

St. Helens School District #502
 St. Helens Middle School
 &
 Plymouth High School
 February 2025

Breakfast & Lunch are
 Free for all Students!


All Grains served are WG-Whole Grain Rich.
 Milk offered daily- 1% White, Skim and Fat Free Chocolate
 Fresh Deli Sandwiches May Be Offered
 Super Salad Bar Offerings include: Seasonal Fruit &
 Vegetables that include Dark Green, Red/Orange,
 Beans/Peas, Starchy and Additional Varieties.
 Breakfast Choices include Cold Cereal & Breakfast Bars



Oregon Bounty:
 Frozen Berries

**Oregon Harvest
 For
 Schools**

Farm to school connects schools with farms and producers with the goal of serving healthy local foods in school cafeterias and improving student nutrition. Providing agriculture, health and nutrition opportunities and supporting local & regional farmers and producers.
www.farmtoschool.org

Mon	Tue	Wed	Thu	Fri
3 Daily Choices: Main Event: Toasted Cheese Bar & Tomato Soup Bistro: Fresh Baked Pizza	4 Daily Choices: Main Event: Pasta Bar Bistro: Fresh Baked Pizza Deli Sandwiches	5 Early Release Daily Choices: Main Event: Taco Bar Bistro: Fresh Baked Pizza Grill: Corn Dog	6 Daily Choices: Main Event: Enchilada Bar Bistro: Fresh Baked Pizza Grill: Cheeseburger	7 Daily Choices: Main Event: Variety Bar Bistro: Fresh Baked Pizza Grill/Deli: Selections
10 Daily Choices: Main Lunch Brunch Bistro: Fresh Baked Pizza Grill: Chicken Nuggets	11 Daily Choices: Main Event: Cheese Burger & Tots Bistro: Fresh Baked Pizza Deli Sandwiches	12 Early Release Daily Choices: Main Event: Burrito Bar Bistro: Fresh Baked Pizza Grill: Corn Dog	13 Daily Choices: Main Event: Chicken Bar Bistro: Fresh Baked Pizza Grill: Cheeseburger	14 Daily Choices: Main Event: Variety Bar Bistro: Fresh Baked Pizza Grill/Deli: Selections
17 No School 	18 Daily Choices: Main Event: Nacho Bar Grill: Corn Dog Deli Sandwiches	19 Early Release Daily Choices: Main Event: Asian Chicken Bar Bistro: Fresh Baked Pizza Grill: BBQ Pork on a Bun	20 Daily Choices: Main Event: Pasta Bar Bistro: Fresh Baked Pizza Grill: Chicken Nuggets	21 Daily Choices: Main Event: Variety Bar Bistro: Fresh Baked Pizza Grill/Deli: Selections
24 Daily Choices: Main Event: Hot Dog Bar Bistro: Fresh Baked Pizza Grill: Chicken Burger	25 Daily Choices: Main Event: Seafood Bar Bistro: Fresh Baked Pizza Deli Sandwiches	26 Early Release Daily Choices: Main Event: Turkey Gravy Bar Bistro: Fresh Baked Pizza Grill: Corn Dog	27 Daily Choices: Main Event: Chicken Taco Bar Bistro: Fresh Baked Pizza Grill: Cheeseburger	28 Daily Choices: Main Event: Variety Bar Bistro: Fresh Baked Pizza Grill/Deli: Selections

This institution is an equal opportunity provider.