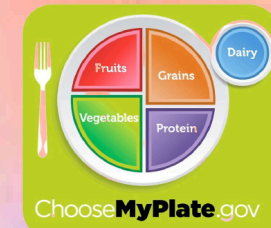




FEBRUARY INTERMEDIATE LUNCH MENU

Student Lunch- \$3.05
 Student Reduced- Free
 Adult Lunch - \$5.50



SERVED DAILY

1% White Milk & 1% Chocolate Milk
 *Yogurt Meal with String Cheese,
 *Assorted Salads,
 *Fresh Deli Sandwich,
 *PBJ Sandwich

HARVEST OF THE MONTH

Did you know, mushrooms are most commonly mistaken as vegetables but they are really fungi. Unlike plants, they need very little light to survive and are high in B-vitamins. Try adding sliced mushrooms to your pizza, salad, and steak!

For more information, menus, payment options, SchoolCafe.com, and more, please visit elcosd.org and follow the tabs to Food Services

MON TUE WED THU FRI

Select one *lunch entrée, milk, and up to two fruits and two veggies for a complete meal!

***Chicken Patty on Bun**
***Cheese Pizza**
French Fries
Baked Beans
Fresh Vegetables with Dip
Assorted Fruit

3

***Grilled Cheese Sandwich**
Tomato Soup
***French Bread Pizza**
Goldfish Crackers
Fresh Vegetables with Dip
Assorted Fruit

4

***Chicken Nuggets**
Dinner Roll
***Cheese Pizza**
Mashed Potatoes
Steamed Green Beans
Fresh Vegetables with Dip
Assorted Fruit

5

***Chicken Parmesan over Rotini**
***French Bread Pizza**
Garlic Knot
Steamed Broccoli
Romaine Salad
Fresh Vegetables with Dip
Assorted Fruit

6

***Pizza Sticks with Dipping Sauce**
***Cheeseburger on Bun**
Steamed Carrots
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Cookie

7

***Bacon Cheeseburger on Bun**
***Hot Dog on Bun**
Sweet Potato Fries
Coleslaw
Baked Beans
Fresh Vegetables with Dip
Assorted Fruit

10

***Mini Pancakes with Syrup**
Sausage Links
***Stuffed Crust Pizza**
Hash Brown Patty
Fresh Vegetables with Dip
Assorted Fruit

11

***Chicken Tenders with Dinner Roll**
***Hot Dog on Bun**
French Fries
Steamed Broccoli
Fresh Vegetables with Dip
Assorted Fruit

12

***Sweet & Sour Chicken over Steamed Rice**
***Stuffed Crust Pizza**
Steamed Broccoli
Fresh Vegetables with Dip
Assorted Fruit

13

EARLY DISMISSAL
NO LUNCH SERVICE

14

NO School Today

***Pizza Sticks with Dipping Sauce**
***Chicken Bacon Ranch Sandwich**
Steamed Broccoli
Fresh Vegetables with Dip
Fresh Baked Cookie

18

***Turkey & Gravy**
***Cheeseburger on Bun**
Dinner Roll
Mashed Potatoes
Sweet Potatoes
Steamed Corn
Fresh Vegetables with Dip
Assorted fruit

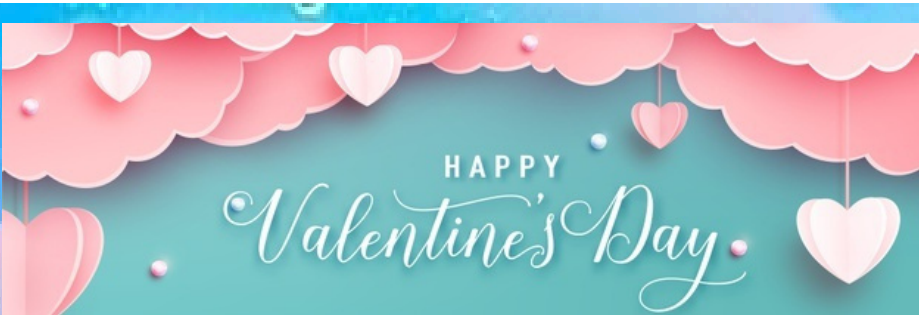
19

***Pillsbury Cinnamon Roll with Yogurt Cup and Mozzarella Stick**
***Cheese Pizza**
Hash Brown Patty
Fresh Vegetables with Dip
Assorted Fruit

20

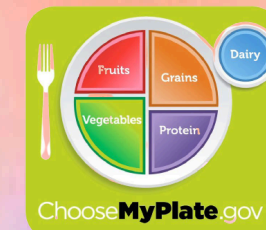
***Mickey's White Pizza**
***Mega Mini Chicken Nugget with Dinner Roll**
Romaine Salad
Fresh Vegetables with Dip
Assorted Fruit

21



FEBRUARY INTERMEDIATE LUNCH MENU

Student Lunch- \$3.05
 Student Reduced- Free
 Adult Lunch - \$5.50



SERVED DAILY
 1% White Milk & 1% Chocolate Milk
 *Yogurt Meal with String Cheese,
 *Assorted Salads,
 *Fresh Deli Sandwich,
 *PBJ Sandwich

HARVEST OF THE MONTH

 Did you know, mushrooms are most commonly mistaken as vegetables but they are really fungi. Unlike plants, they need very little light to survive and are high in B-vitamins. Try adding sliced mushrooms to your pizza, salad, and steak!

For more information, menus, payment options, SchoolCafe.com, and more, please visit elcosd.org and follow the tabs to Food Services

MON TUE WED THU FRI
 Select one ***lunch entrée**, milk, and up to two fruits and two veggies for a complete meal!

***Hot Dog on Bun**
***Cheeseburger on Bun**
 Smiley Fries
 Baked Beans
 Fresh Vegetables with Dip
 Assorted Fruit
 Mini Ice Cream Sandwich **24**

***Glazed Cinnamon French Toast**
 Sausage Links
***Cheese Pizza**
 Hash Brown Patty
 Fresh Vegetables with Dip
 Assorted Fruit **25**

***Popcorn Chicken with Dinner Roll**
***Cheeseburger on Bun**
 Mashed Potatoes
 Steamed Corn
 Fresh Vegetables with Dip
 Assorted Fruit **26**

***Walking Taco with Doritos Chips**
***Cheese Pizza**
 Shredded Lettuce & Diced Tomatoes
 Steamed Corn
 Fresh Vegetables with Dip
 Churro **27**

***Pepperoni or Cheese Pizza**
***Cheeseburger on Bun**
 Steamed Broccoli
 Romaine Salad
 Fresh Vegetables with Dip
 Assorted fruit **28**

***Chicken Patty on Bun**
***Cheese Pizza**
 French Fries
 Baked Beans
 Fresh Vegetables with Dip
 Assorted Fruit **3**

***Grilled Cheese Sandwich**
 Tomato Soup
***French Bread Pizza**
 Goldfish Crackers
 Fresh Vegetables with Dip
 Assorted Fruit **4**

***Chicken Nuggets**
 Dinner Roll
***Cheese Pizza**
 Mashed Potatoes
 Steamed Green Beans
 Fresh Vegetables with Dip
 Assorted Fruit **5**

***Rotini with Sauce and Meatballs**
***French Bread Pizza**
 Garlic Knot
 Steamed Broccoli
 Romaine Salad
 Fresh Vegetables with Dip
 Assorted Fruit **6**

***Pizza Sticks with Dipping Sauce**
***Cheeseburger on Bun**
 Steamed Carrots
 Fresh Vegetables with Dip
 Assorted Fruit
 Fresh Baked Cookie **7**