

1. Academic Development

Goal: Help students achieve school success and develop the skills needed for academic achievement.

- **Resources for Supporting Homework and Study Skills:**
 - **Parent Toolkit (NBC News Learn):** Offers resources on how parents can support their children's academic success, including tips for effective study habits.
 - **National PTA:** Provides resources for helping children with organization, time management, and academic goals. [National PTA: Academics](#)
 - **Study Skills for Parents (StudyPoint):** Helps parents understand effective study habits and strategies. StudyPoint Study Skills
- **Supporting Academic Motivation:**
 - **Mindset Kit (University of California, Berkeley):** Offers strategies to develop a growth mindset, which can help students become more resilient and motivated in their studies.
 - **The Learning Network (New York Times):** Provides a variety of resources to support academic achievement, including lesson plans and discussion ideas. [Learning Network](#)

2. Social/Emotional Development

Goal: Foster the development of self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.

- **Supporting Emotional Regulation:**
 - **CASEL (Collaborative for Academic, Social, and Emotional Learning):** A wealth of resources for parents on how to support social-emotional learning (SEL) at home. [CASEL SEL Resources](#)
 - **Parenting with Love and Logic:** Provides resources for supporting emotional regulation and building strong parent-child relationships. [Love and Logic](#)
- **Helping Children Build Healthy Relationships:**
 - **The Social-Emotional Learning Alliance for Texas (SEL4TX):** Offers webinars, articles, and tips for parents on how to help their children navigate social challenges. [SEL4TX](#)
 - **Parenting Teenagers (HelpGuide):** Provides evidence-based strategies on communication and building strong relationships with adolescents. HelpGuide: Parenting Teens
- **Mental Health Support:**
 - **National Alliance on Mental Illness (NAMI):** Offers a variety of resources for parents of children with mental health challenges. NAMI: Parents & Caregivers

- **The Child Mind Institute:** Provides expert advice and resources for parents dealing with mental health issues, including anxiety, depression, and behavioral concerns. [Child Mind Institute](#)
- [The Psychology of Parenting](#), Ask Dr. Lisa D'Amour

3. Career Development

Goal: Help students understand and apply career exploration and planning concepts to make informed decisions about their future.

- **Career Exploration:**
 - **My Next Move:** An interactive tool for students to explore different careers based on interests, skills, and values. Parents can use this tool to guide their children in exploring potential career paths. [My Next Move](#)
 - **CareerOneStop** (U.S. Department of Labor): Offers resources to explore careers, job market trends, and educational paths. [CareerOneStop](#)
- **College & Career Planning:**
 - **BigFuture (College Board):** Provides parents with resources to help their children plan for college and future careers, including scholarship and financial aid information. BigFuture
 - **The College and Career Readiness (CCR) Center:** Helps parents understand how to support their child's postsecondary aspirations through resources on college readiness, financial aid, and scholarships. [CCR Center](#)
- **Workforce Readiness:**
 - **National Career Development Association (NCDA):** Offers parents information on workforce development, career planning, and strategies to guide their child's job readiness. [NCDA](#)
 - **Job Shadowing & Internships Resources:** The **Youth Employment Services (YES)** offers tools for exploring job shadowing and internship opportunities, helping parents support their child's early career exploration. [YES](#)

4. Community Involvement & Engagement

Goal: Encourage and enhance parent and community involvement in students' academic and career development.

- **Engaging Parents in Education:**
 - **Edutopia's Parent Resources:** Offers a variety of articles and advice for parents to be more involved in their child's schoolwork and social life. Edutopia: Parent Resources
 - **National Network of Partnership Schools** (Johns Hopkins University): Provides research-based strategies to enhance school-family-community partnerships. [NNPS](#)
- **Building a Supportive School Community:**

- **Parent-Teacher Association (PTA):** Offers various resources on how parents can actively engage in their child's school community and advocate for positive school environments. [PTA: Parent Resources](#)

5. Postsecondary Planning

Goal: Help students plan for postsecondary education and career opportunities.

- **Navigating the College Application Process:**
 - **The Common Application:** Guides parents and students through the college application process, including tips on essay writing, letters of recommendation, and application deadlines. [Common App](#)
 - **College Admission Strategies** (U.S. News): Offers parents advice on how to navigate the admissions process and choose the right fit for their child. U.S. News College Admissions
- **Scholarships and Financial Aid:**
 - **FAFSA (Free Application for Federal Student Aid):** A tool for parents to help students apply for financial aid for college. FAFSA
 - **Scholarships.com:** A comprehensive scholarship search database that parents can use to help their children find funding opportunities for higher education. [Scholarships.com](#)

Additional Tools & General Resources for Parents:

- **Understood.org:** Offers resources for parents of students with learning differences and disabilities, including tools to support academic success. [Understood.org](#)
- **Great Schools:** Provides resources and articles for parents on understanding how to support their child's education. [GreatSchools](#)