



Human Services Career Cluster

The Human Services career cluster focuses on preparing individuals for employment in career pathways that relate to families and human needs, such as counseling and mental health services, family and community services, personal care services, and consumer services. This career cluster includes occupations ranging from community health workers to cosmetologists and nutritionists.

Big Spring High School Program of Study: Health and Wellness

The Health and Wellness program of study focuses on occupational and educational opportunities associated with promoting physical, emotional, and mental health and wellness. This program of study includes assisting patients in planning for their health and wellness, responding to crises, providing education or counseling, making referrals, and addressing barriers to accessing health and wellness services.

Secondary Courses for High School Credit

Level 1

- Human Growth and Development
- Lifetime Nutrition and Wellness
- Interpersonal Studies
- Entrepreneurship I

- Applied Nutrition and Dietetics
- Family and Community Services
- Counseling and Mental Health

- Practicum in Entrepreneurship
- Career Preparation for Programs of Study



Example Postsecondary Opportunities

Apprenticeships

- Community Health Worker Apprentice

Associate Degrees

- Social Work
- Community Health Services Counseling

Bachelor's Degrees

- Social Work
- Mental Health Counseling

Master's, Doctoral, and Professional Degrees

- Nutrition Sciences
- Dietetics

Additional Stackable IBCs/License

- Dietician



Aligned Advanced Academic Courses

Dual Credit Dual credit offerings will vary by local educational agency.

Students should be advised to consider these course opportunities to enrich their preparation. AP or IB courses not listed under the Secondary Courses for High School Credit section of this framework document do not count towards concentrator/completer status for this program of study.

Work-Based Learning and Expanded Learning Opportunities

Work-Based Learning Activities

- Shadow a dietician in a local hospital or nursing home to learn about tailoring diets to patient needs
- Work part-time as a peer counselor at a community non-profit organization that works with children
- Intern at a non-profit organization to learn about identifying resources to serve needs of participants

Expanded Learning Opportunities

- Participate in FCCLA

Aligned Industry-Based Certifications

- Community Health Workers
- Pre-Professional Certification in Nutrition, Food, and Wellness



Example Aligned Occupations

Community Health Workers

Median Wage: \$39,520
Annual Openings: 501
10-Year Growth: 25%

Dietetic Technician

Median Wage: \$28,919
Annual Openings: 160
10-Year Growth: 18%

Dietitians and Nutritionists

Median Wage: \$63,687
Annual Openings: 475
10-Year Growth: 21%

Data Source: TexasWages, Texas Workforce Commission. Retrieved 3/8/2024.



For more information visit:
<https://tea.texas.gov/academics/college-career-and-military-prep/career-and-technical-education/programs-of-study-additional-resources>

Successful completion of the Health and Wellness program of study will fulfill requirements of the Public Service endorsement.



Human Services Career Cluster

Statewide Program of Study: *Health and Wellness*

Course Information

Level 1

Course

Prerequisites | Corequisites

Career Clusters

Level 2

Course

Prerequisites | Corequisites

Career Clusters

Human Growth and Development*
13014300 (1 credit)

Prerequisites: None
Corequisites: None
Recommended Prerequisites: Principles of Human Services or Principles of Education and Training
Recommended Corequisites: None



Lifetime Nutrition and Wellness*
13024500 (0.5 credit)

Prerequisites: None
Corequisites: None
Recommended Prerequisites: Principles of Human Services, Principles of Hospitality and Tourism, or Principles of Health Science
Recommended Corequisites: None



Interpersonal Studies*
13024400 (0.5 credit)

Prerequisites: None
Corequisites: None
Recommended Prerequisites: Principles of Human Services, Principles of Hospitality and Tourism, Principles of Health Science, or Principles of Education and Training
Recommended Corequisites: None



Entrepreneurship I*
13011101 (1 credit)

Prerequisites: None
Corequisites: None
Recommended Prerequisites: None
Recommended Corequisites: None



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* Indicates course is included in more than one program of study.






























For additional information on the **Human Services** career cluster, contact cte@tea.texas.gov or visit <https://tea.texas.gov/cte>



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Statewide Program of Study: *Health and Wellness*

Course Information

	Course	Prerequisites Corequisites	Career Clusters
Level 3	Applied Nutrition and Dietetics N1302541 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services, Lifetime Nutrition and Wellness and/or Human Growth and Development Recommended Corequisites: None	 
	Family and Community Services* 13024900 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services Recommended Corequisites: None	
	Counseling and Mental Health 13024600 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services Recommended Corequisites: None	 
Level 4	Practicum in Entrepreneurship* First Time Taken: 13011111 (2 credits)	Prerequisites: None Corequisites: None Recommended Prerequisites: Entrepreneurship I and Entrepreneurship II or successful completion of at least two courses in a CTE program of study Recommended Corequisites: None	         
	Career Preparation for Programs of Study* First Time Taken: 12701121 (2 credits)	Prerequisites: At least one Level 2 or higher CTE course Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	             

* Indicates course is included in more than one program of study.

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