

RSU #63

- a. NEPN/NSBA Code:** **JLD**
- b. Title:** **Guidance & Counseling**
- c. Author:**
- d. Replaces Policy:**
- e. Date Approved:** **05/22/2017 RSU #63**
- f. Previously Approved:** **06/27/2005**
- g. Policy Expiration:** **Review as Needed**
- h. Responsible for Review:** **Superintendent & Policy Committee**
- i. Date Reviewed:** **05/01/2017 Superintendent**
05/01/2017 Policy Committee
- j. References:** **Chap. 125 Sect 9.02**
American School Counselors Association
Maine Comprehensive School Counseling
Program Model
- k. Narrative:**

The RSU 63 School Board (the Board) recognizes and supports the district's focus of the guidance and counseling program is on the developmental needs of all students and the importance provided by district counselors.

- I.** Counselors demonstrate respect for the dignity and worth of each individual and encourage each student to develop individual responsibility and decision-making skills.
- II.** Counselors coordinate the school district's guidance program and involve all staff members in designing and implementing plans to meet the three goals set by the American School Counselors Association (ASCA), which are:
 - A.** Academic development guides the district's counselling programs to implement strategies and activities to support and maximize each student's ability to learn.
 - B.** Personal/social development guides district counseling programs to provide the foundation for personal and social growth as students progress through school and into adulthood.
 - C.** Career development guides district counseling programs to provide the foundation for the acquisition of skills, attitudes, and knowledge that enable students to make a successful transition from school to the world of work, and from job to job across the life span.
- III.** Within the framework of the counseling and guidance goals, specific student and curricular objectives are developed.
- IV.** Elementary and Middle School Counselors Implement the Counseling Programs by providing:

- A. School Guidance Curriculum**
 - 1. Academic support, including organizational, study, and test-taking skills,
 - 2. Goal setting and decision-making,
 - 3. Career awareness, exploration, and planning,
 - 4. Education on understanding self and others,
 - 5. Peer relationships, coping strategies, and effective social skills,
 - 6. Communication, problem-solving, and conflict resolution,
 - 7. Substance abuse education, and
 - 8. Multicultural/diversity awareness.

- B. Individual Student Planning**
 - 1. Academic planning,
 - 2. Goal setting/decision-making,
 - 3. Education on understanding of self, including strengths and weaknesses, and
 - 4. Transition plans.

- C. Responsive Services**
 - 1. Individual and small group counseling,
 - 2. Individual/family/school crisis intervention,
 - 3. Conflict resolution,
 - 4. Consultation/collaboration, and
 - 5. Referrals.

- D. System Support**
 - 1. Professional development,
 - 2. Consultation, collaboration, and teaming, and
 - 3. Program management and operation.