

February 2025

This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.



HIGH SCHOOL MENU

Monday

Breakfast Burrito **3**
GRILLED CHEESE SANDWICH w/TOMATO SOUP
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich and Turkey & Cheese

Tuesday

Pancakes **4**
CHICKEN FAJITA
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese

Wednesday

Breakfast Pizza **5**
MEATBALL STROGANOFF W/ PASTA
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich and Turkey & Cheese

Thursday

French Toast Sticks **6**
COUNTRY FRIED STEAK
TERIYAKI RICE BOWL
Grab & Go - Southwest, Veggie, or Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese

Friday

Mini Waffles **7**
CORN DOG
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef Salad, Veggie Salad
PB & J Sandwich & Italian Club

Pancake on a Stick **10**
CHICKEN CORDON BLEU SANDWICH
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad, Veggie Salad
PB & J and Turkey & Cheese Sandwich

Biscuits & Gravy **11**
MAC & CHEESE W/ NUGGETS
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J and Ham & Cheese Sandwich

French Toast Sticks **12**
CREAMY CHICKEN ENCHILADA
GENERAL TSO RICE BOWL
Grab & Go - Chef & Veggie Salad
PB & J and Turkey & Cheese Sandwich

Breakfast Pizza **13**
SLOPPY JOE
TERIYAKI RICE BOWL
Grab & Go - Southwest, Veggie, or Chicken Caesar Salad
PB & J and Ham & Cheese Sandwich

Apple Oatmeal Bar **14**
TERIYAKI BEEF DIPPERS
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef & Veggie Salad
PB & J and Italian Club Sandwich

17
No School

Pancakes **18**
CHICKEN NUGGETS
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J and Ham & Cheese Sandwich

Breakfast Pizza **19**
PULLED PORK SANDWICH
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J and Turkey & Cheese Sandwich

French Toast Sticks **20**
CHICKEN POTATO BOWL
TERIYAKI RICE BOWL
Grab & Go - Southwest Veggie & Chicken Caesar Salad
PB & J & Ham & Cheese Sandwich

Mini Waffles **21**
CHICKEN ALFREDO
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J & Italian Club Sandwich

Pancake on a Stick **24**
GRILLED CHEESE SANDWICH w/TOMATO SOUP
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich and Turkey & Cheese

Biscuits & Gravy **25**
CHICKEN FAJITA
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese

French Toast Sticks **26**
MEATBALL STROGANOFF W/ PASTA
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich and Turkey & Cheese

Breakfast Pizza **27**
COUNTRY FRIED STEAK
TERIYAKI RICE BOWL
Grab & Go - Southwest, Veggie, or Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese

Apple Oatmeal Bar **28**
CORN DOG
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef Salad, Veggie Salad
PB & J Sandwich & Italian Club

2024-2025 MEAL PRICES

PAID ELEMENTARY MEALS	
Breakfast	\$1.20
Lunch	\$2.50
ADULT MEALS & 2 nd STUDENT MEALS	
Breakfast	\$2.75
Lunch	\$3.75

GRILL ITEMS SERVED DAILY -

Hamburger, Cheeseburger, Spicy Chicken Sandwich, Breaded Chicken Sandwich & Grilled Cheese

PIZZA SERVED DAILY -

PEPPERONI SERVED DAILY
CHEESE SERVED DAILY
HAWAIIAN SERVED TUESDAY
BBQ SERVED THURSDAY

EL CHAVO SERVED DAILY -

CHILI, CHIPS & CHEESE SERVED DAILY
CHEESE ENCHILADA SERVED MONDAY

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

1 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL

Did you know?

February 12th is Abraham Lincoln's birthday. The 16th president of the United States was born in a one-room, 16x18-foot, log cabin with a dirt floor.