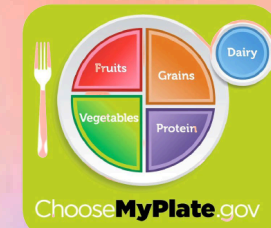


FEBRUARY ELEMENTARY LUNCH MENU

Student Paid- \$3.05
 Student Reduced- Free
 Adult Lunch- \$5.50



SERVED DAILY

- 1% White Milk & 1% Chocolate Milk
- *Yogurt Meal with String Cheese,
- *Assorted Salads
- *Fresh Deli Sandwich

HARVEST OF THE MONTH:

Did you know, mushrooms are most commonly mistaken as vegetables but they are really fungi. Unlike plants, they need very little light to survive and are high in B-vitamins. Try adding sliced mushrooms to your pizza, salad, and steak!

For more information, menus, payment options, SchoolCafe.com, and more, please visit elcosd.org and follow the tabs to Food Services

MON TUE WED THU FRI

Select one *lunch entrée, milk, and up to two fruits and two veggies for a complete meal!

*Chicken Patty on Bun
 *Ham & Cheese Deli Sandwich
 French Fries
 Baked Beans
 Fresh Vegetables with Dip
 Assorted Fruit **3**

*Grilled Cheese Sandwich
 Tomato Soup
 *Ham & Cheese Deli Sandwich
 Goldfish Crackers
 Fresh Vegetables with Dip
 Assorted Fruit **4**

*Chicken Nuggets with Dinner Roll
 *Ham & Cheese Deli Sandwich
 Mashed Potatoes
 Steamed Green Beans
 Fresh Vegetables with Dip
 Assorted Fruit **5**

*Chicken Parmesan over Rotini
 Garlic Knot
 *Ham & Cheese Sandwich
 Steamed Broccoli
 Romaine Salad
 Fresh Vegetables with Dip
 Assorted Fruit **6**

*Pizza Sticks with Dipping Sauce
 *Ham & Cheese Deli Sandwich
 Steamed Carrots
 Fresh Vegetables with Dip
 Assorted Fruit
 Fresh Baked Cookie **7**

*Bacon Cheeseburger on Bun
 *Turkey & Cheese Sandwich
 Sweet Potato Fries
 Coleslaw
 Baked Beans
 Fresh Vegetables with Dip
 Assorted Fruit **10**

*Mini Pancakes with Sausage Links
 *Turkey & Cheese Sandwich
 Hash Brown Patty
 Fresh Vegetables with Dip
 Assorted Fruit **11**

*Chicken Tenders with French Fries
 Dinner Roll
 *Turkey & Cheese Sandwich
 Steamed Broccoli
 Fresh Vegetables with Dip
 Assorted Fruit **12**

*Sweet & Sour Chicken over Steamed Rice
 *Turkey & Cheese Sandwich
 Steamed Broccoli
 Fresh Vegetables with Dip
 Assorted Fruit **13**

**EARLY DISMISSAL
 NO LUNCH SERVICE** **14**

NO School Today

*Corn Dog Nuggets with Cheez it Crackers
 *Ham & Cheese Deli Sandwich
 Baked Beans
 Fresh Vegetables with Dip
 Assorted Fruit **18**

*Chicken Nuggets with Dinner Roll
 *Ham & Cheese Deli Sandwich
 Mashed Potatoes
 Sweet Potatoes
 Steamed Corn
 Fresh Vegetables with Dip
 Assorted Fruit **19**

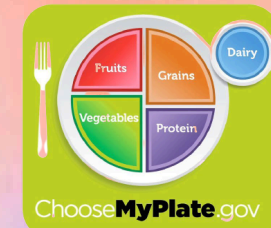
*Pillsbury Cinnamon Roll with Yogurt Cup and Mozzarella Stick
 *Ham & Cheese Deli Sandwich
 Hash Brown Patty
 Fresh Vegetables with Dip
 Assorted Fruit **20**

*Mickey's White Pizza
 Romaine Salad
 *Ham & Cheese Deli Sandwich
 Fresh Vegetables with Dip
 Assorted Fruit
 Fresh Baked Cookie **21**



FEBRUARY ELEMENTARY LUNCH MENU

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 Student Reduced- Free
 Adult Lunch- \$5.50



SERVED DAILY

1% White Milk & 1% Chocolate Milk
 *Yogurt Meal with String Cheese,
 *Assorted Salads
 *Fresh Deli Sandwich

HARVEST OF THE MONTH:

Did you know, mushrooms are most commonly mistaken as vegetables but they are really fungi. Unlike plants, they need very little light to survive and are high in B-vitamins. Try adding sliced mushrooms to your pizza, salad, and steak!

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MON TUE WED THU FRI

Select one ***lunch entrée**, milk, and up to two fruits and two veggies for a complete meal!

***Hot Dog on Bun**
***Turkey & Cheese Sandwich**
 Smiley Fries
 Baked Beans
 Fresh Vegetables with Dip
 Assorted Fruit
 Mini Ice Cream Sandwich **24**

***Glazed Cinnamon French Toast with Sausage Links**
***Turkey & Cheese Deli Sandwich**
 Hash Brown Patty
 Fresh Vegetables with Dip **25**

***Popcorn Chicken with Dinner Roll**
***Turkey & Cheese Deli Sandwich**
 Mashed Potatoes
 Fresh Vegetables with Dip **26**

***Walking Taco with Doritos Chips**
***Turkey & Cheese Deli Sandwich**
 Lettuce & Diced Tomatoes
 Steamed Corn
 Fresh Vegetables with Dip
 Churro **27**

***Cheese Pizza**
***Turkey & Cheese Deli Sandwich**
 Steamed Broccoli
 Romaine Salad
 Fresh Vegetables with Dip **28**

***Chicken Patty on Bun**
***Ham & Cheese Deli Sandwich**
 French Fries
 Baked Beans
 Fresh Vegetables with Dip
 Assorted Fruit **3**

***Grilled Cheese Sandwich**
 Tomato Soup
***Ham & Cheese Deli Sandwich**
 Goldfish Crackers
 Fresh Vegetables with Dip
 Assorted Fruit **4**

***Chicken Nuggets with Dinner Roll**
***Ham & Cheese Deli Sandwich**
 Mashed Potatoes
 Steamed Green Beans
 Fresh Vegetables with Dip
 Assorted Fruit **5**

***Rotini Pasta with Sauce, Meatballs, and Garlic Knot**
***Ham & Cheese Sandwich**
 Steamed Broccoli
 Romaine Salad
 Fresh Vegetables with Dip
 Assorted Fruit **6**

***Pizza Sticks with Dipping Sauce**
***Ham & Cheese Deli Sandwich**
 Steamed Carrots
 Fresh Vegetables with Dip
 Assorted Fruit
 Fresh Baked Cookie **7**