



MOOD BOOST



Chartwells School Dining Services: Rochester Elementary Schools Lunch Menu February 2025

A full student lunch includes a choice of entrée supplying protein and grain, 3/4 cup vegetable side dishes, 1/2 cup fruit side dish, and milk.
Milk choices include 1% white and 1% chocolate.



Monday	Tuesday	Wednesday	Thursday	Friday
3 WG Pancakes with Syrup Scrambled Eggs Baked Emoji Fries Fruit & Veggie Bar Ground Hog's Day! (Belated)	4 Build Your Own Taco (Beef) with Shredded Cheddar Seasoned Black Beans Fruit & Veggie Bar	5 WG Pizza Crunchers with Dipping Sauce Seasoned Green Beans Fruit & Veggie Bar	6 Homemade Mac & Cheese with Fluffy Breadstick Seasoned Cauliflower Fruit & Veggie Bar	7 No School
10 WG Eggoji Waffles with Syrup Turkey Sausage Crispy Tater Tots Fruit & Veggie Bar Tater Tot Day!	11 Nachos with Queso Blanco & Taco Meat (Turkey) Seasoned Pinto Beans Fruit & Veggie Bar	12 WG Popcorn Chicken w/ Mashed Potatoes & Gravy Fluffy Breadstick Seasoned Corn Fruit & Veggie Bar	13 Chicken Meatballs with Marinara on Rotini Seasoned Broccoli Fruit & Veggie Bar	14 WG Classic Cheese Pizza Seasoned Peas Valentine's Day! Prize with Lunch! Fruit & Veggie Bar
17 No School	18 No School	19 WG Breaded Chicken Drumstick with Fluffy Breadstick Vegetarian Baked Beans Fruit & Veggie Bar	20 WG Popcorn Chicken w/ Sweet & Sour Sauce Lucky Fried Rice Roasted Carrot Coins Muffin Day! Fruit & Veggie Bar	21 WG Classic Cheese Pizza Seasoned Green Beans Fruit & Veggie Bar
24 WG Eggoji Waffles with Syrup Turkey Sausage Crispy Tater Tots Fruit & Veggie Bar	25 Totchos with BBQ Chicken & Cheddar Cheese with Tortilla Chins Seasoned Pinto Beans Fruit & Veggie Bar	26 WG Boneless Chicken Wings w/ Buffalo Sauce (on side) Fluffy Breadstick Seasoned Corn Fruit & Veggie Bar	27 Meatball (Chicken) Sub on WG Hoagie* Seasoned Broccoli Strawberry Day! Fruit & Veggie Bar	28 WG Classic Cheese Pizza Seasoned Carrots Fruit & Veggie Bar
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk):				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
B. Turkey, Cheese, & Lettuce on WG Hoagie Roll*	B. WG Grilled Cheese Sandwich*	B. Turkey, Cheese, & Lettuce on WG Hoagie Roll*	B. WG Grilled Cheese Sandwich*	B. Turkey, Cheese, & Lettuce on WG Hoagie Roll*
C. WG Chicken Nuggets with WG Breadstick	C. Hot Dog (Beef) on WG Bun*	C. WG Boscós with Pizza Dipping Sauce	C. Cheeseburger on WG Bun*	C. WG Chicken Patty on WG Bun*

A student must select 1/2 cup of fruit or vegetable to make a complete meal or a la carte pricing is applied.

Questions? Please call the Food Service Office 248-726-4602

This institution is an equal opportunity employer.

*Hamburger Buns, Hot Dog Buns, Hoagie Rolls, and Sliced Bread Contain Wheat, Soy, & Sesame



This month's food focus is: Smart Snacking
 Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.



Meet the Moodies!



This Month's Fruit and Vegetable Bar Featured Selections: ~Apples, Oranges, Celery and Carrots Available Every Day~

Monday	Tuesday	Wednesday	Thursday	Friday
February 3rd-February 7th				
Apple Juice	Salsa	Broccoli Florets	Fresh Strawberries	
Chilled Power Peas	Fresh Celery Sticks	Craisins	Dressed Caesar Salad	
Chilled Pears	Chilled Peaches	Red Pepper Strips	Fresh Cut Seasoned Fruit	
Fresh Baby Carrots	Fresh Apple	Chilled Mandarin Oranges	Green Pepper Strips	
February 10th-February 14th				
Broccoli Florets	Salsa	Red Pepper Strips	Dressed Caesar Salad	Cucumber Coins
Craisins	Chilled Applesauce	Chilled Peaches	Fresh Strawberries	SideKick (100% Fruit Juice)
Cherry Tomatoes	Chopped Romaine	Fresh Baby Carrots	Sugar Snap Peas	Fresh Banana
Orange Juice	Raisins	Chilled Mandarin Oranges	Fresh Cut Seasonal Fruit	Tossed Romaine Salad
February 17th-February 21st				
		Fresh Celery Sticks	Fresh Strawberries	Fresh Apple
		Chilled Mandarin Oranges	Cucumber Coins	SideKick (100% Fruit Juice)
		Red Pepper Strips	Fresh Cut Seasonal Fruit	Sugar Snap Peas
		Chilled Cinnamon Applesauce	Dressed Caesar Salad	Tossed Romaine Salad
February 24th-February 28th				
Craisins	Salsa	Mandarin Oranges	Dressed Caesar Salad	Tossed Romaine Salad
Broccoli Florets	Chilled Pears	Red Pepper Strips	Fresh Cut Seasonal Fruit	SideKick (100% Fruit Juice)
Cherry Tomatoes	Chopped Romaine	Chilled Peaches w/ Cinnamon	Cucumber Coins	Sugar Snap Peas
Apple Juice	Craisins	Chilled Power Peas	Fresh Strawberries!	Fresh Banana