



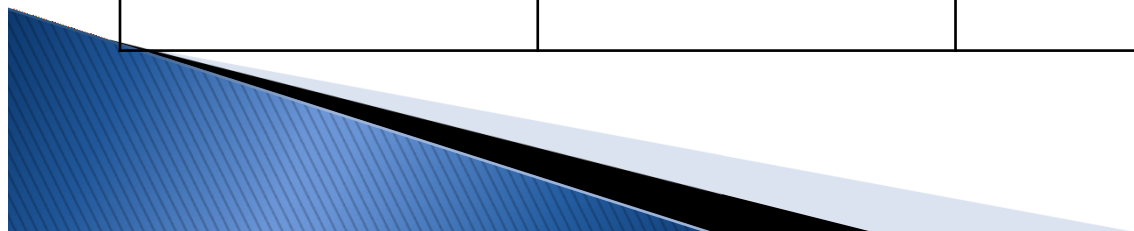
# Physical Education Curriculum Proposal



Presenters: Tracey Jakaitis-Student Wellness Coordinator,  
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# Curriculum Writing Team

Tracey Jakaitis  Student Wellness Coordinator	Mary Kate Brooks  Bartlett High School	Peg Corcoran  Elgin High School	Stephanie Katzenberger  South Elgin High School
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# Purpose

- Propose to the Board of Education the adoption of the four curriculum frameworks for high school physical education.
  - Lifeguard Certification and Leadership
  - Introduction to Leadership in Physical Education
  - Advanced Leadership in Physical Education
  - Senior Leadership Practicum in Physical Education
- Provide common district wide learning opportunities and assessments for students that are in compliance with the new Illinois Learning Standards.
- Implement physical education courses that provide students skills, knowledge, experiences and certifications to be used within career pathways.



## Aligned to the U46 Strategic Plan

### Student Achievement Priority #1

We will implement and support a challenging, standards based curriculum across all content areas.

We have developed, will implement and will support a challenging, standards based physical education curriculum that focuses on individual leadership skills and opportunities for students to use their skills in leadership roles within our schools and community.

### Effective and Engaged Staff Priority #4

We will encourage collaboration and provide differentiated support to all staff members to grow as professionals throughout their careers.

We have developed a professional development plan to support teacher training, collaboration and certifications to successfully implement these four courses at all U46 high schools.



# Rationale

- New lifeguard certification course that will provide students with career opportunities in the community and physical education classes.
- Development of district wide standards based curriculums with assessments and rubrics aligned to the updated State and National Learning Standards.
- Alignment of physical education courses with the career pathways vision.



# Beliefs/Research

- ▶ Physical education needs to provide relevant options for students to learn and demonstrate what they know in a variety of activities.
- ▶ Physical education needs to connect what students know and can do with their health and career opportunities.



# Writing Process

- Understanding by Design Training
- Mapping the Curriculum, Writing Assessments/Rubrics
- Professional Development Team Feedback
- Curriculum and Instruction Plus Team Feedback
- Instructional Cabinet Feedback
- Instructional Council Steering/Instructional Council Feedback
- Board of Education Presentation





# Resources for Curriculum Mapping

Resources used help define what a student should know and be able to do as result of a quality physical education program.

- Illinois Physical Development and Health Standards– Revised 5/2015.
- Surrounding district lifeguard certification and leader program curriculum outlines.
- Current U-46 Physical Education Junior Leader and Senior Leader curriculum outlines.
- American Red Cross Lifeguard Certification course outline.



# Learning Outcomes

- *Collaboration* – Working together and learning how to problem solve individually and in groups during structured and unstructured activities.
- *Leadership*– The understanding of the role leadership has in social influence and maximizing the efforts of others towards a group goal.
- *Career Exploration*– Students will understand career opportunities available using their lifeguard certification and leadership skills.



# Curriculum Implementation

## Spring/Summer 2019

- Teacher lifeguard certification training.
- Teacher lifeguard instructor training.

## Spring/August 2019

- Distribute Frameworks/Assessments/Rubrics.
- Standards based learning and assessment in Infinite Campus.
- Using an IPAD in PE for assessment and lesson planning by both teachers and students.



# Resources

## ➤ Teacher Curriculum Professional Development: **\$9,860**

- Spring of 2019 Lifeguard Certification Training (6 days, 6–8 teachers): \$4,580
- Spring of 2019 Substitute Cost for PD: \$5,280
- Spring 2019 Template, Rubric, Assessment Review and IPAD PD: DCD \$0

## ➤ Physical Education

### Text/Equipment/Technology: **\$76,401.57**

- 2019–2020 Lifeguard Certification Equipment for 5 Schools: \$14,963.50
- 2019–2020 21 Indispensable Qualities of a Leader Class Set Text: \$1,229.90
- 2019–2020 Introduction to Leadership Equipment for 6 Schools: \$1,688.94
- 2019–2020 Intro/Advanced Leadership Shared Technology 6 schools(1 Teacher IPAD mini/20 Student IPADS minis): \$58,519.23

## ➤ Student Course Fees: **\$80.38**

- 2019–2020 Lifeguard Certification and Leadership Course Fee: (Text, Fanny Pack, Whistle, Certificate): \$80.38





# Next Steps

- Provide American Red Cross Lifeguard Certification and Lifeguard Instructor training.
- Provide district wide junior leader teachers collaboration time for lesson planning.
- Provide Infinite Campus and technology integration support for assessment and grading.
- Review and revise curriculum templates, rubrics and assessments.



