

Weekly Prayers (Psalter Week 3)

Catholic Social Teaching:

Dignity

Subsidiarity

Solidarity

The Common Good

Liturgical
Colour:
White

Remember: Rosary in the Chapel at 1:45 (A1) today!

Monday 27th January

Today is the feast day of St Angela Merici, patron saint of the sick, disabled, and those who have lost their parents.

St Angela was born at Desenzano, near Brescia, about 1470. In Renaissance Italy, with its various excesses, Angela saw her task as the formation of Christian women: in 1535 she founded the institute of the Ursulines, who were devoted to the education of poor girls as Christians, and to the missions. She died in 1540.

PRAYER to ***St. Angela Merici***

Lord,
may Saint Angela
commend us to Your mercy;
may her charity and wisdom help us
to be faithful to Your teaching
and to follow it in our lives.
Through our Lord Jesus Christ,
Your Son, who lives and reigns with You
in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

Saint Angela Merici,
pray for us!



Liturgical
Colour:
White

Remember: Holy Half Hour in the Chapel at 6pm today. Pop along for a few minutes of quiet prayer.

Tuesday 28th January

Today's Gospel Reading

“Whoever does the will of God, is my brother, my sister, my mother.”

What do you think the ‘*Will of God*’ is? Discuss.

I wonder if the will of God is revealed in [Micah 6:8](#); or maybe it can be found in [John 13:34-35](#). Perhaps it's Matthew [22:36-40](#)?

Whatever it is, I'm confident it has to do with love..

This morning, please pray the Our Father together, paying special attention to the words “Thy will be done on earth as it is in Heaven”.



Liturgical
Colour:
Green

Remember: Mustard Seed Bible Study Group continues today, A2, in the Chaplaincy!

Wednesday 29th January



Liturgical
Colour:
Green

Remember: Young Christian Women club today A2! (inc Hbt chocolate & biscuits..)

Thursday 30th January

Aspiration Prayers:

An aspiration prayer is a short prayer- usually a single line- which we memorize and pray throughout the day. It helps us to, in the words of St Paul, "rejoice always and pray without ceasing". Here are a few examples of aspiration prayers. Why not choose one or two, and try to pray them at random moments during the day. The most common aspiration prayer in the Catholic and Orthodox Churches is called the Jesus prayer:

"Lord Jesus Christ, son of the living God, have mercy on me, a sinner."

You might choose one of these options, or make up your own prayer- and try to commit to saying it, in your head, 10 times today. It's a great habit to get into!!!

Jesus, I trust in You!

Blessed be God!

We adore You, O Christ, and we
bless You, because by Your
holy cross You have redeemed
the world.

Lord, increase my faith.

Holy Spirit, command
me to do Your will

Blessed be the Name of the Lord!

Jesus, Mary, I love You! Save souls!

My Lord and my God!

O Mary, conceived without sin, pray for
us who have recourse to thee.

Lord, help me to love
and serve you today.

Come Holy Spirit, fill the hearts of your
faithful, and kindle in them the fire of
your love.

Jesus, Mary and Joseph, pray for us.

Liturgical
Colour:
White

Friday 31st January

CST FRIDAY

The Common Good

Discuss what does it mean
to be fulfilled? What does
fulfilment look like for you?

