

# February 2025

This institution is an equal opportunity provider.  
MENU IS SUBJECT TO CHANGE.



## MIDDLE SCHOOL MENU

### Monday

Breakfast Burrito

3

**CHICKEN NUGGETS w/ MAC & CHEESE**

Grab & Go - Southwest & Veggie Salad PB & J and Turkey & Cheese Sandwich

Pancake on a Stick

10

**GENERAL TSO CHICKEN RICE BOWL**

Grab & Go - Southwest & Veggie Salad PB & J and Turkey & Cheese Sandwich

No School

Pancake on a Stick

24

**PULLED PORK SANDWICH w/ MAC & CHEESE**

Grab & Go - Southwest & Veggie Salad PB & J Sandwich and Turkey & Cheese

### Tuesday

Pancakes

4

**HAWAIIAN, PEPPERONI OR CHEESE PIZZA**

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J and Ham & Cheese Sandwich

Biscuits & Gravy

11

**HAWAIIAN, PEPPERONI OR CHEESE PIZZA**

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J and Ham & Cheese Sandwich

Pancakes

18

**HAWAIIAN, PEPPERONI OR CHEESE PIZZA**

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J and Ham & Cheese Sandwich

Biscuits & Gravy

25

**HAWAIIAN, PEPPERONI OR CHEESE PIZZA**

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J and Ham & Cheese Sandwich

### Wednesday

Breakfast Pizza

5

**CHICKEN POTATO BOWL**

Grab & Go - Southwest & Veggie Salad PB & J Sandwich and Turkey & Cheese

French Toast Sticks

12

**CORN DOG**

Grab & Go - Southwest & Veggie Salad PB & J and Turkey & Cheese Sandwich

Breakfast Pizza

19

**CHICKEN NUGGETS**

Grab & Go - Southwest & Veggie Salad PB & J Sandwich and Turkey & Cheese

French Toast Sticks

26

**CHICKEN POTATO BOWL**

Grab & Go - Southwest & Veggie Salad PB & J Sandwich and Turkey & Cheese

### Thursday

French Toast Sticks

6

**BBQ, PEPPERONI OR CHEESE PIZZA**

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J and Ham & Cheese Sandwich

Breakfast Pizza

13

**BBQ, PEPPERONI OR CHEESE PIZZA**

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J and Ham & Cheese Sandwich

French Toast Sticks

20

**BBQ, PEPPERONI OR CHEESE PIZZA**

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J and Ham & Cheese Sandwich

Breakfast Pizza

27

**BBQ, PEPPERONI OR CHEESE PIZZA**

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J and Ham & Cheese Sandwich

### Friday

Mini Waffle

7

**GRILLED CHEESE SANDWICH w/ TOMATO SOUP**

Grab & Go - Southwest & Veggie Salad PB & J and Italian Club Sandwich

Apple Oatmeal Bar

14

**CHILI & CHIPS w/ NACHO CHEESE SAUCE**

Grab & Go - Southwest & Veggie Salad PB & J and Italian Club Sandwich

Mini Waffles

21

**TACOS**

Grab & Go - Southwest & Veggie Salad, PB & J Sandwich & Italian Club

Apple Oatmeal Bar

28

**CORN DOG**

Grab & Go - Southwest Salad & Veggie Salad PB & J Sandwich & Italian Club

## 2024-2025 MEAL PRICES

PAID MEALS

Breakfast \$1.20

Lunch \$2.30

ADULT MEALS & 2<sup>nd</sup> STUDENT MEALS

Breakfast \$2.75

Lunch \$3.75

## GRILL ITEMS SERVED DAILY -

**Hamburger, Cheeseburger, Spicy Chicken Sandwich, Breaded Chicken Sandwich & Grilled Cheese**

During LUNCH, students must choose at least 3 of the following 5 components: *Low-fat milk, whole grains, fruits, vegetables, and protein.* When choosing ingredients and entrees to serve for our program we look for foods that are *lean, low-fat, low-sodium, low-sugar, and whole grain rich.* Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

**½ CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL**

## Did you know?

February 12th is Abraham Lincoln's birthday. The 16th president of the United States was born in a one-room, 16x18-foot, log cabin with a dirt floor.