

Unit	Content	Skills	Assessment	Standards		
Fine Locomotor Movements	Climbing	Balance, strength, front support on bar, agility, waiting turns	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.1a, 19.A.1b, 19.B.1a, 19.B1b, 19.C.1a, 20.A.1b, 20.B.1a, 21.A.1a, 21.A.1b, 21.A.1c, 21.B.1a, 24.A.1a, 24.A.1b		
	Hopscotch/Jump Rope	Jumping, hopping, hop and jump in sequence,				
	Relays	Following directions, locomotor movements, waiting turns				
	Parachute	Working with a group for a common goal				
Manipulative	Beanbags	Balance, manipulate			Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.1a, 19.A.1b, 19.B.1a, 19.B1b, 19.C.1a, 20.A.1b, 20.B.1a, 21.A.1a, 21.A.1b, 21.A.1c, 21.B.1a, 24.A.1a, 24.A.1b
	Scarves/Sashes	Manipulating an object, tracking				
	Balls	Hand-eye coordination, roll, kick, throw, throw and catch to self, throw to a target, bounce and catch				
	Hula Hoops	Spatial awareness, manipulating an object				
Spatial Awareness	Tag Games	Agility, sportsmanship, dodging	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.1a, 19.A.1b, 19.B.1a, 19.B1b, 19.C.1a, 20.A.1b, 20.B.1a, 21.A.1a, 21.A.1b, 21.A.1c, 21.B.1a, 24.A.1a, 24.A.1b		
	Scooters	Strength, balance				
	Dance	Moving rhythmically				
Striking	Short and long implements	Striking a stationary object, striking a moving object	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.1a, 19.A.1b, 19.B.1a, 19.B1b, 19.C.1a, 20.A.1b, 20.B.1a, 21.A.1a, 21.A.1b, 21.A.1c, 21.B.1a, 24.A.1a, 24.A.1b		

Unit	Content	Skills	Assessment	Standards
Fine Locomotor Movements	Climbing	Maintain balance on equipment, build upper body strength	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.1a, 19.A.1b, 19.B.1a, 19.B1b, 19.C.1a, 20.A.1b, 20.B.1a, 21.A.1a, 21.A.1b, 21.A.1c, 21.B.1a, 24.A.1a, 24.A.1b
	Hopscotch/Jump Rope	Maintain balance while hopping and jumping, motor planning ability, leaping		
	Relays	Balance, lower upper strength, spatial awareness		
	Parachute	Cooperation, upper body strength, following directions		
Manipulative	Beanbags	Tossing and catching a self and partner		
	Scarves/Sashes	Tracking an object, tracking		
	Balls	Dribble, catching, throwing, roll, hand-eye coordination		
	Hula Hoops	Spatial awareness, manipulative, perception		
Spatial Awareness	Tag Games	Safety, agility, sportsmanship	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.1a, 19.A.1b, 19.B.1a, 19.B1b, 19.C.1a, 20.A.1b, 20.B.1a, 21.A.1a, 21.A.1b, 21.A.1c, 21.B.1a, 24.A.1a, 24.A.1b
	Scoters	Balance, lower and upper body strength, spatial awareness		
	Dance	Rhythmic movements, working with a partner		
	Simple Games	spatial awareness, tagging appropriately		
Striking	Short and long implements	Striking moving objects	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.1a, 19.A.1b, 19.B.1a, 19.B1b, 19.C.1a, 20.A.1b, 20.B.1a, 21.A.1a, 21.A.1b, 21.A.1c, 21.B.1a, 24.A.1a, 24.A.1b

Unit	Content	Skills	Assessment	Standards
<p style="text-align: center;">Locomotor Movements</p>	Climbing	Maintain balance, wait for turn	<p>Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists</p>	<p>19.A.1a, 19.A.1b, 19.B.1a, 19.B1b, 19.C.1a, 20.A.1b, 20.B.1a, 21.A.1a, 21.A.1b, 21.A.1c, 21.B.1a, 24.A.1a, 24.A.1b</p>
	Jumping	Demonstrate critical elements for jumping and landing in a horizontal or vertical plane		
	Running, jogging	Runs with a mature pattern, travels showing differentiation between jogging and sprinting		
	Hopping, galloping, sliding, skipping, leaping	Maintain balance while skipping in a mature pattern		
	Throwing	Overhand and underhand throwing using a mature pattern		
	Relays	Balance, lower upper strength, spatial awareness		
	Parachute	Cooperation, upper body strength, following directions		
<p style="text-align: center;">Manipulative</p>	Dance	Performs a teacher-and/or student-designed rhythmic activity with correct response to simple rhythms		
	Throwing	Overhand and underhand throwing using a mature pattern		
	Catching	Catches a self-tossed or well-thrown ball with		

		hands, not trapping or cradling against body, tracking		
	Dribbling/ball control with hands	Dribbles in self-space with preferred hand demonstrating a mature pattern, dribbles using the preferred hand while walking in general space		
	Dribbling/ball control with feet	Dribbles with the feet in general space with control of ball and body		
	Kicking	Uses a continuous running approach and kicks a moving ball		
Striking	Short implement	Strikes an object upward with a short-handled implement, using consecutive hits		
	Long implement	Strikes a ball of a tee or cone with a bat using correct grip and side orientation/proper body orientation		
Spatial Awareness	Tag Games	Safety, agility, sportsmanship	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.1a, 19.A.1b, 19.B.1a, 19.B.1b, 19.C.1a, 20.A.1b, 20.B.1a, 21.A.1a, 21.A.1b, 21.A.1c, 21.B.1a, 24.A.1a, 24.A.1b
	Scooters	Balance, lower and upper body strength, spatial awareness		
	Simple Games	spatial awareness, tagging appropriately		

Unit	Content	Skills	Assessment	Standards
Fine Locomotor Movements	Climbing	Balance, strength, front support on bar, agility, waiting turns	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b
	Jump Rope	Jumping, hopping, hop and jump in sequence,		
	Balls	Hand-eye coordination, roll, kick, throw, throw and catch to self, throw to a target, bounce and catch		
	Hula Hoops	Spatial awareness, manipulating an object		
	Relays	Following directions, locomotor movements, waiting turns		
	Parachute	Working with a group for a common goal		
	Cup Stacking	Concentration, Hand-Eye Coordination, Quickness		
Spatial Awareness	Tag Games	Agility, sportsmanship, dodging	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b
	Scooters	Strength, balance		
	Dance	Moving rhythmically		
	Capture the Flag	Elusive skill building		
Striking	Paddles (short implement) Bat/Hockey Stick (long implement)	Striking a stationary object, striking a moving object	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b
	Badminton	Striking oversized shuttlecock. Introduction to gameplay. Underhand service.		

Volleyball Skills	Nuke'em	Volleyball lead up, catching, throwing, teamwork, strategy	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b
Basketball Skills	Basketball Leadup	Shooting, dribbling, passing. Eg. Around the world and horse	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b
Soccer Skills	Soccer/Speedball Skills	Trapping, shooting, goaltending	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b
Dodgeball	Castle Wars, Pin Dodgeball, Battleship	Overhand and Underhand throwing, defensive strategy, offensive strategy, team wide goals.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b
Bowling	3 pin bowling, Bowling with Gator Balls	Underhand rolling, rule introduction, small group cooperation.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b
Fitness Testing	Pacer, Fitness Monopoly, 20 Minute Run Challenge	Introduction to Pacer Fitnessgram test. Focus on increasing cardiovascular endurance. Introduction to understanding the importance of a healthy lifestyle.	Informal Teacher Observation, Informal Student Self-Assessment	20.A.2a, 20.A.2b, 20.B.2a, 20.B.2b, 20.C.2a, 20.C.2b, 21.A.2c, 21.B.2a,

PE Curriculum
Grade 4th
Rhodes School

Unit	Content	Skills	Assessment	Standards
Fine Locomotor Movements	Climbing	Balance, strength, front support on bar, agility, waiting turns	Informal Teacher Observation, Informal	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b

	Jump Rope	Jumping, hopping, hop and jump in sequence,	Student Self-Assessment, Skills Checklists	
	Balls	Hand-eye coordination, roll, kick, throw, throw and catch to self, throw to a target, bounce and catch		
	Hula Hoops	Spatial awareness, manipulating an object		
	Relays	Following directions, locomotor movements, waiting turns		
	Parachute	Working with a group for a common goal		
	Cup Stacking	Concentration, Hand-Eye Coordination, Quickness		
Spatial Awareness	Tag Games	Agility, sportsmanship, dodging	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b
	Scoters	Strength, balance		
	Dance	Moving rhythmically		
	Capture the Flag	Elusive skill building		
Striking	Paddles (short implement) Bat/Hockey Stick (long implement)	Striking a stationary object, striking a moving object	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b
	Adaptive Hockey Activities	Offensive and defensive strategies while striking moving objects and utilizing spatial awareness.		
	Badminton	Striking regulation shuttlecock. Modified gameplay. Underhand service.		
Volleyball Skills	Nuke'em	Volleyball lead up, catching, throwing, teamwork, strategy.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b

Basketball Skills	Basketball Leadup	Shooting, dribbling, passing. Eg. Around the world, horse, dribble wars.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b
Soccer Skills	Soccer/Speedball Skills	Trapping, shooting, goaltending. Modified gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b
Dodgeball	Castle Wars, Pin Dodgeball, Battleship	Overhand and Underhand throwing, defensive strategy, offensive strategy, team wide goals.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b
Bowling	3 pin bowling, Bowling with Gator Balls	Underhand rolling, rule introduction, small group cooperation. Modified pin usage and scoring.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.2a, 19.A.2b, 19.B.2a, 19.B.2b, 19.C.2a, 20.A.2b, 20.B.2a, 21.A.2a, 21.A.2b, 21.A.2c, 21.B.2a, 24.A.2a, 24.A.2b
Fitness Testing	Pacer, Fitness Monopoly, 20 Minute Run Challenge	Introduction to Pacer Fitnessgram test. Focus on increasing cardiovascular endurance. Introduction to understanding the importance of a healthy lifestyle.	Informal Teacher Observation, Informal Student Self-Assessment	20.A.2a, 20.A.2b, 20.B.2a, 20.B.2b, 20.C.2a, 20.C.2b, 21.A.2c, 21.B.2a,

PE Curriculum
Grade 5th
Rhodes School

Unit	Content	Skills	Assessment	Standards
Fine Locomotor Movements	Relays	Following directions, locomotor movements, waiting turns	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Spatial Awareness	Tag Games	Agility, sportsmanship, dodging	Informal Teacher Observation, Informal	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
	Scoters	Strength, balance		

	Capture the Flag	Elusive skill building	Student Self-Assessment, Skills Checklists	
Fielding and Striking	Floor Hockey and Game Modifications	Striking a stationary object, striking a moving object	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
	Softball/Whiffleball	Striking moving object.		
	Kickball Games	Strike a pitched ball, catching with a mature pattern		
	Badminton	Striking oversized shuttlecock. Introduction to gameplay. Underhand service.		
Volleyball	Volleyball and Game Modifications	Volleyball lead up, catching, throwing, teamwork, strategy	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Basketball	Basketball Leadup Games/Skill Development	Shooting, dribbling, passing. Eg. Around the world and horse	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Soccer/Speedball	Soccer/Speedball Leadup Games and full soccer/speedball games.	Trapping, shooting, goaltending	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Dodgeball	Castle Wars, Pin Dodgeball, Battleship	Overhand and Underhand throwing, defensive strategy, offensive strategy, team wide goals.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Bowling	3 pin bowling, Bowling with Gator Balls	Underhand rolling, rule introduction, small group cooperation.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Flag Football	Lead up activities and modified games	Passing, throwing, catching offense, defense, flag retrieval, knowledge and understanding of gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b

Fitness Testing	Pacer, Fitness Monopoly, 20 Minute Run Challenge	Introduction to Pacer Fitnessgram test. Focus on increasing cardiovascular endurance. Introduction to understanding the importance of a healthy lifestyle.	Informal Teacher Observation, Informal Student Self-Assessment, Formal Assessment per State Testing.	20.A.3a, 20.A.3b, 20.B.3a, 20.B.3b, 20.C.3a, 20.C.3b, 20.C.3c, 21.A.3c, 21.B.3a,
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PE Curriculum
Grade 6th
Rhodes School

Unit	Content	Skills	Assessment	Standards
Fine Locomotor Movements	Relays	Following directions, locomotor movements, waiting turns	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Spatial Awareness	Tag Games	Agility, sportsmanship, dodging	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
	Scooters	Strength, balance		
	Capture the Flag	Elusive skill building		
Fielding and Striking	Floor Hockey and Game Modifications	Striking a stationary object, striking a moving object	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
	Softball/Whiffleball	Striking a moving object.		
	Kickball Games	Strike a pitched ball, catching with a mature pattern		
	Badminton	Striking shuttlecock. Full gameplay. Underhand service and return.		
Volleyball	Volleyball and Game Modifications	Volleyball lead up, bumping, setting, teamwork, strategy	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b

Basketball	Basketball Leadup Games/Skill Development, Regulation Game	Shooting, dribbling, passing. Eg. Around the world and horse	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Soccer/Speedball	Soccer/Speedball Leadup Games and full soccer/speedball games.	Trapping, shooting, goaltending, offensive and defensive strategy and specialized gameplay (corners, throw-ins, goal kicks).	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Dodgeball	Castle Wars, Pin Dodgeball, Battleship	Overhand and Underhand throwing, defensive strategy, offensive strategy, team wide goals.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Bowling	10 pin bowling, Modified Bowling Games.	Underhand rolling, rule introduction, small group cooperation.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Flag Football	Lead up activities, modified games, full flag football games.	Passing, throwing, catching offense, defense, flag retrieval, knowledge, understanding, and execution of gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Fitness Testing	Pacer, Fitness Monopoly, 20 Minute Run Challenge	Pacer Fitnessgram test. Focus on increasing cardiovascular endurance. Introduction to understanding the importance of a healthy lifestyle.	Informal Teacher Observation, Informal Student Self-Assessment, Formal Assessment per State Testing.	20.A.3a, 20.A.3b, 20.B.3a, 20.B.3b, 20.C.3a, 20.C.3b, 20.C.3c, 21.A.3c, 21.B.3a,

PE Curriculum
Grade 7th
Rhodes School

Unit	Content	Skills	Assessment	Standards
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Fine Locomotor Movements	Relays	Following directions, locomotor movements, waiting turns	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Spatial Awareness	Tag Games	Agility, sportsmanship, dodging	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
	Scooters	Strength, balance		
	Capture the Flag	Elusive skill building		
Fielding and Striking	Floor Hockey and Game Modifications	Striking a stationary object, striking a moving object. Self-directed gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
	Softball/Whiffleball	Striking a moving object.		
	Kickball Games	Strike a pitched ball, catching with a mature pattern. Self-directed gameplay.		
	Badminton	Striking shuttlecock. Full gameplay. Underhand service and return. Self-directed gameplay.		
Volleyball	Volleyball and Game Modifications	Volleyball lead up, bumping, setting, teamwork, strategy. Self-directed gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Basketball	Basketball Leadup Games/Skill Development, Regulation Game	Shooting, dribbling, passing. Eg. Around the world and horse. Self-directed gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Soccer/Speedball	Soccer/Speedball Leadup Games and full soccer/speedball games.	Trapping, shooting, goaltending, offensive and defensive strategy and specialized gameplay (corners, throw-ins, goal kicks). Self-directed gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Dodgeball	Castle Wars, Pin Dodgeball, Battleship	Overhand and Underhand throwing, defensive strategy, offensive	Informal Teacher Observation, Informal	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b

		strategy, team wide goals. Self-directed gameplay.	Student Self-Assessment, Skills Checklists	
Bowling	10 pin bowling, Modified Bowling Games.	Underhand rolling, rule introduction, small group cooperation. Self-directed gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Flag Football	Lead up activities, modified games, full flag football games.	Passing, throwing, catching offense, defense, flag retrieval, knowledge, understanding, and execution of gameplay. Self-directed gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Fitness Testing	Pacer, Fitness Monopoly, 20 Minute Run Challenge	Pacer Fitnessgram test. Focus on increasing cardiovascular endurance. Introduction to understanding the importance of a healthy lifestyle.	Informal Teacher Observation, Informal Student Self-Assessment, Formal Assessment per State Testing.	20.A.3a, 20.A.3b, 20.B.3a, 20.B.3b, 20.C.3a, 20.C.3b, 20.C.3c, 21.A.3c, 21.B.3a,

PE Curriculum
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Unit	Content	Skills	Assessment	Standards
Fine Locomotor Movements	Relays	Following directions, locomotor movements, waiting turns	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Spatial Awareness	Tag Games	Agility, sportsmanship, dodging	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
	Scooters	Strength, balance		
	Capture the Flag	Elusive skill building		
Fielding and Striking	Floor Hockey and Game Modifications	Striking a stationary object, striking a moving object. Self-directed gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
	Softball/Whiffleball	Striking a moving object.		

	Kickball Games	Strike a pitched ball, catching with a mature pattern. Self-directed gameplay.		
	Badminton	Striking shuttlecock. Full gameplay. Underhand service and return. Self-directed gameplay.		
Volleyball	Volleyball and Game Modifications	Volleyball lead up, bumping, setting, teamwork, strategy. Self-directed gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Basketball	Basketball Leadup Games/Skill Development, Regulation Game	Shooting, dribbling, passing. Eg. Around the world and horse. Self-directed gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Soccer/Speedball	Soccer/Speedball Leadup Games and full soccer/speedball games.	Trapping, shooting, goaltending, offensive and defensive strategy and specialized gameplay (corners, throw-ins, goal kicks). Self-directed gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Dodgeball	Castle Wars, Pin Dodgeball, Battleship	Overhand and Underhand throwing, defensive strategy, offensive strategy, team wide goals. Self-directed gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Bowling	10 pin bowling, Modified Bowling Games.	Underhand rolling, rule introduction, small group cooperation. Self-directed gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b
Flag Football	Lead up activities, modified games, full flag football games.	Passing, throwing, catching offense, defense, flag retrieval, knowledge, understanding, and execution of gameplay. Self-directed gameplay.	Informal Teacher Observation, Informal Student Self-Assessment, Skills Checklists	19.A.3a, 19.A.3b, 19.B.3a, 19.B.3b, 19.C.3a, 19.C.3b, 20.A.3b, 20.B.3a, 21.A.3a, 21.A.3b, 21.A.3c, 21.B.3a, 24.A.3a, 24.A.3b

Fitness Testing	Pacer, Fitness Monopoly, 20 Minute Run Challenge	Pacer Fitnessgram test. Focus on increasing cardiovascular endurance. Introduction to understanding the importance of a healthy lifestyle.	Informal Teacher Observation, Informal Student Self-Assessment, Formal Assessment per State Testing.	20.A.3a, 20.A.3b, 20 B.3a, 20.B.3b, 20.C.3a, 20.C.3b, 20.C.3c, 21.A.3c, 21.B.3a,
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