

School District U-46

Middle School Physical Education (PE) Updates 2023-2024

Board of Education Presentation

Presenters

Celia Banks, Director of Curriculum and Instruction
Tracey Jakaitis, Student Wellness Curriculum Coordinator
Mary Juvingo, Student Wellness Teacher Leader
January 22, 2024



Purpose

Middle School Physical Education Course Updates

- Curriculum Templates
- Assessments and Rubrics
- Teacher Resource
- Teacher Professional Development and Supports

Alignment to Strategic Plan

U46 STRATEGIC PLAN AUG 2022 Revised



Student Success

It is our responsibility to ensure all students are engaged in rigorous learning, receive quality core instruction, and can develop the skills they need for better life chances and opportunities. By helping students develop self and peer agency, they will develop a growth mindset as they learn to expand their perspectives.

Effective & Engaged Staff

We will value, develop, recruit, and retain a forward-thinking, highly qualified, and diverse workforce. We will establish a robust process for measuring employee engagement to identify and proactively address employee engagement issues.

Culture, Climate & Community

We will engage in meaningful and effective relationships with our students, families and the greater community and will ensure that our schools are welcoming and inviting places for all of our U-46 students and families. We will become a choice district that inspires families to join us.

Excellence, Efficiency & Accountability

We will advocate for and utilize systems and resources that promote fiscal equity, operational excellence, efficiency and accountability. It is our moral imperative to change until all our systems measurably work for all students.



Rationale

A review of Infinite Campus assessment data, Canvas assessment data, teacher survey feedback, and equipment equity resulted in a need for the following updates for middle school physical education:

- Curriculum templates updates
- Increase the support and focus on fitness curriculum and consistent access to fitness equipment
- Rubric for Standard 21A (Personal Responsibility)
- Increase rigor of district assessments and rubrics

Process

The process used to update and revise the physical education program since last Board of Education presentation in 2020:

- Teacher feedback from survey (February 2022)
- In person teacher review of 2020 curriculum and discuss survey feedback (PPD March 2022)
- Middle school PE teachers updating templates, rubrics, and assessments based on feedback and the need to increase rigor (June 2022)

Process

Teachers who were either part of the process in updating the curriculum documents, professional development planning, or creating the common assessments for teachers to use.

Tefft Middle School

- Todd Anderson

Kenyon Woods

- Mary Juvingo

Ellis Middle School

- Bill Wilson

Larsen Middle School

- Raquel Castilho

Abbott Middle School

- Chad Dahlman

Canton Middle School

- Randy Hammer

Proposal Recommendation

Updates to support instruction, equity, and access

- Designated Teaching Space for PE classes
 - One class assigned per instructional space
- Equipment Equity
 - Fitness equipment added to Canton, Kimball, and Kenyon Woods
- Updates to Fitness Equipment (TRX, Cardio)
 - Tefft, Eastview, and Abbott
- Consistency in Access and Experiences for Students
 - Facilities rotation schedule

Proposal Recommendation

Updates to Curriculum

- Curriculum and Instructional Templates
- Updates to Illinois Learning Standards 19, 20, and 21

Proposal Recommendation

Standard 19 Updates

<u>2020</u>	<u>2023</u>
Biomechanical Principles	Movement Concepts
Sequence of Movement (Dance)	Sequence of Movement (Dance) Removed - School Code (08014A000)
	Increase rigor of summative assessments and rubrics
	Separated demonstration (19A), from knowledge of skills (19B)
	Added content and summative on rules/strategy (19C) based on the standard guidance

Proposal Recommendation

Standard 20 Updates

2020

Fitness Focus - Standardized Testing Data

- Students used data from fitnessgram test for goal setting.

2023

Fitness Focus - Individual Fitness Data

- Students collect individual fitness data using fitness equipment for goal settings.

Skill Related Fitness Concepts added (20A).

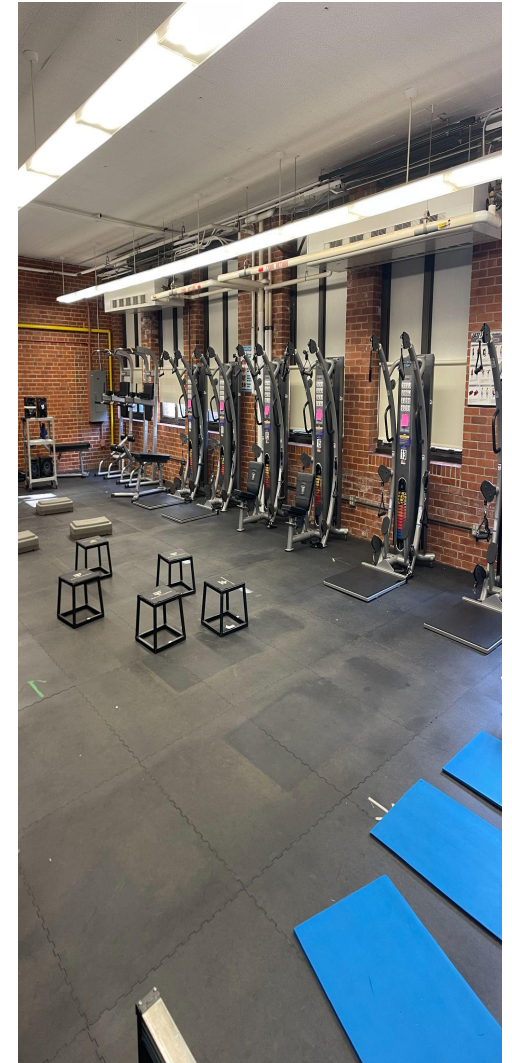
Kenyon Wood Equipment Updates



Larsen Equipment Updates



Abbott Equipment Updates




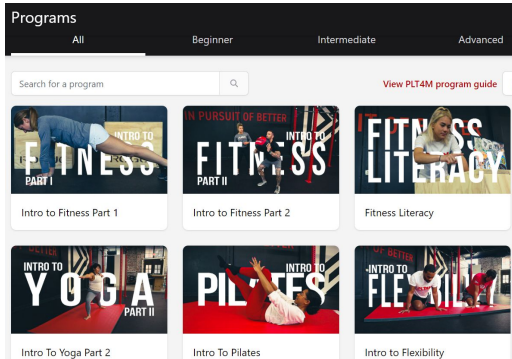
Tefft Equipment Updates (Video)

Proposal Recommendation

Standard 21 Updates

<u>2020</u>	<u>2023</u>
Personal Responsibility	Personal Responsibility - Rubric Adjusted (21A)
Cooperative Skills	Removed Cooperative Skills (21B) as a mandated district summative

Recommended Resources

PD Target Group	Description	Date
37 PE teachers	TRX System Overview and Training 	August 2022 PD
37 PE teachers	PLT4M New Electronic Resource for Fitness Lessons/Demonstration 	January 2024 DCD

Recommended Resources and Implementation

PD Target Group	Description	Date
37 PE Teachers	Updates to the MS PE Curriculum Rubrics, Assessments, Learning Targets and Teacher Resources Presentation	August 2023 PPD - Presentation voice over sent to all MS PE teachers for future reference January, 26 2024 - DCD will review final updates
Middle Schools (Individual Site Support)	Updating of Polar Heart Rate monitors and support teachers at individual sites with implementation (2 of 8 schools did not need support)	Kenyon MS - August 2023 Eastview MS - August 2023 Canton MS - August 2023 Kimball MS - September 2023 Larsen MS - September 2023 Ellis MS - September 2023
8 Middle Schools (Individual Site Support)	Individual team support with understanding the curriculum, implementing the curriculum and backwards mapping lessons to align with district summatives.	Larsen MS - 11/15/2023 Eastview MS - 12/1/2023 Canton MS - 12/20/2023 Kenyon MS - 2/7/2024 Kimball MS - TBD Ellis MS - TBD Abbott MS- TBD Tefft MS- TBD

Cost to Update MS PE

<u>Item</u>	<u># of Years of Access</u>	<u>Quantity</u>	<u>Unit Cost</u>	<u>Total Cost</u>
Teacher PLT4M Resource & Professional Development for 5 years	5	Unlimited (Access for all 7-8 PE teachers)	\$4,500	\$4,500.00
Professional Development	N/A	37 teachers (3 hrs. per team)	\$37.23 (per hour)	\$4,132.53
TOTAL				\$8,632.53

Plans for the Evaluation of Change

- Walk through visits with middle school principals to support understanding PE curriculum and instruction - ongoing
- Walk through visits to observe curriculum implementation to support future team or individual professional development
- Teacher surveys yearly in December and April to assess curriculum templates, assessments, and rubrics
- Review and revise curriculum templates, rubrics, and assessments following teacher feedback and observations
- Share revision updates with teachers via DCD or site visits

