

February

EEC

Lunch Menu

Lunch Entree

Popcorn Chicken
With
Banana or Blueberry Bread
Elfin Loaf

Vegetables

Steamed Broccoli

Fruit

Daily Fruit Cups
Seasonal Fresh Fruit

Milk

1% Lowfat Milk

Condiments

Variety of Condiments

3

Lunch Entree

With
Turkey Sausage Link

Vegetables

Assorted Fresh Veggies

Fruit

Daily Fruit Cups
Seasonal Fresh Fruit

Milk

1% Lowfat Milk

Condiments

Variety of Condiments

4

Lunch Entree

Seasoned Chicken Strips
With
Chicken Dippin' Sauce
And

Vegetables

Assorted Fresh Veggies
Far East Vegetable Blend

Fruit

Daily Fruit Cups
Seasonal Fresh Fruit

Milk

1% Lowfat Milk

Condiments

Variety of Condiments

5

Lunch Entree

Pizza Crunchers Cheese
Bites

Vegetables

Assorted Fresh Veggies
Steamed Green Beans

Fruit

Daily Fruit Cups
Seasonal Fresh Fruit

Milk

1% Lowfat Milk

Condiments

Variety of Condiments

6

Lunch Entree

Breaded Chicken
Sandwich

Vegetables

Assorted Fresh Veggies
Vegetarian Baked Beans

Fruit

Daily Fruit Cups
Seasonal Fresh Fruit

Milk

1% Lowfat Milk

Condiments

Variety of Condiments

7

Lunch Entree

Bosco Cheese Sticks with
Marinara Dipping Sauce

Vegetables

Steamed Corn
Assorted Fresh Veggies

Fruit

Daily Fruit Cups
Seasonal Fresh Fruit

Milk

1% Lowfat Milk

Condiments

Variety of Condiments

10

Lunch Entree

Tyson Chicken Nuggets
With
Banana or Blueberry Bread
Elfin Loaf

Vegetables

Assorted Fresh Veggies
Fruit & Vegetable Juice

Fruit

Daily Fruit Cups
Seasonal Fresh Fruit

Milk

1% Lowfat Milk

Condiments

Variety of Condiments

11

Lunch Entree

Vegetables
Assorted Fresh Veggies
Fruit & Vegetable Juice

Fruit

Daily Fruit Cups
Seasonal Fresh Fruit

Milk

1% Lowfat Milk

Condiments

Variety of Condiments

12

Lunch Entree

Italian Beef Pepperoni
Calzone

Vegetables

Assorted Fresh Veggies
Steamed Green Beans

Fruit

Daily Fruit Cups
Seasonal Fresh Fruit

Milk

1% Lowfat Milk

Condiments

Variety of Condiments

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PD day

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President's Day

17

Lunch Entree
Tyson Chicken Nuggets
Vegetables
Assorted Fresh Veggies
Tater Tots
Fruit
Daily Fruit Cups
Seasonal Fresh Fruit
Milk
1% Lowfat Milk
Condiments
Variety of Condiments

18

Lunch Entree
With
Split Top Biscuit
Vegetables
Assorted Fresh Veggies
Tri Tator
Fruit
Daily Fruit Cups
Seasonal Fresh Fruit
Milk
1% Lowfat Milk
Condiments
Variety of Condiments

19

Lunch Entree
Pizza Crunchers Cheese Bites
Vegetables
Assorted Fresh Veggies
Steamed Corn
Fruit
Daily Fruit Cups
Seasonal Fresh Fruit
Milk
1% Lowfat Milk
Condiments
Variety of Condiments

20

Lunch Entree
Turkey Ham & Cheese on Hawaiian Bun
With
Cheese Stick
Vegetables
Assorted Fresh Veggies
Steamed Broccoli
Fruit
Daily Fruit Cups
Seasonal Fresh Fruit
Milk
1% Lowfat Milk
Condiments
Variety of Condiments

21

Lunch Entree
Cinnamon Glaze Pancakes
With
Chicken Sausage
Vegetables
Assorted Fresh Veggies
Tri Tator
Fruit
Daily Fruit Cups
Seasonal Fresh Fruit
Milk
1% Lowfat Milk
Condiments
Variety of Condiments

24

Lunch Entree
Breaded Chicken Fries
Vegetables
Assorted Fresh Veggies
Steamed Corn
Fruit
Daily Fruit Cups
Seasonal Fresh Fruit
Milk
1% Lowfat Milk
Condiments
Variety of Condiments
Chicken Dippin' Sauce

25

Lunch Entree
Macaroni and Cheese
Vegetables
Assorted Fresh Veggies
Fruit & Vegetable Juice
Fruit
Daily Fruit Cups
Seasonal Fresh Fruit
Milk
1% Lowfat Milk
Condiments
Variety of Condiments

26

Lunch Entree
Cheese Pizza
Vegetables
Assorted Fresh Veggies
Steamed Green Beans
Fruit
Daily Fruit Cups
Seasonal Fresh Fruit
Milk
1% Lowfat Milk
Condiments
Variety of Condiments

27

Lunch Entree
Mini Cheeseburger Sliders
Vegetables
Assorted Fresh Veggies
Crinkle Cut Fries
Fruit
Daily Fruit Cups
Seasonal Fresh Fruit
Milk
1% Lowfat Milk
Condiments
Variety of Condiments

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