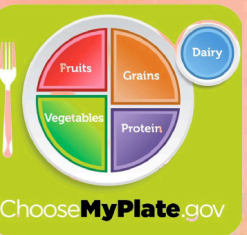


HAPPY
Valentine's Day

FEBRUARY MIDDLE SCHOOL LUNCH MENU

Student Paid-\$3.25
Student Reduced -Free
Adult Lunch- \$5.50



SERVED DAILY

1% White Milk & 1% Chocolate Milk,
*Hamburger, *Cheeseburger,
Spicy Chicken Bites
*Assorted Salads,
*Fresh Deli Sandwich,
PBJ Sandwich

HARVEST OF THE MONTH:

.....

Did you know, mushrooms are most commonly mistaken as vegetables but they are really fungi. Unlike plants, they need very little light to survive and are high in B-vitamins. Try adding sliced mushrooms to your pizza, salad, and steak!

For more information, menus, payment options, SchoolCafe.com, and more, please visit elcosd.org and follow the tabs to Food Services

MON

TUE

WED

THU

FRI

Select one ***lunch entrée**, milk, and up to two fruits and two veggies for a complete meal!

***Chicken Parmesan Sandwich**
***Big Daddy's Pizza**
French Fries
Steamed Green Beans
Fresh Vegetables with Dip
Assorted Fruit

3

***Hot Ham and Cheese on Pretzel Roll**
***Big Daddy's Pizza**
Baby Baker Potatoes
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Cookie

4

***Pillsbury Cinnamon Roll with Yogurt Cup and Mozzarella Stick**
Hash Brown Patty
***Big Daddy's Pizza**
Fresh Vegetables with Dip
Assorted Fruit

5

***Cheese Steak Sandwich**
Potato Wedges
***Big Daddy's Pizza**
Fresh Vegetables with Dip
Assorted Fruit

6

***Justino's Pizza**
Goldfish Crackers
Tossed Salad
Fresh Vegetables with Dip
Assorted Fruit

7

***Pizza Sticks with Meatballs Dipping Sauce**
***Big Daddy's Pizza**
Romaine Salad
Fresh Vegetables with Dip
Assorted Fruit

10

***Chicken Bacon Ranch Sandwich**
***Big Daddy's Pizza**
Sweet Potato Fries
Steamed Green Beans
Baked Beans
Fresh Vegetables with Dip
Assorted Fruit

11

***Grilled Cheese Sandwich**
***Grilled Ham & Cheese Sandwich**
***Big Daddy's Pizza**
Tomato Soup
Goldfish Crackers
Fresh Vegetables with Dip
Assorted Fruit

12

***Beef Taco with Choice of Doritos, Hard or Soft Shell**
***Big Daddy's Pizza**
Steamed Rice
Steamed Corn
Fresh Vegetables with Dip
Assorted Fruit
Churro

13

***Tossed Boneless Chicken Wings**
BBQ or Buffalo Sauce
Dinner Roll
***Big Daddy's Pizza**
French Fries
Steamed Baby Carrots
Fresh Vegetables with Dip
Assorted Fruit

14

NO
School
Today

***Popcorn Chicken**
Mashed Potatoes with Gravy
Steamed Corn
Dinner Roll
***Big Daddy's Pizza**
Romaine Salad
Fresh Vegetables with Dip
Assorted Fruit

18

***Breakfast Egg Sandwich with Choice of Bacon or Sausage**
Tater Tots
***Big Daddy's Pizza**
Fresh Vegetables with Dip
Assorted Fruit

19

***Breaded Chicken Drumstick**
Macaroni & Cheese
***Big Daddy's Pizza**
Steamed Green Beans
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Cookie

20

***Justino's Pizza**
Cheez it Crackers
Tossed Salad
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Pumpkin Pie

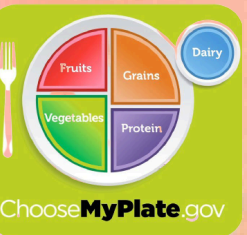
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MON

TUE

WED

THU

FRI

Select one ***lunch entrée**, milk, and up to two fruits and two veggies for a complete meal!

***Glazed Cinnamon French Toast or
*Mini Pancakes
*Big Daddy's Pizza
Sausage Links
Mini Potato Rounds
Fresh Vegetables with Dip
Assorted Fruit** 24

***Mini Buffalo Cheese Calzones
*Big Daddy's Pizza
California Blend Vegetables
Fresh Vegetables with Dip
Assorted Fruit
Mini Ice Cream Sandwich** 25

***Chicken Tenders with Dinner Roll
*Big Daddy's Pizza
Curly Fries
Steamed Cauliflower
Fresh Vegetables with Dip
Assorted Fruit** 26

***Toasted Cheeseburger
*Big Daddy's Pizza
Onion Rings
Coleslaw
Fresh Vegetables with Dip
Assorted Fruit** 27

***Sweet & Sour Chicken over Fried Rice
Fortune Cookie
*Big Daddy's Pizza
Steamed Broccoli
Fresh Vegetables with Dip
Assorted Fruit** 28

***Chicken Parmesan Sandwich
*Big Daddy's Pizza
French Fries
Steamed Green Beans
Fresh Vegetables with Dip
Assorted Fruit** 3

***Hot Ham and Cheese on Pretzel Roll
*Big Daddy's Pizza
Baby Baker Potatoes
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Cookie** 4

***Pillsbury Cinnamon Roll with Yogurt Cup and Mozzarella Stick
Hash Brown Patty
*Big Daddy's Pizza
Fresh Vegetables with Dip
Assorted Fruit** 5

***Shrimp Popper and Seasoned Fry Basket
Corn Bread
*Big Daddy's Pizza
Sweet Potatoes
Fresh Vegetables with Dip
Assorted Fruit** 6

***Justino's Pizza
Goldfish Crackers
Tossed Salad
Fresh Vegetables with Dip
Assorted Fruit** 7

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