENU

L-S Elementary K-5

BREAKFAST IS FREE TO ALL STUDENTS!!

February 2025

Breakfast includes one entrée, one fruit and/or juice, and a choice of milk.

Monday, 2/3	Tuesday, 2/4	Wednesday, 2/5	Thursday, 2/6	Friday, 2/7	
Frudel OR Cereal Bowl Asst Fruit/Juice/Milk	Ham/Egg/Cheese on Croissant OR WG Cereal Bars Asst Fruit/Juice/Milk	Warm Oatmeal Round OR WG Pop Tarts Asst Fruit/Juice/Milk	WG Muffins (2) OR Go-gurt & 1 Muffin Asst Fruit/Juice/Milk	Bagel/Cream Cheese OR Benefit Bar Asst Fruit/Juice/Milk	All main choices are whole grain-rich.
Monday, 2/10	Tuesday, 2/11	Wednesday, 2/12	Thursday, 2/13	Friday, 2/14	
Egg & Cheese Pancake Sandwich OR Cereal Bowl Asst Fruit/Juice/Milk	Dutch Waffle OR WG Cereal Bars Asst Fruit/Juice/Milk	Breakfast Pizza OR WG Pop Tarts Asst Fruit/Juice/Milk	WG Muffins (2) OR Go-gurt & 1 Muffin Asst Fruit/Juice/Milk	Cini Mini's OR Benefit Bar Asst Fruit/Juice/Milk	
Monday, 2/17	Tuesday, 2/18	Wednesday, 2/19	Thursday, 2/20	Friday, 2/21	
No School	Fruit & Yogurt Parfait OR WG Cereal Bars Asst Fruit/Juice/Milk	Ham/Egg/Cheese on Biscuit OR WG Pop Tarts Asst Fruit/Juice/Milk	WG Muffins (2) OR Go-gurt & 1 Muffin Asst Fruit/Juice/Milk	Mini Pancakes OR Benefit Bar Asst Fruit/Juice/Milk	
Monday, 2/24	Tuesday, 2/25	Wednesday, 2/26	Thursday, 2/27	Friday, 2/28	
WG Donuts OR Cereal Bowl Asst Fruit/Juices/Milk	Mini French Toast OR WG Cereal Bars Asst Fruit/Juice/Milk	<i>Ham/Egg/Cheese on Muffin Sandwich OR WG Pop Tarts Asst Fruit/Juice/Milk</i>	WG Muffins (2) OR Go-gurt & 1 Muffin Asst Fruit/Juice/Milk	WG Waffles OR Benefit Bar Asst Fruit/Juice Milk	

Early Childhood Center & Lampeter Elementary Kitchen Manager: Missi McAleer milissa_mcaleer@l-spioneers.org 717-464-311 Ext 5013

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This institution is an equal-opportunity employer and provider.

Menu subject to change without notice. 1/21/25 KAS