

ONALASKA HIGH SCHOOL MENU

FEBRUARY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Line 1: WG Popcorn Chicken/WG Dinner Roll Line 2: Meatball Sub/ Mozzarella / WG Hoagie Line 3: Brat with Potato Pierogies All Lines: Carrot Coins, Apple Slices, Garden Bar Breakfast: Mini Bagels with Cream Cheese, fruit, juice, milk	Line 1: Orange Chicken Brown Rice Line 2: 2- WG Uncrustable PB&J and Sun Chips Line 3: Orange Chicken with WG Ramen Noodles All Lines: Broccoli Spears, Blueberries/Pears, Garden Bar Breakfast: French Toast, 2 sausage links, fruit, juice, milk	Line 1: WG Pizza Variety Line 2: BBQ Pulled Pork Sundae/Fritos Line 3: Chicken fajitas /Grilled Peppers /WG Shell All Lines: Baked Beans, Cole Slaw, Mixed Fruit Cup, Garden Bar Breakfast: Uncrustable PB & J, Yogurt , fruit, juice, milk	Line 1: Chicken Ranch Wrap Line 2: California Cheeseburger / WG Bun Line 3: BBQ Pulled Pork Sandwich/ WG Bun All Lines: Tater Tots, Mandarin Oranges, Garden Ba Breakfast: Breakfast Pizza, fruit, juice, milk	Line 1: WG Pasta Bowl with Chicken or Meatballs/ Garlic Knot Line 2: Spicy Chicken Sandwich/ WG Bun Line 3: Same as Line 1 All Lines: Orange Slices, Slushy Cup, Garden Bar Breakfast: Breakfast Sandwich on a WG Biscuit, fruit, juice, milk
10	11	12	13	14
Line 1: WG Spaghetti / Plain sauce /Cheese/ Garlic Knot Line 2: Chicken Panini on a Ciabatta Bun Line 3: WG Soft Shell Taco All Lines: Broccoli , Blueberries/ Garden bar Breakfast: WG Cheese Quesadilla & Salsa, fruit, juice, milk	Line 1: WG Chicken and Waffles Line 2: California Cheeseburger or Mushroom/ Swiss on a WG Bun Line 3: Same as Line 1 All Lines: Applesauce, Carrot Coins, Garden Bar Breakfast: Breakfast Sandwich on a WG Biscuit, fruit, juice, milk	Line 1: WG Chicken Strips Line 2: Meatballs/Gravy WG Chicken Strips All Lines: Mashed Potatoes and Gravy, WG Dinner Roll, Green Beans, Slushy Cup, Garden Bar Breakfast: Breakfast Pizza, fruit, juice. milk	Line 1: BBQ Pulled Pork / WG Bun Line 2: Crispy Fish Sandwich / WG Bun Line 3: WG Chicken Strips/ Dinner Roll All Lines: Mac -N – Cheese, Cole Slaw, Mixed Fruit Cup, Garden Bar Breakfast: Uncrustable PB & J, Yogurt Cup, fruit, juice, milk	Line 1: WG Cheese Ravioli/ Marinara Line 2: Dill Chicken Filet/ WG Bun Line 3: Pizza Variety All Lines: Whole Kernel Corn, Apple Slices, Garden Bar Breakfast: WG Chicken Breakfast Biscuit with Honey, fruit, juice, milk
17	18	19	20	21
No School	<p style="text-align: center;"><u>Farm to School Harvest of the Month</u> <u>WI Farm to School Chili Day</u></p> Line 1: Bakalar Hot Dog on a WG Bun Line 2: WG Grilled Cheese Sandwich Line 3: Spicy Chicken Patty on a WG Bun All Lines: <u>WI Farm to School Chili</u> , Blueberries and Pears, Garden Bar Breakfast: WG Cheese Quesadilla & Salsa, Tater Tots fruit, juice, milk	Line 1: Chicken Dumplings with Stir Fry Veggies Line 2: 2- Uncrustable PB&J's/Sun Chips Line 3: Dill Chicken Filet on a WG Bun All Lines: Banana, Sweet Potato Fries, Garden Bar Breakfast: Breakfast Pizza, fruit, juice, milk	Line 1: Pizza Variety Line 2: Walking Taco with Tostitos chips Line 3: Chicken Patty on a WG Bun All Lines: Whole Kernel Corn, Mixed Fruit Cup, Garden Bar Breakfast: WG Mini Bagels / Cream Cheese, fruit, juice, milk	Line 1: French Toast and Sausage Line 2: Spaghetti with Garlic Knot Line 3: BBQ Pulled Pork Sundae/ Fritos All Lines: Tater Tots, Garden Bar Breakfast: Sausage, WG Muffin, Tater Tots, fruit, juice, milk
24	25	26	27	28
Line 1: Orange Chicken with WG Ramen Line 2: Teriyaki Meatball with WG Ramen Line 3: Orange Chicken with Brown Rice All Lines: Steamed Broccoli, Garden Bar Breakfast: French Toast, 2 sausage links, fruit, juice, milk	Line 1: Chicken and Waffles Line 2: Cheeseburger on a WG Bun Line 3: Chicken and Waffles All Lines: Orange Slices/ Blueberries, Green Beans, Garden Bar Breakfast: WG Cheese Quesadilla & Salsa, Tater Tots, fruit, juice, milk	Line 1: WG Pizza Variety Line 2: Chicken Ranch Wrap Line 3 : Meatball sub on a WG Hoagie All Lines: Slushy Cup, Carrot Coins, Garden Bar Breakfast: Breakfast Pizza, fruit, juice, milk	Line 1: Line 1: WG Pasta Bowl with Chicken or Meatballs/ Garlic Knot Line 2: Spicy Chicken Sandwich/ WG Bun Line 3: Same as Line 1 All Lines: Mixed Fruit Cup, Green Peas, Garden Bar Breakfast: Uncrustable PB & J, Yogurt , fruit, juice, milk	Line 1: Crispy Fish Sandwich with Cheese Line 2: WG Grilled Cheese and Soup Line 3: Dill Chicken Filet on a WG Bun All Lines: Oven Fries, Apple Slices, Garden Bar Breakfast: WG Chicken Breakfast Biscuit with Honey, fruit, juice, milk
<u>USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</u>			Menu is subject to change without notice	Fresh Garden Bar and milk choices available

Allergy Notice: Menu items may contain tree nuts, peanuts/nut products, wheat, fish, eggs, soy, and various legumes. Students with allergies should contact the School Nurse or School Nutrition Director prior to eating any foods served in the cafeteria