



Flag Football Information:

Cost: \$195 per player

Registration details:

- Registration deadline March 15th
- Coach/ player request available on registration form

(We will try to honor all requests, but no guarantees can be made)

Teams:

- Peewee: K⁺-2nd grade
- 89er: 3rd-4th grade
- Junior: 5th-6th grade
- Senior: 7th-8th grade

Peewees will play 5v5

89er, juniors, and seniors will play 7v7

Flag Football Rules:

USA Flag Football 7v7 rules will be applied to all levels with a few exceptions for the peewee level

SPJFA will provide:

- Flag Football belts
- Footballs
- Jerseys and shorts are included in registration cost

Parent requirements:

- Mouth guards- must be worn during practice and games
- Metal cleats are not allowed on the fields

Practice Information:

Practices will be held Thursdays from 5pm-6pm starting March 27th.

Location:

Lake Stevens Community Park
1601 N Machias Road
Lake Stevens, WA 98258

Dates and times:

Thursday March 27th from 5-6pm
Thursday April 3rd from 5-6pm
Thursday April 10th from 5-6pm
Thursday April 17th from 5-6pm
Thursday April 24th from 5-6pm
Thursday May 1st from 5-6pm
Thursday May 8th from 5-6pm
Thursday May 15th from 5-6pm

Game Information:

- Games will be held on Sundays with the first game March 30th.
- Games will start at 12pm with younger kids starting first

Game dates:

March 30th
April 6th
April 13th
April 20th Happy Easter BYE NO GAME
April 27th
May 4th
May 11th
May 18th Championship

Game locations:

Lake Stevens Community Park OR Skykomish River Park (413 Sky River Pkwy Monroe, WA 98272)

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