

Period 1	7:45 – 8:35
Period 2	8:40 - 9:30
Break	9:30 - 9:40
Period 3	9:45 - 10:35
Period 4	10:40 - 11:30
Lunch	11:30 - 12:00
Period 5	12:05 - 12:55
Period 6	1:00 - 1:50
Period 7	1:55 – 2:45

Friday, January 24th, 2025

Today is our Cougar Pride Spirit Day! If you are showing your spirit by wearing LOTS of RED or Carmel gear, head over to the spirit table by the theater during lunch for a Cougar Buck and to be entered into a drawing for your chance to win awesome spirit gear. Today is also your chance to earn Cougar Bucks! Grab a partner and head to the main quad for our Fun Friday Activity and for your chance to earn Cougar Bucks. If you save up FOUR Cougar Bucks, head over to the student store to purchase a delicious frozen treat. Each participant receives one Cougar Buck, and the winners receive two!

Congratulations to all the amazing 8th graders who completed their Science Fair Projects! The top ten students that will represent CMS at the Monterey County Science Fair are: Lyric Bonsper, Jade Granbery, Anya Griesser, Stella Ingram, Siena Ketcham, Vivian Lander, Michelle Nguyen, Sparrow Picard, Connor Thomas, and Maddie Whitford. The ten awards of excellence who will be our alternate representatives at County are Gio Andrade, Cora Landry, Tessa Mirski, Ellen O'Connor, Lily Savoie, Fiona Steinberg, Hazel Tischio, Olivia Tringali, Ty Yoshizato, and Eric Zhang Everyone is welcome to view the projects which will be set up through Tuesday, but please do not touch the projects or the awards in front of the projects. This is a great time for 7th graders to get thinking about next year!

%6th & 7th grade students: It's the last day to turn in your elective choice worksheets for the 25-26 school year. Drop yours off to Ms. Elaine in the front office.

W Attention 7th & 8th Graders applying for CJSF (California Junior Scholarship Federation): The deadline to apply is TODAY by 2:45pm. If you have any questions, please reach out to your School Counselor.

Good Luck to our 7th and 8th Grade Boys Basketball Teams when they travel to Palma for their games today. Goooo Cougars!

In the 7th Grade Wiffle ball Tournament of Donuts, it was a close game yesterday at Wiffler's Park as the *Steely Bananas* took on the *Chilton Glizzy Gobblers*. The **Bananas** took an early lead scoring 3 runs in the first inning thanks to some clutch inning by Julian Collins and Riley Boyce. With a lead off hit from coach Chilton, the **Gobblers** had their chance to come back in the last inning but were shut down by a spectacular game ending diving catch from Luke Villa. **The Bananas** won this game 3-1. Join us for today's matchup between the *Abate's Purple Minions* and the *Glaziertiniez Gogginsez*.

Attention Actors: CMS Drama Presents.... Once Upon a Mattress! This hilarious comedy musical that was adapted from "The Princess and the Pea," and is sure to leave our audience in stiches. We are currently looking for cast and crew for the show. Tryouts and auditions for actors, singers, dancers, and comedians will take place next Tuesday, January 28th from 3:00-5:00pm and Thursday, January 30th from 2:20-4:30pm. Being in a show is a ton of fun! Don't miss out!

We need our Loaner Chromebooks back! If you have borrowed a loaner Chromebook, please return them to the library by the end of the school day.

Today's Menus: Breakfast: A Breakfast Burrito, Yogurt with Granola, and Cinnamon Toast Crunch. Lunch: Domino's Pizza, Spicy Chicken Sandwich, a Turkey Sandwich, or a Bean & Cheese Burrito.

🚔 Happy Birthday to everyone who are celebrating over the weekend, including: