

What sports do you plan to play? _____

Emergency Medical Release Form

Please Print Clearly

Student Last Name		Student First Name	
Parent Names		Home Telephone	
Home Address (student-athlete's legal residence) Street, City, Zip			
Medical Alerts:			
1. 2. 3. 4.			
Father's Cell		Father's Work Phone	
Mother's Cell		Mother's Work Phone	
Family Doctor Name		Phone Number	
Emergency Contact Name	Relationship	Phone #	
My son/daughter has a medical and hospitalization policy with:			
Name of Insurance Company		Policy/Certificate Number	

AUTHORIZATION FOR STUDENT PARTICIPATION IN ATHLETICS

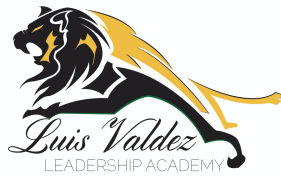
I, the undersigned, am the parent/guardian of _____, a student enrolled at LVLA High School. I authorize my son/daughter, named above, to participate in school athletics starting **August 2020 for one full academic year**. In the event of injury or illness to the above named student, I hereby grant to a duly authorized representative of The Foundation of Hispanic Education to act as guardian/spokesman in granting permission for emergency medical treatment/ambulance service/hospitalization (including anesthesia) if necessary for my student while in route to or from or at the site of school activities. I understand that should a health emergency arise, I will be notified, but if I cannot be reached by telephone, such medical treatment as deemed necessary by competent medical personnel is authorized. I personally assume responsibility for any costs of such care not covered by insurance.

Signature of Parent/Guardian

Date

Name of Parent /Guardian

I give permission for my child listed below, to attend and participate in athletic activities sponsored by LVLA. I understand that these activities require physical activity and transportation. I hereby give my consent to my child participating in said activities. **PLEASE READ THE FOLLOWING STATEMENTS, SIGN AND RETURN PAGE ONE OF THIS FORM**

**PART A**

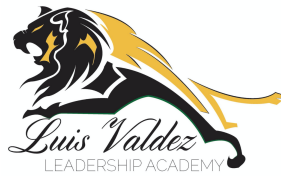
CHILD'S FULL NAME (PLEASE PRINT)	GRADE ENTERING
SCHOOL LAST FALL	SCHOOL LAST SPRING
DATE ENTERED NINTH GRADE (Month/ Year)	DATE OF BIRTH

PART B

I have read and agree to the following statements:

- Medical Clearance Form (Page 1)
- Eligibility Information (page 3)
- Code of Conduct (page 3)
- Transportation Release and Waiver (page 4)
- Drug Free– Steroid Policy CIF Bylaw 524 (page 4)
- Concussion Policy– CIF Bylaw 503 H- Return to Play Protocol (page 5)
- Sudden Cardiac Arrest (page 5)
- Athletic Consent and Waiver of Liability (page 5-6)
- Medical Authorization and Waiver of Liability (page 6)
- Uniform (page 6)

SIGNATURE OF PARENT/LEGAL GUARDIAN	DATE
SIGNATURE OF STUDENT-ATHLETE	DATE



PART C- STATEMENT FORMS

ELIGIBILITY INFORMATION

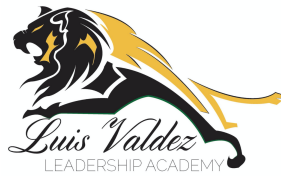
As a member of a high school team you have many responsibilities. Among them is remaining eligible or reporting your ineligibility immediately should it occur. The Rules and Regulations Governing Interscholastic Athletics States "If a school plays an ineligible student, knowingly or unknowingly, in any contest involving sports teams- all contests in which the student participated must be forfeited." Summarized below are the eligibility rules which you must observe:

- 1- Only students who are amateurs may participate in athletic contests.
- 2- Students on high school teams become ineligible if they play on "outside" teams, in the SAME sport, during their high school season of sport.
- 3- For the purpose of this rule, outside competition is prohibited from the opening contest (scrimmage) until the final contest of that sport (league, playoff, or state competition) in which that school is involved, both dates inclusive. The prohibition on playing on outside teams applies to school holidays and vacation periods which occur during the season of the sport.
- 4- To be eligible for an athletic contest a student must be in at least 20 semester periods of work and passed 20 semester periods of work at the completion of the last regular school marking period is scholastically eligible until the completion of the current regular marking period.

CODE OF CONDUCT

Since part of our education is preparing the student-athlete for his/her future in working in a job-oriented society, we work on attitudes and habits of conduct that are positive and helpful. In order to achieve this goal, we believe practice or games must start with a healthy attitude toward the coaches and teammates, and the student-athlete must have a desire to succeed. Any of these areas not developed will weaken the team growth, maturity and success of the student-athlete. Student-athletes must maintain a respectful, positive attitude toward teammates, other adults, coaches, teachers and administrators. Student-athletes must also appreciate, and respect LVLA and other schools' students, campus and property. Student-athletes' language development is important in all activities and academics. Student-athletes will be expected to avoid all swearing, changing trends of slang and inappropriate terms. Students are expected to use language that encourages and uplifts each other. Our school is a drug-free school. Student-athletes must abstain from illegal drugs, tobacco, alcoholic beverages, and activities that limit their potential.

TRANSPORTATION WAIVER AND RELEASE LVLA will provide some transportation either in a school van or vehicle driven by a school official. I authorize my son or daughter to ride in a school van or vehicle driven by a school official in connection with his/her participation in the athletic program. I agree to release LVLA, its officials, directors, employees, and coaching staff from any and all liability arising out of the operation of these vehicles. Additionally, I authorize my son or daughter to use the following alternative mode of transportation: **A private vehicle driven by the parents of another LVLA student.** I understand that when this alternative mode of transportation is used, the driver and owner of the vehicle are fully responsible for the safety of operation, for any and all liability arising from the operation of the vehicle, and for maintaining insurance coverage as required by law. I agree to waive any and all liability against LVLA, its officials, directors, employees, and coaching staff for injuries suffered while using the alternative mode of transportation.



DRUG FREE

Our school is a drug-free school. Student-athletes must abstain from illegal drugs, tobacco, alcoholic beverages, and activities that limit their potential. As a condition of membership in the CIF, all member school shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member school shall have participating student-athletes and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully-licensed physician (as recognized by the AMA) to treat a medical condition.” ([CIF Bylaw 503.1](#)) We also recognize that under CIF bylaw 202, there could be penalties for false or fraudulent information. We also understand that the Alma Heights Christian policy regarding the use of illegal drugs will be enforced for any violations of these rules.

[CONCUSSION PROTOCOL- Click Here](#)

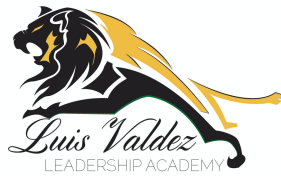
A student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. If a licensed health care provider, trained in education and management of concussion determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return-to-play protocol of no less than seven (7) full days from the time of diagnosis under the supervision of a licensed health care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete’s parent or guardian before the athlete’s initial practice or competition. Q: What is meant by “licensed health care provider?” A: The “scope of practice” for licensed health care providers and medical professionals is defined by California state.

[SUDDEN CARDIAC ARREST- REVIEW LINKED FORM- PARENT/GUARDIAN AND STUDENT-ATHLETE - CLICK HERE](#)

CIF amended its bylaws to include language that adds SCA training to coach certification and practice and game protocol that empowers coaches to remove from play a student-athlete who exhibits fainting—the number one warning sign of a potential heart condition. A student-athlete who has been removed from play after displaying signs or symptoms associated with SCA may not return to play until he or she is evaluated and cleared by a licensed health care provider. Parents, guardians and caregivers are urged to dialogue with student-athletes about their heart health and everyone associated with high school sports should be familiar with the cardiac chain of survival so they are prepared in the event of a cardiac emergency. I have reviewed and understand the symptoms and warning signs of SCA and the new CIF protocol to incorporate SCA prevention strategies into my student’s sports program.

ATHLETIC CONSENT AND WAIVER OF LIABILITY

WARNING STATEMENT TO STUDENTS AND PARENTS SERIOUS, CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION. By its very nature, competitive athletics may put students in situations in which serious, catastrophic and perhaps fatal accidents may occur. Many forms of athletic competition result in violent physical contact among players, the use of sports equipment that may result in accidents, strenuous physical exertion, and numerous other exposures to risk of injury. Students and parents must assess the risks involved in such participation and make their choice to participate in spite of



those risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk, athletic participation may also be inherently dangerous. The obligation of parents and students in making this choice to participate cannot be overstated. There have been accidents resulting in death, paraplegia, quadriplegia and other very serious physical impairment as a result of athletic competition. The risk assumed includes injury resulting from the negligence of other student athletes and participants, and the school supervision of its athletic program cannot prevent negligent conduct by all participants at all times. By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge that such risk exists. Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students must adhere to that instruction and utilization and must refrain from improper uses and techniques. The students have the responsibility to immediately inform the coach or other supervising school personnel of any physical or medical condition that might affect the safety of their participation in the athletic program. As previously stated, no amount of instruction, precaution, and supervision will totally eliminate all risk or serious catastrophic or even fatal injury. If any of the foregoing is not completely understood, please contact your Athletic Director, Billy Dick III, for further information at bdick@sjlvla.org

I, the parent or legal guardian, have read the Warning Statement to Students and Parents. I understand that these risks are present in any and all sports. With full knowledge of the warning statement I am giving my permission and consent for my son or daughter to participate in all sports offered by the Athletic program at LVLA. I agree to release LVLA, its officials, directors, employees, and coaching staff from any and all liability arising out of my son or daughter's participation in the athletic program, including liability for injuries caused by the negligent conduct of any persons involved in the program.

MEDICAL AUTHORIZATION AND WAIVER OF LIABILITY

I, the parent or legal guardian, understand that by their nature, competitive athletics may put students in situations which serious, catastrophic, and perhaps fatal accidents may occur. In the event my son or daughter is injured, I give authorization to my son or daughter's coach or appropriate school official to render first aid and/or secure medical treatment, for him/her to receive whatever treatment is necessary should he/she have to go to a hospital emergency room. I agree to release LVLA, its officials, directors, employees, coaching staff, and medical staff from any liability arising out of first aid rendered and/or medical treatment secured for an injury related to my son or daughter's participation in the athletic program.

UNIFORMS

All uniforms and equipment issued to student-athletes are the property of LVLA and must be returned immediately following each season in the same condition that it was received. Any student-athlete who does not return a uniform or returns a uniform in an unsatisfactory condition* will be charged the full replacement amount for that uniform. *Satisfactory condition is defined as usable for the next sport season. Uniforms should not have any tears, rips holes or discoloration from improper washing (**please wash all uniforms in cold water without bleach**).