

DAILY BULLETIN

*Cougar Family.
Cougar Pride.*

Learning & Connecting: Nothing Can Stop Us!

WEDNESDAY, JANUARY 22, 2025

NO-MINIMUM DAY

BIRTHDAYS

No Birthdays

LUNCH

Pasta & Garlic Bread,
Veggies, Fruit, Chip,
Milk Variety.

SENIOR CORNER

All seniors, join us on TODAY 1st period in the cafeteria to review important spring semester dates. Senior sweatshirts will also be distributed—don't miss it!

ACADEMICS

Welcome, Chris Briggs-Hale!

We're excited to welcome Mr. Briggs-Hale as he continues to support our *READY TO LEARN* and *LEVEL UP* initiatives! Say hello to Mr. Briggs-Hale when you see him on campus!

Good Luck to Our Teams!

Our DECA, Robotics, and Mock Trial teams are kicking off their competition seasons. Let's show them our Cougar pride—GO MIGHTY COUGARS!

Grades Coming Out This Week

Remember, As, Bs, and Cs keep you on track for college admissions. Stay focused and keep leveling up, Mighty Cougars!

ACTIVITIES

Winter semi-formal tickets are on sale NOW on Go Fan! We want to know what songs you want to hear at the dance! The song request form is on the grade-level Google Classroom. It was posted 12/10, so you might need to scroll.

Winter Wonderland Semi-formal dance is on Saturday, 1/25, in the ULHS Cafeteria from 7 to 9 PM.

- Plan to stay the entire event! There is no early departure.
- Tickets are \$10 with your Cougar Den pass and \$15 without.
- You must have a permission slip to attend, and you will be searched at the door.
- Please leave your backpacks and big purses at home! They will be placed in the bag check area.
- The non-privilege will be in effect, and you must meet eligibility!
- Healthy Living Tobacco Free club meets today at lunch in room 4. Please attend and bring a friend!

If you need support with a dance ticket, reach out to Hayenga! We got you!

ATHLETICS

TODAY: Wrestling @ Willits at 4:30 release at 2:15pm

Friday: Wrestling @ Mid Cals 9:00am

Jv & Var Girls HOME vs Fort Bragg @ 5:00/6:30

Jv & Var Boys vs Fort Bragg @ 5:00/6:30, release JV @ 1:30 and Var @ 2:15

Athletic Eligibility is determined this week!

Let's demonstrate Cougar pride by showing respect, integrity, and good sportsmanship at all times, on and off the field!

COUGAR SPIRIT!

Winter Rally – Thursday, January 23rd!

Let's come together as a school community to celebrate and show our Cougar spirit at the Winter Rally this Thursday—don't miss the fun and excitement!

VICTORY WITH HONOR



Our school endorses the principles of Pursuing Victory with Honor. All involved should display proper sportsmanship and play by the game's rules because it's the right thing to do! We expect students to support our team by representing your families and school positively. Admission to this event is a privilege, not a license to display insensitive or offensive behavior. Thank you for supporting our student-athletes and our school!